2006

IT'S NEVER

just

BLACK & WHITE

MASACKSIC

Richard Salter Storrs Library
693 Longmeadow St.
Longmeadow, MA 01106

Longmeadow High School

95 Grassy Gutter Rd.

Longmeadow, MA 01106

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LA

NCERS

Dedication

Friends & Family

Mrs. Pion

The class of 2006 would like to present this yearbook in dedication to Mrs. Pion. The Yearbook staff and the rest of the senior class would like to thank her for all her yearbook work, for this year and years past. She spent two years as Yearbook advisor and she continued this year helping to make sure the yearbook was a continuous success. She is always eager to help the staff with any questions or concerns and offer creative ideas and technical advice.

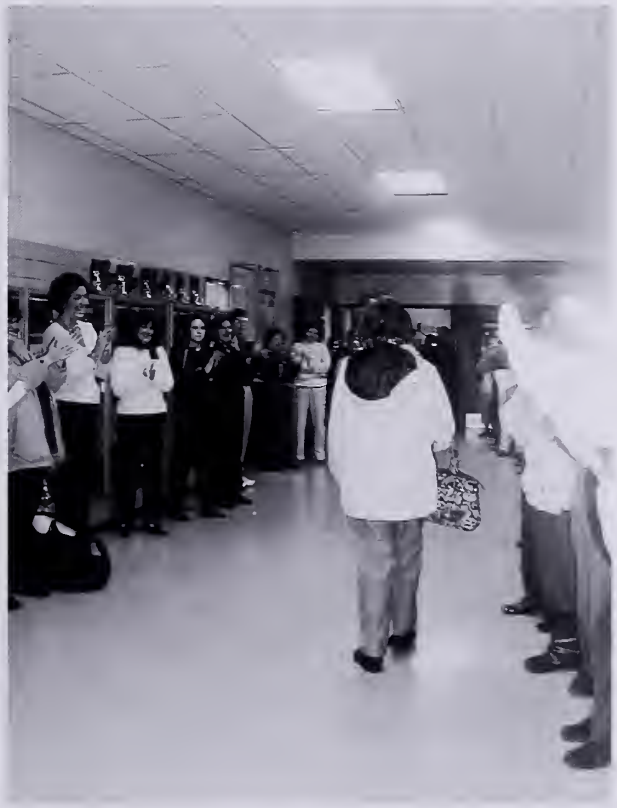
Not only was she an enormous help to the staff, but she is committed to her students and non students alike. She constantly has a smile on her face and a joke to tell. Outside of school she is an accomplished skier, and the mother of three. She is an amazing English teacher, a role model to all and an important member of the LHS family.

Mrs. Morey

The class of 2006 is excited to present this yearbook in dedication to Mrs. Joan Morey. Long before most of the seniors of 2006 were even born, Mrs. Morey was dedicated to the student body, fulfilling one of the most vital positions in LHS; running the student office. Her smile and enthusiasm sharply brightened the student's day. Mrs. Morey dealt with late students, poor excuses and a seemingly endless supply of very creative stories. Although she has struggled with a debilitating disease, she never missed a day while working at a difficult and thankless job and maintaining a consistent, upbeat attitude.

Knowing every person at Longmeadow High School allowed Mrs. Morey to reach out to everyone, offering advice and caring for all who crossed her path. Mrs. Morey is a special person who developed and maintained a special relationship with her family at LHS.

Thank you so much to Mrs. Morey for all her hard work, devotion and outstanding personality. We will miss you!



Its' Never Just Black & White

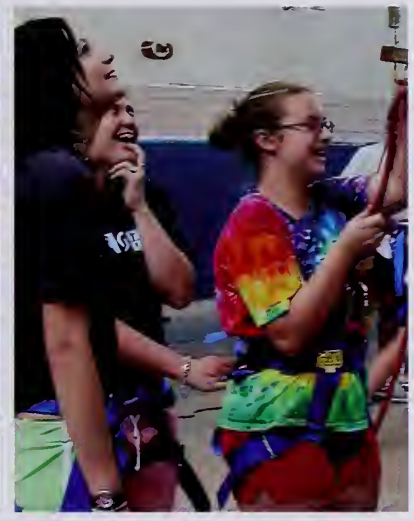
Life at Longmeadow High School is anything but simple. The academic & extra-curricular, friends & family, school & work, public & private, all conspire to make our world more than a little complicated. Our school, our life & our world, is a diverse universe where a thousand forces pull us in a million directions. Of course, we are preoccupied with where we are now & where we will be going in the future. It's never as simple as black & white. At Longmeadow High School it is all about the &.

What Makes LHS so unique?

The number of Northface jackets.

A lot of different things... the success of extra-curricular activies.

I'll get back to you...



Now & Then

2002

Young & Restless

As Friday rolls around, there's a certain excitement in the air as everyone anxiously waits for two days full of excitment, relaxation and best of all, no school! Weekends in Longmeadow might be not as exciting as some might hope, but we still manage to have our fun. From movies, going out to dinner, and hanging out at friends' houses, students at LHS keep themselves, for the most part, out of trouble. High school wouldn't be the same without feeling young & acting restless.

What do you do on the weekends?

"I got to Vermont and teach little kids how to ski and snowboard"

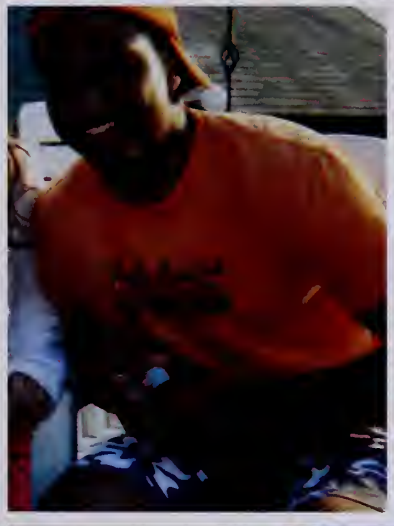
Sara Beitch, 10th grade

"I go out at night to my friend's houses, sleep late on sundays and practice Lacrosse at 6 am"

Tom Cresci, 12th grade

"I go sky diving with my dog"

Tim Marenelli, 12th grade



Franchise & Fortune

For most Longmeadow High School students, it's never as simple without some cash in our pockets. So as soon as we hear the bell at 2:15, we grab our backpacks and start our afternoon full of selling, wrapping, finding, pleasing customers and so much more. Below Lauria Chin, works at Huke' Lau, Melinda Pinto, to the right, counts some extra cash after pay day, and Semolinas is hiring! Mrs. Turcotte and Mrs. Browne not only keep our school running but work concession stands at the football games, and Ariel Karolonski makes sure to keep dirt away from Longmeadow Flowers.

Where do you work?

"I work at Essentials on the weekends, baby-sitting during the week, and my dad's office during vacations"

Meghan O'Donnell

"I like to work with kids so I preform at Six Flags. "

Kellum Ledwith

"I love playing with toys, so I work at K.B. Toys"

Sarah Collins

Even though he is late for work, Sean Seaton proudly displays his uniform.

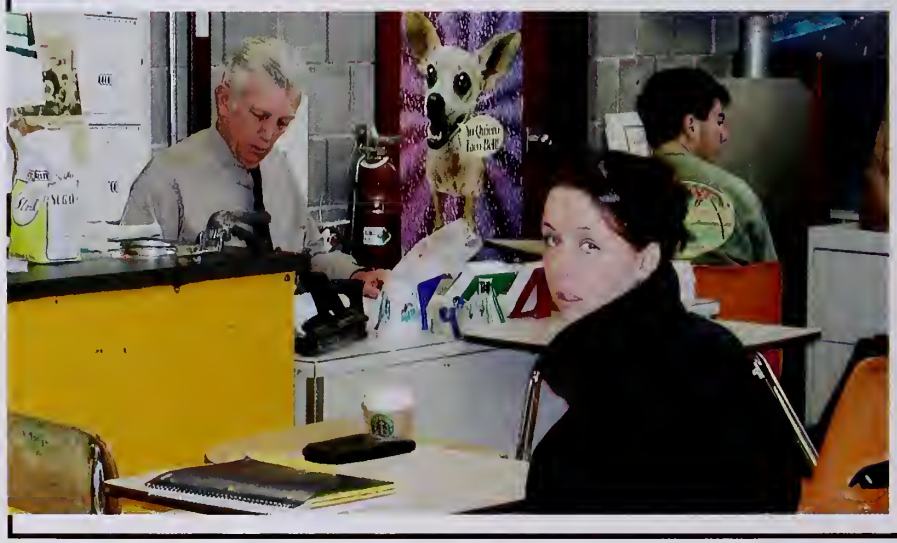
Zack Sweeny is busy stocking shelves at Brightwood Hardware.

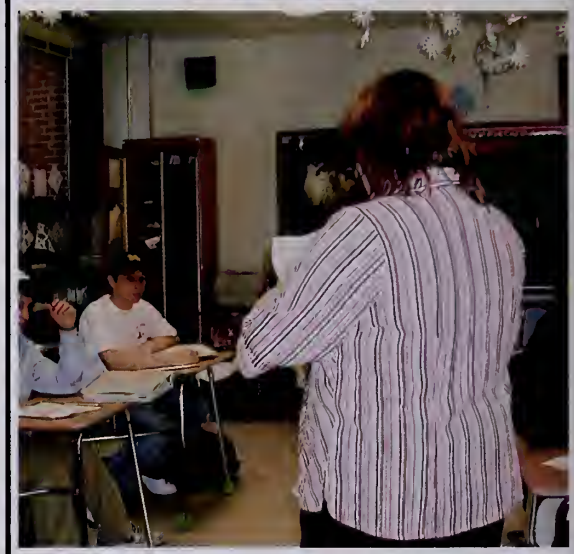
On the busiest flower day of the year, Valentine's Day, Amanda Marsh quickly rings up customers.

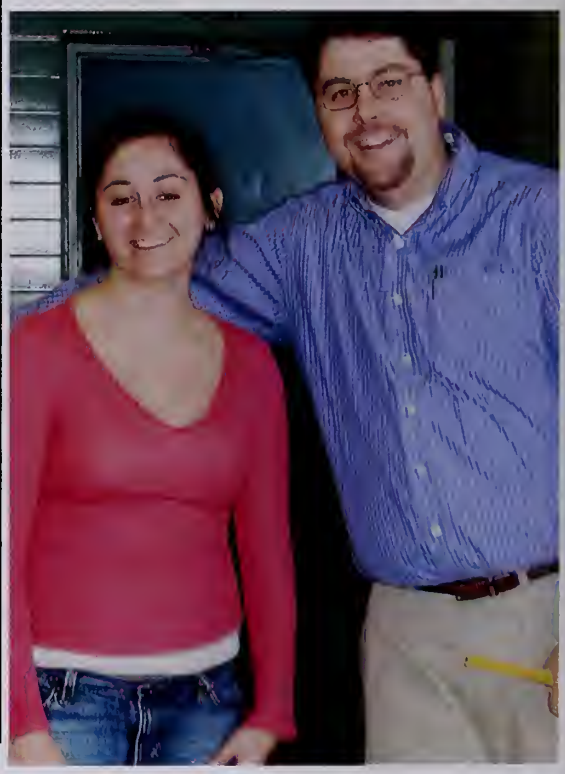
Jen Turcotte smiles while she works, filing insurance claims for Sumner & Toner

So excited to take a break from work, Nate Broverman pose behind the counter

Teachers & Students



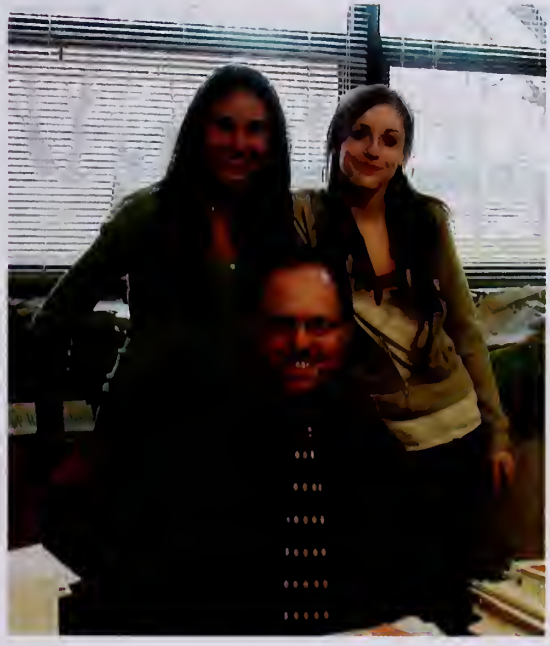




WRESTLING

TONEHILL

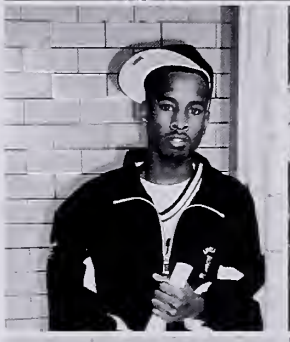
TFSSATWTF
3. Add any

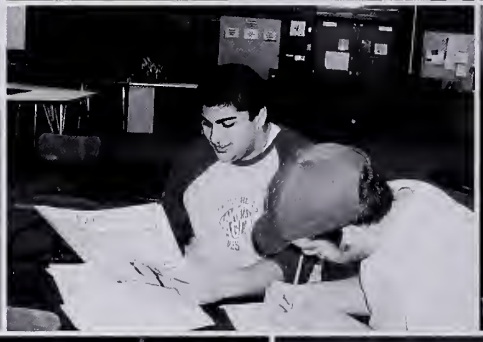


2006

IT'S NEVER *just* WOMEN & MEN

Seniors





Seniors

Senior Class Officers & Advisors

Dear Class of 2006,

Wow! It's amazing to see how much we've grown over the past four years at LHS. We've transformed from shy freshmen carrying our lockers in our backpacks to "mature" seniors who are ready to break out and start the next phases of our lives. We've ventured to Boston for IMAX and the Blue Man Group, and we've taken on the perilous task of walking some twenty odd blocks in New York City in search of a White Castle. We've actually attended (it's not worth denying it anymore) the annual Back to School Dance and watched Dazed and Confused in the auditorium at 3:30 AM during the Sophomore Lock-In. We've applied Coach Hawker's dance moves at semi-formals in our cafeteria version of "Hollywood" and at the Oaks. We've shown the school and the community that *Grease* really is the *word*. We've devoured Fenway Franks at various Red Sox games and watched the Cowgirls rock the Indians on East Longmeadow's turf. More importantly, we've learned of the unbreakable human spirit from the amazing survival stories after Hurrican Katrina and the heart-warming actions of relief workers. We've even lived through four years in time of war. But through it all we've stuck together. We came in as freshmen divided along the lines of Williams and Glenbrook. Now, as the day of our graduation approaches, we are unified as the Longmeadow High School Class of 2006. As your student council representatives, it has been a pleasure and an honor to represent our class. We are truly touched by your support, help, and spirit. We would like to extend our gracious thanks for participating in our school trips and activities. We're looking forward to enjoying Prom and High Meadows with you and hope the remainder of your senior year goes well. We are so proud to be a part of this class and hope you realize all of your dreams in the near future.

Thank you for an amazing four years.

With love,
Jessie, Owen, Leo, Matt, and Scott

Seniors,

Here's our TOP TEN list (apologies to David Letterman) about the things that we've learned in our four years together:

We've learned...

10. It takes four years of dedicated students to lead a successful class. Thanks to Matt Grodd, Scott Janes, Jessica Topitzer, Owen Fenton, Leo Guyshan, Ashley Brown, Kellen O'Gara, Devin Haddad, and Madeleine Reavey.

9. Given a few hours and much black fabric, even the cafeteria can look like a night at the Academy Awards.

8. It's really not that fun being at LHS after 2 in the morning.

7. You have all learned to state your name and count backwards from 10 to 1.

6. It is possible to move hundreds of people from LHS to East Longmeadow High School in ten minutes.

5. There are just some words in Grease that you can't say in a high school auditorium.

4. All the words to Sonny and Cher's "I Got You Babe."

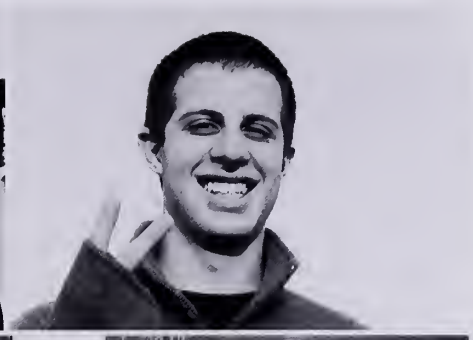
3. It's impossible to quantify how much you have contributed to LHS in the classroom, concert hall, on the playing fields, and in the Longmeadow community.

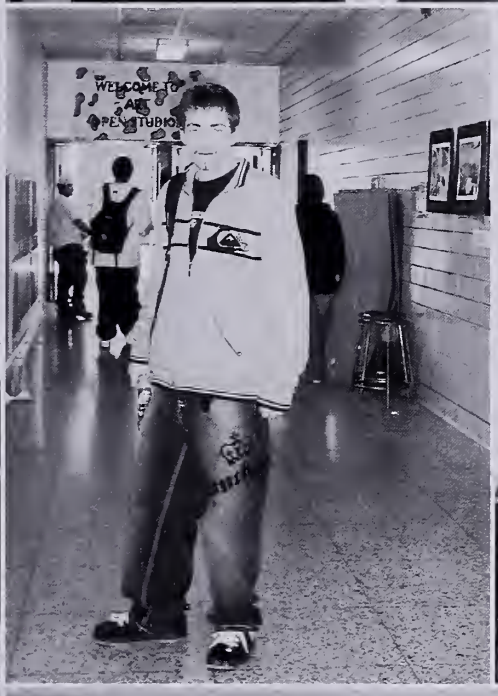
2. We're lucky to have gotten to know you as people and to watch you grow and change over our four years together.

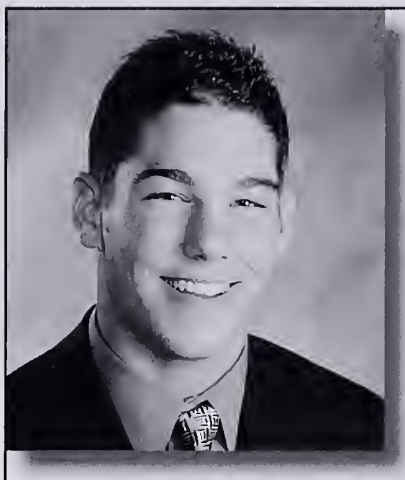
1. That yes, you all really did look as young as the freshmen four years ago.

We thank you for teaching us these important lessons and so many more. Our warmest wishes for adventure, success, and joy as you leave us.

Your Advisors,
Mark Cormier and Kayla Werlin




WELCOME TO
ART
PENNSTUDIO



Jack Abbott

Baseball 9, 10, 11, Captain 12
Football 9, 10, 11, 12
Basketball 9
Indoor Track 10
Key Club 12

"A man has to have goals- for a day, for a lifetime- and that was mine to have people say, 'There goes Ted Williams, the greatest hitter who ever lived."
-Ted Williams

"A mans got to know his limitations"
-Clint Eastwood
(Magnum Force)

Abbott, Rabs

N.H.S 11, 12
Key Club 10, 11, 12
Wind Ensemble 9, 10, 11, 12
(Section Leader 11, 12)
Senior District Orchestra 11
Piano Accompanist 9, 10, 11, 12
Piano Teacher 9, 10, 11, 12

"Don't wait around for other people to be happy for you. Any happiness you get you've got to make yourself."
-Alice Walker

"Forever is composed of nows."
-Emily Dickinson

Jill, Jillybean

Jillian Aberdale

Indoor Track 9, 10
Laurel Wood Farm 9, 10, 11, 12
Mount Holyoke College Equestrian 11, 12
Mount View Stables 12

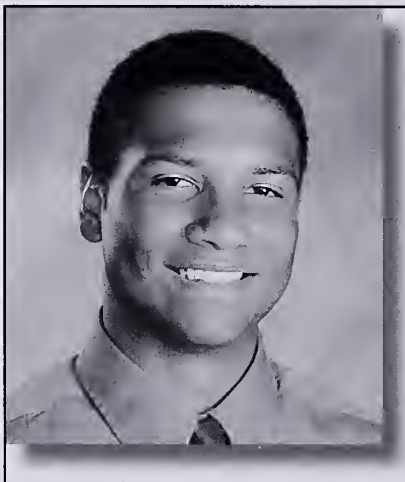
"I say that some of the biggest criminals are those who turn their heads away when they see wrong and know it is wrong"

"Kit- katooonating us won't make you prettier"

Cat, Adams, Kit Kate

Catherine Adams

Mike Adamski

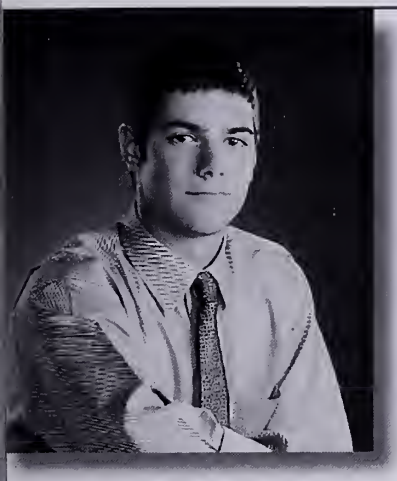


Akindele Afolabi

Youth Council 10, 11, 12
St. Mary's CYO 9, 10, 11, 12
Golf 11, 12
Basketball 9, 10, 11, 12
Soccer 9
Lacrosse 9
Longmeadow Country Club
(Grounds Staff) 9, 10, 11, 12

Agnew, Ags, Aggie

Lindsey Agnew



Football 9, 10, 11, 12
Swimming 9, 10, 11
Avid Colts/ Reds fan

"Before, all I had was time, but now I got shine"
-Lil' Flip

"We need men who can dream of things that never were"
- J. F. K

Xandru, X-Factor

Greg Alexandru

Wrestling 9, 10, 11, 12
Cross Country 10, 11
J.C.C Camp Counselor 11, 12
Umpiring 9, 10, 11, 12

"Great spirits have always encountered opposition for mediocre minds. The mediocre mind is incapable of understanding the man who refuses to bow blindly to conventional prejudices and chooses instead to express his opinions courageously and honestly."
- Albert Einstein

Alty, Altman

Brian Altman

Cross Country 9, 10, 11, 12
Interact 10, 11, 12
Senior Class Play
Powder Puff Game
Outdoor Track 11
Indoor Track 9

"'Cause these are the days worth living, these are the years we're given, and these are the moments, these are the times, let's make the best out of our lives."
-The Calling

"A dream is a wish your heart makes when you're fast asleep, and if yours truly, keep believing the dreams that you wish will come true."
- Cinderella

Ash

Ashley Anderson

Baseball 9
Soccer 9
Indoor Track 10, 11
Business Professionals of America 11

"Winners never quit and quitters never win"
-Vince Lambard

Rick

Erik Anderson

"Some say beauty is in the eye of the beholder, that's why I wake up every morning look in the mirror and realize how fly I am."

Travis Andrews

Varsity Lacrosse
Jet Jotter (Art/ Photo Editor)
N.H.S Community Service Chairperson
Varsity Indoor Track

"Spread love everywhere you go: First of all your own house, let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile, kindness in your warm greeting."
- Mother Teresa

Tweety

Laura Anthony

Gregory Asher

Jeffrey Asher

Cross Country 9, 10, 11, 12
Indoor Track 9, 10, 11, 12
Outdoor Track 9, 10, 11, 12
Symphony Orchestra 9, 10, 11, 12
La Cappella 10, 11, 12
Women's Chorus 9
S.P.F.T.Y 9, 10, 11, 12
French Club 9, 10

"Eventually, all the pieces will fall into place. Until then, I laugh at the confusion, live for the moment and remember everything happens for a reason."

"Life isn't about waiting for a storm to pass. It's about learning to dance in the rain."

Elyss, Lyss, Lissa, Lissy

Elyssa Auerbach

Outdoor Track 10, 11, 12 (Captain)
Powder Puff - Indians
AAU Basketball 9, 10, 11, 12
In town basketball coach 11, 12
CCD teacher 11, 12
Senior Class play
Basketball 9, 10, 11 (Captain 10)

"To regret ones own experiences is to arrest ones own development. To deny ones experience is to put to lie into the lips of ones own life. It is no less than a denial of the soul."
-Oscar Wide

"So lets drink from the cup, share some luck, go ahead and laugh, 'cause it don't cost much"
-Dispatch

K. Aye, Louise, Kat

Katherine Aye

Jet Jotter (layout and design editor) 9, 10, 11, 12
Impressions
Indoor Track and Field 9
Outdoor Track and Field 9, 10, 11, 12
Mock Trail 10

"To not know is bad, to not want to know is worse, to not hope is unthinkable, to not care is unforgivable."
-Nigerian Folk Saying

"We are all in the gutter, but some of us are looking to the stars."
- Oscar Wilde

Katelyn Baker

Cross Country 9, 10, 11, 12
Ultimate Frisbee 11, 12
Concert Band 9
Wind Ensemble 10, 11, 12
N.H.S 11, 12
Jet Jotter 10, 11, 12
Indoor Track 11
Nursing Home Volunteer 9, 10, 11, 12
JCC Camp counselor 11, 12
Rough Draft 12

"Tragedy is when I cut my finger. Comedy is when you walk into an open sewer and die."
- Mel Brooks

Drawing on my fine command of language, I said nothing."
-Mark Twain

Salomone Baquis

Spencer, J-hizzle

Justin Barber-Merullo

Cross Country 9, 10, 11, 12
Outdoor Track 9, 10, 11, 12
Indoor Track 10, 11, 12
Environmental Club 10, 11, 12
JCC Basketball 9, 10, 11, 12
NHS 11, 12
JCC Maccabi Games 10, 11
Baystate Games 10, 11

"Small minds discuss people. Average minds discuss events. Great minds discuss ideas."

"Wear one watch and you'll always know what time it is. Wear two and you'll never be sure."

Bobby, Bobola 7, Jewish Hurdler

Robert Bardin

Yearbook 11, 12 (Senior Editor)
Wind Ensemble 9, 10, 11, 12
NHS 11, 12
French Club 9, 10, 11, 12
Greece '06

"These people round here.
They're so resigned to what their fate is
But not us, no not us
We are far too young and clever."
-Dexy's Midnight Runners

"It's a magical world, Hobbes ol' buddy. Let's go exploring."
-Calvin and Hobbes

"Back up the rude train!"

Liz, Lizzard

Elizabeth Barney

Basketball 9, 10
Big Y 9, 10
U-Save Auto Rental 11
JCC Basketball 11, 12

"Don't complicate your mind. Flee from hate, mischief, and jealousy. Don't bury your thoughts; put your vision to reality. Wake up and live!"
-Bob Marley

"Take care of all your memories. For you cannot relive them."
-Bob Dylan

Barr, Barrski, Jake

Jacob Barr

Jet Jotter 10, 11, 12
Track and Field 10, 11
Senior Class Play 12
Concert Band 9, 10
Wind Ensemble 11, 12

"Hold fast to the spirit of youth, let years to come do what they may."
-John Jay

"To know even one life has breathed easier because you have lived. This is to have succeeded."
-Ralph Waldo Emerson

"Back up the rude train!"
-Emma Newcombe

Em, Mills, Milly

Emily Berger

Joseph Berrouard

Angela Bertelli

Environmental Club 10, 11, 12
Soccer 9, 10
Cross Country 11
Diving 9, 10
Outdoor Track 9, 10, 11, 12
Captian
Indoor Track 11, 12
National Honors Society 11, 12

"Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep."
-Scott Adams

Claire Berube

Outdoor Track and Field 9, 10, 11, 12
Indoor Track and Field 10, 11, 12
Soccer 10
Yearbook
Environmental Club
International Club
Senior Class Play
Powder Puff Game

"Not all who wander are lost."

"Life is not measured by the number of breaths we take, but by the number of moments that take our breath away."

CB, Grace, Blair

Soccer 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
Indoor Track 9
Knitting Club 10
Concert Band 9, 10, 11
Jazz Band 11

"I'm the one that has to die when it's my time for me to die, so let me live my life, the way I want to."
-Jimmy Hendrix

"Hey, we all got secrets."

Alex

Alexander Bistran

Amanda Bolduc

Field Hockey 9, 10, 11, 12
Softball 9, 10, 11, 12
China Club 9, 10, 11, 12
NHS 11, 12
La Cappella 12
Senior Class Play
Life Guard 9, 10, 11, 12

"Experiences, good and bad, are all part of learning, loving and most importantly dying"

"There is a whole world out there, so just go for it!"

"Limits are for those who have never tried"

Mandy, Hawaii

Giuseppe Bonfiglio

Soccer 9, 10
Programming club 11, 12

"Word to the wise ain't necessary- it's the stupid ones that need advice."
-Bill Cosby

"A man who carries a cat by the tail learns something he can learn no other way."

Joe

Emily Bourdeau

Track and Field 9, 10, 11, 12
Indoor Track 10, 11, 12
Cross Country 10, 11, 12
French Club

"The woods are lovely dark and deep, but I have promises to keep, and miles to go before I sleep, and miles to go before I Sleep."
-Robert Forest

Em

Michael Brock

Outing Club 10, 11, 12
Ultimate frisbee12

"I have dined with kings, I've been offered wings. And I've never been too impressed."
-Bob Dylan

"I think as long as your intention is pure, and you know what you're in it for, then you're alright."
-Trey Anastasio

Brock

Lacrosse 9, 10
JCC Basketball 9, 10, 11, 12

"Failure is not an option"
-Dave Casper

Nathan Broverman

Class Treasurer 9, 10
Class President 11
Interact club 10, 11, 12
(Vice President)
La Capella 10, 11, 12
Drama Club 9, 10, 11, 12
Swimming 9, 10, 11, 12
NHS 11, 12(Secretary)
Senior Class Play
Powder Puff Game

"All that is necessary for evil to succeed is that good men do nothing."
-Edmund Burke

Ash, Hashbrowns, A.B.

Ashley Brown

Allison Burton

Impressions 10, 11, 12(Editor in Chief)
DJST 10, 11, 12(President)
Orchestra 9, 10, 11, 12
AAU Basketball 9, 10, 11, 12
Rough Draft 12
SPFTY 10, 11, 12
Senior Class Play

"Make connections; let rip; and dance where you can"
-Annie Dillard

"What will your verse be?
-Dead Poets Society

Ally, Als

Thien-an Cai

NHS 11
Unity Club 11

Senior Class Play (Director)
Special Olympics Coach 11, 12
NHS 11, 12
Pep Band (Conductor)
Drama Club 9, 10, 11, 12
(Treasurer)

"Some people dream of success, while others wake up and work hard at it"

Isabelle Calderon

Richard Camerota Jr.

Lacrosse 9, 10, 11, 12
Key Club 9, 10, 11, 12

"Pain is only weakness leaving the body"
-The Locker Room

Rich, Beans

NHS 11, 12
Baseball 9, 10, 11, 12
Soccer 9
Umpiring 10, 11, 12

" I live for this"

Campbell, Bartolo, Col

Colin Campbell

N.H.S 11, 12
Jazz Band 10, 11, 12
Ultimate Frisbee 12
Concert Band 9,10,11,12
Impressions 9, 11
Key Club 9

"Anyone who has never made a mistake has never tried anything new."
-Albert Einstein

"Pictures are better than words because some words are big and hard to understand."
-Peter Griffin

Chris, Capurso, Caputo

Christopher Capurso

Andrew Caron

Taylor Carr

Field Hockey 9, 10, 11, 12
Captain
Indoor Track 10, 11, 12 Captain
Drama Club 9, 10, 11, 12
Outdoor Track 11, 12
Class Marshal 11
CCD teacher 10, 11, 12
Jet Jotter 10, 11, 12 Campus News Editor
Lacrosse (JV) 9, 10 Captain
Senior Class Play
Powder Puff Game

"I immediately regret that decision."
-Ron Burgundy

"Together..always."

Tay, Taylo

Merissa Carvalho

Matthew Casartello

Football 9, 10, 11, 12
Wrestling 9, 10, 11, 12 Varsity
Track and Field 9, 10, 11, 12

" Fate can never tear you apart if you rise from the depths with a dream in your heart."
-Me

Cas, Casserole, Roll

Jennie Cash

La Cappella 9, 10, 11, 12
Band 9, 10, 11
Yearbook 11, 12
Powder Puff 12

"I need to believe, that something extraordinary is possible."
-A Beautiful Mind

Jenny (with a Spanish Accent)

Dan Chase

Football 9, 10, 11, 12
JCC Basketball 11, 12
Men's Chorus9, 10, 12
Debate Team 12
Semolina Bread Company

"That's one small step for man, on giant… I have a dream!"
-Mike Donnelly

"You sold my dead bird to a blind kid."
-Harry

"Winning is not everything, but wanting to win is."

Danny, Dan, Muff, Two Step

Suzanne Chipkin

Jet Jotter 9, 10, 11, 12 (Editor in Chief)
Mock Trial 9, 10, 11, 12
Symphony Orchestra 9, 10, 11, 12
China Club 10, 11, 12
Track and Field 9, 10, 11
Impressions 9, 10, 11, 12

"The future belongs to those who believe in the beauty of their dreams."

-Eleanor Roosevelt

"How wonderful it is that no one need wait a single minute before starting to improve the world." -Anne Frank

"Back up the rude train."
- Emma Newcombe

Rebecca Ciciretti

NHS 11, 12 (Tutoring Chair)
Wind Ensemble 9, 10, 11, 12
Orchestra 9, 10, 11, 12
All-State Music Festival 11 (Principal)
Senior District Music Festival 9, 10, 11, 12 (Principal)
Senior Class Play Pit Orchestra 9, 10, 11, 12 (Conductor)
YPS 9, 10
SPFTY 9, 10, 11 (President)
International Club 11, 12 (President)
Math Team 11, 12
CMSS Chamber Music 11, 12

"Without music, life would be a mistake."
-Friedrich Nietzsch-
Becs, Becky

Alyssya L. Clark

Unity Club
Indoor Track
Outdoor Track
Springfield Targets Drum and Bugle Corps.

"It's too late to regret the past so live for the future."

Lyssy

Nicholas Cline

Football 9, 10, 11, 12
Lacrosse 9, 10, 11, 12

"Every morning a gazelle wakes up. It knows it must lose an ounce of sweat to save a gallon of blood. At the same time a lion wakes up knowing the difference between a champ and a chump is you. All that matters is you get it done."

Jimmy, Cli-yi-yine, James

Anthony Cocchi

Track 9, 10, 11, 12

"Always acknowledge a fault. This will throw those in authority off their guard and give you an opportunity to commit more."
–Mark Twain

Craig Colburn

Michael Collins

Football 9, 10, 11, 12
Men's Chorus 9, 10, 11, 12 (Section Leader)
Young Republicans 11, 12
CCD Teacher 11, 12
Altar Server 9, 10, 11, 12
Eagle Scout
Little League Baseball Umpire

"Let's Roll" -Todd Beamer

"Speaker softly and carry a big stick." -Theodore Roosevelt

"A lie can travel halfway around the world while the truth is putting on its shoes."
– Mark Twain

Hammer time, Collard Greens, Collins

Sarah Collins

Yearbook 11, 12
Key Club 9, 10, 11
Track 9, 10, 11, 12
Senior Class Play
Powder Puff

"Happiness can be found, even in the darkest of times, if one only remembers to turn on the light."
–J.K.R

Collins

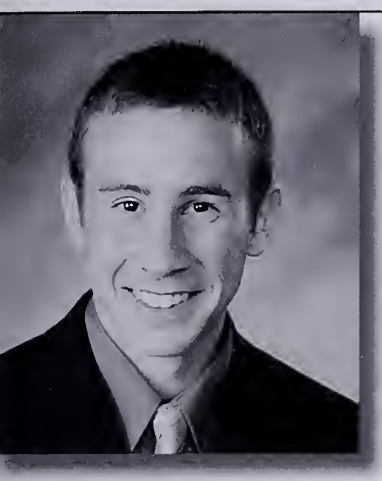
Indoor Track 9
Dance Team 9, 10 (Captain 10)
Women's Chorus 9
La Capella 10, 12
Track & Field 10, 11
Powder Puff Game
Action Business Services 12

"The hardest battle you're ever gonna fight is the battle to just be you."

"We could all take a lesson from crayons, some are bright, some are dull, some beautiful, some ugly & some have weird names. As different as they are, they all have to learn to live in the same box."

Tasha, Natushy, Tush, Ugg

Natasha Conti



Soccer 9, 10, 11, 12

"Let's go, Chop Chop."
–Mrs. Murphy

"Sometimes the road less traveled is less traveled for a reason."
–Jerry Seinfeld

Xavi, Z, Zeveriah

Zev Cossin

Lindsay Coughlin

Yearbook 10, 11, 12
Senior Class Play
Dance 9, 10, 11, 12
Powder Puff Game
La Capella 9, 10

"For whatever we lose, it's always ourselves we find in the sea."

Lalex, Coutu

Alexandra Coutu

"1337 Crew"

"You can turn painful situations around through laughter. If you can find humor in anything, even poverty, you can survive it."
-Bill Cosby

Tater Salad

David Covey

"Do not believe in anything simply because you have heard it. Do not believe simply because it has been handed down for many generations. Do not believe in anything simply because it is spoken and rumored by many. Do not believe in anything simply because it is written in Holy Scriptures. Do not believe in anything merely on the authority of Teachers, elders or wise men. Believe only after careful observation and analysis, when you find that it agrees with reason and is conducive to the good and benefit of one and all. Then accept it and live up to it.
–Buddha

Cramer, Alex

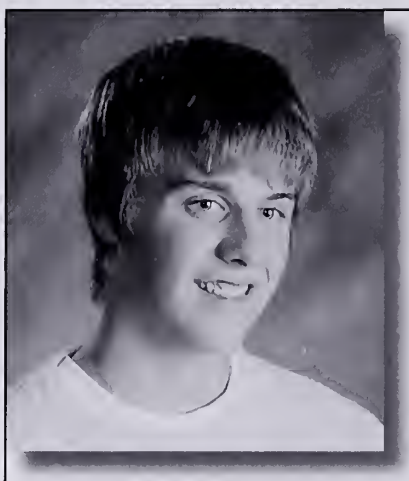
Alexander Cramer

Soccer 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
Indoor Track 9
Business Professionals of America 10-12
Knitting Club 10
CRESCI & BLACK, LLC 10, 11, 12
The Translow Group, Inc.

"Courage is being scared to death- but saddling up anyway." –John Wayne

Tom, Tommy, Cres, T-Bagg

Thomas Cresci



Cross Country 9, 10, 11, 12
Standup 11, 12
Orchestra 9, 10, 11, 12
Senior Class Play
Outdoor Track 10

"Those who live on dreams die fasting."
-Ben Franklin

Sam Crimmins

Alto Saxophone
Track and Field

"Respice post te, mortalem te esse memento." (Look around you, remember that you are mortal.)

Garrett Cropsey

Orchestra 9,10,11,12
Key Club 9, 10, 11
Accidentals 12
Gay/Straight Alliance 11, 12
China Club 10, 11, 12
Rough Draft 10, 11, 12

"Artistic creation seems to be rooted in a kind of inspired madness."
-Plato

Leigh Dale

Sean Daly

Diving 9
Track and Field 9, 10, 11
Indoor Track and Field 10, 11, 12
NHS 11, 12
La Cappella 9, 10, 11, 12

"If you want it, you can have it. But you've gotta lean to reach out there and grab it."
-Weezer

Liz, Lizo

Elizabeth Davidow

Track 11, 12
Programming Club 9, 10, 11, 12
Water polo 12
Football 9, 10

"You live and learn. At any rate, you live."
-Douglas Adams

"Everyone thinks of changing the world, but no one thinks of changing himself."
-Tolstoy

Dean

Brendan Dean

David Deluca

Wrestling 9, 10, 11, 12 (Captain)
Lacrosse 9, 10

"Far better is it to dare mighty things, to win glorious triumphs, even though checkered by failure . . . than to rank with those poor spirits who neither enjoy nor suffer much because they live in a gray twilight that knows not victory nor defeat"
-Theodore Roosevelt

Dave, Davey

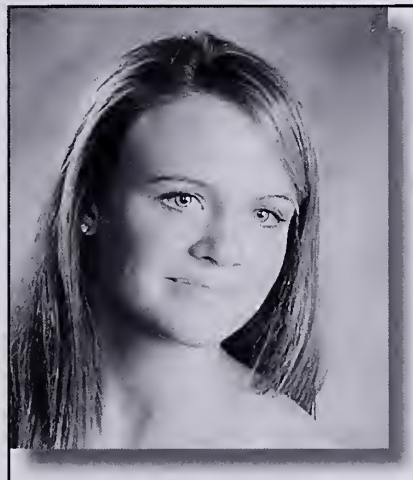
Francis Donahue

Basketball 9, 10, 11
Volleyball 10, 11, 12 (Captain)
Track 12
Powder Puff Game
Impressions
Yearbook

"Don't be dismayed at goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments of lifetimes, is certain for those who are friends."

Cait, Caity

Caitlin Donnelly



Christine Donnelly

Big brother, Big Sisters mentor
Cheerleading 12
NHS 11, 12
Dance 9, 10, 11, 12
CCD teacher 12
Key club 9
Drama Club 9

"Impossible is just a big word thrown around by small men who find it easier to live in the world they've been given than to explore the power they have to change it, impossible is not a fact. It's an opinion. Impossible is potential. Impossible is nothing."

Jack Dowd

Football 9, 10 , 11, 12
Track 10, 11, 12
St. Mary's Basketball Coach 10, 11, 12
St. Mary's CCD Teacher 11, 12
St. Mary's altar server 9, 10, 11, 12
Young Republicans Club 11, 12
Senior Class Play

"A coward dies a thousand deaths a warrior dies but once."

"It's not the size of the dog in the fight, but the size of the fight in the dog."

Dowdy

"It's always good to be different."

Frank the Tank, Tank

Frank Duclos

Sarah Dukeshire

Lyrics 10, 11, 12
Softball 9, 10, 11, 12
Concert Band 9, 10, 11, 12
Mock Trial 9, 10, 11, 12
Accidentals 11, 12
I Cantori 12
Gay/Straight Alliance 11, 12
NHS 11, 12
Interact 10, 11, 12
School Council Student Rep 9, 10, 11, 12
All State Chorus 11
Senior District Chorus 10, 11, 12

"I can't believe that there are any heights that can't be scaled by a man...When you believe in a thing, believe in it all the way, implicitly and unquestionably."

Sar, Duke, Dukey

LHS Superfans

"Hiyo"
-Ron Burgundy

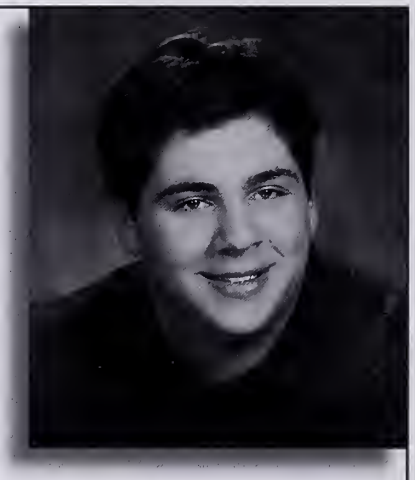
". . Compelling and rich. . ."
-Ron Burgundy

"Hey, lady in the red hat . . . yeah!"
-Ron Burgundy

"And Shepherds will be, for thee my lord, for thee. Power hath descended from thy hand that our feet may swiftly carry out thy command. So we shall flow a river forth to thee and teeming with souls shall it ever be."
-The Boondocks Saints

Bane

Andrew Eaton



Joseph Elliot

Rebecca Ernst

Lyrics 9, 10 , 11, 12 (Section Leader)
I Cantori 10, 11, 12
Cross Country 9, 10 11, 12
Indoor Track and Field 9, 10, 11
Outdoor Track and Field 9, 10, 11, 12
Concert Band 9, 10, 11, 12 (Section Leader)
Western Mass Senior District 9, 10, 11, 12
All State Chorus 11
Pep Band 9 , 10, 11, 12
Senior Class Play
Powder Puff Game

"If you want to improve, be content to be thought foolish and stupid."
-Epictetus

Bex, Becca, Bunco, Ernstest

Alex Fagan

Maladdiction 11, 12
Twin Hills 10, 11
Party Warehouse 12

"Lay your head down child, I won't let the boogie man come count the bodies like sheep to the rhythm of the war drums."
-A Perfect Circle

Fagan, Foogen, Finnegan

Cross Country 10, 11, 12 (Captain)
Indoor Track and Field 10, 11, 12 (Captain)
Outdoor Track and Field 11, 12
Class Officer 10, 11, 12 (Secretary 10, 11, Co-vice President 12)
Spanish Club 10
NHS 11, 12 (Vice President 12)

"Every morning a gazelle wakes up. It knows it must outrun the fastest lion or it will bill killed. Every morning in Africa a lion wakes up. It knows it must run faster than the slowest gazelle, or it will starve, it doesn't matter whether you're a lion or a gazelle. When the sun comes up, you'd be running."

Odog

Owen Fenton

"Every man dies, but every man truly lives."
-William Wallace

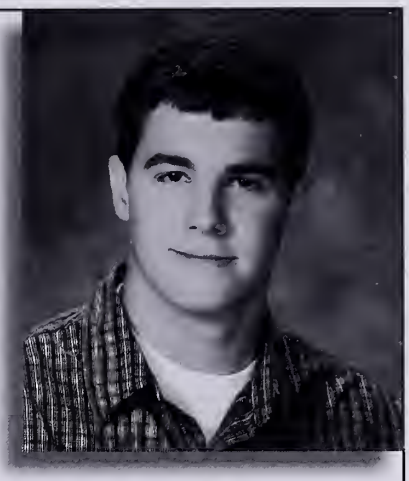
Fitzy, C. Fitz

Colin Fitzgerald

Varsity Hockey 9,10,11,12
Jet Jotter

"Set your aspirations high and your expectations low. At least you won't be disappointed."

Flanders

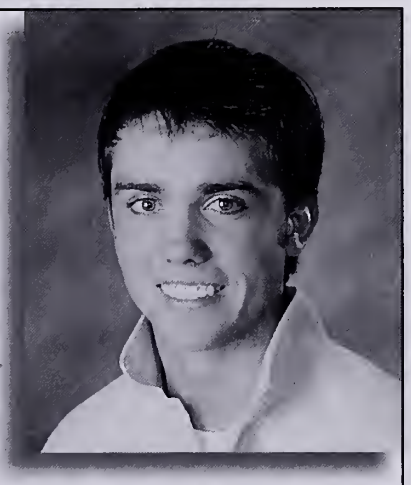


Kevin Flanders

Football 9, 10, 11, 12
Hockey 9, 10, 11, 12
Baseball 9, 10, 11, 12
CCD Teacher
BPA 10, 11
Camp Counselor
Teacher's Assistant

"What you lookin' at, Step yo game up"
–Snoop Dogg

Fortsch, Furchy, Sparky



Sam Fortsch

Horseback Riding 9, 10, 11, 12
MSPCA Volunteer 11, 12
Forest Park Zoo Volunteer 9, 10, 11, 12
Drama Club 9, 10, 11, 12
Senior Class Play

"In the end we conserve what we love and we love only what we understand."
–Baba Dioum

"We make a living by what we get, we make a life but what we give."
–Winston Churchill

Danielle Friedrich

Swimming 9, 10, 11, 12
Baseball 9, 10
Carpenter 9, 10, 11, 12
Landscaper 9, 10, 11, 12

Jon

Jonathan Caluska

Diving 9, 10, 11, 12
Outdoor Track and Field 9, 10, 11, 12
La Cappella 9, 10, 11, 12

"The greatest thing you'll ever learn, is just to love, and be loved in return."
–Moulin Rouge

Garruff-nuggets,.Garoof, Cait

Caitlin Carreffi

Anthony Gentile

BPA 9, 10, 11, 12 (President)
Drama Club 9, 10, 11, 12
GSA 11, 12
Lyrics 10, 11, 12
Men's Chorus 9
Pep Band 10, 11
Greenwood 11
Precision Camera Repair 11, 12
Mass Star Delegate 10

"Forget regret, or life is yours to miss. No other road, no other way. No day but today" –Rent, Jonathan Larson

Gunther, Gentile

Igor Gerasimchuk

Wrestling 9, 10, 11, 12

"My apartment is infested with koala bears; it's the cutest infestation ever. Way better than cockroaches. When I turn on the light, a bunch of koalas scatter, but I don't want them to. I'm like "Hey, hold on fellas, let me hold you." We need to ship some koalas over here, so I can hold one, and pat it on it's head." –Mitch Hedberg

Setti, Grassman

Andrew Grassetti

Andrew Green

Cross Country
Indoor Track and Field
Outdoor Track and Field

"The open road is still miles away, ain't nothing serious we still have our fun." –Jimmy Eat World

"You cut me down to size and opened up my eyes, make me realize what I could not see." –Coldplay

Drew

Jennifer Greim

Lacrosse 9, 10, 11, 12
S.A.D.D. 10, 11 (Secretary), 12 (President)
Drama Club 9, 10, 11, 12
Indoor Track and Field 10, 11, 12
NHS 11, 12
Cross Country 11
Soccer 9, 10
Women's Chorus 9
La Cappella 10, 11, 12

"There will be ups and downs, smiles and frowns, share with me, fairy tales or make believe." –Calvin Broadus

Jen, Greimy, Nennybenny, Jenny

Football 9, 10, 11, 12
Wrestling 9, 10, 11, 12
Baseball 9

"A man is a success if he gets up in the morning and gets to bed at night, and in between does what he wants to do." –Bob Dylan

"Big gulps, huh?... Well see you later!" –Lloyd Christmas

"I'm Brian Griggs."

Griggsy, 100%, B-dogg.

Brian Griggs

Baseball 9
Soccer 9, 10, 11, 12
BPA 10, 11

"There's something special bout girl cause you've been on my mind all day so hurry, say yes and well be on our way."
-Banks

Mike Grimaldi

Young Republicans (President, Founder)
Cross Country
Outdoor Track and Field
S.A.D.D.
Powderpuff

"It takes no more time to see the good side of life than it takes to see the bad."
-Jimmy Buffet

Meg

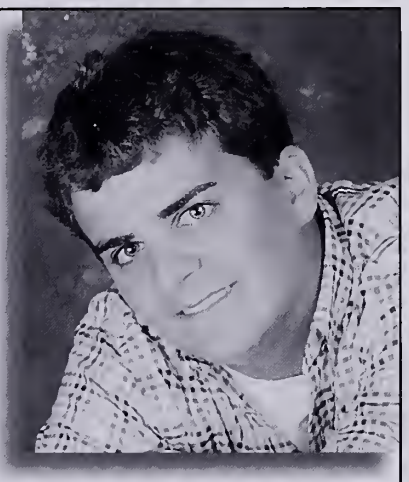
Meghan Griswold

Class President 9, 12
Tennis 9, 10, 11, 12 (Captain)
Soccer 9, 12
BPA 10, (Officer 11, 12)
ABC Longmeadow 9, 10, 11, 12
Crestview Country Club 9, 10, 11, 12
JCC Youth Coach 9, 10, 11, 12
JCC Basketball 9, 10, 11, 12
Outing Club 9, 10

Never try and hustle a hustler, Mr. Cain! Actually I believe it goes; never con a con-man, especially one who's better than you are." -Diggstown

"Never underestimate the heart of a champion."
- Rudy Tomjanovich

Guru



Matthew Grodd

Carolyn Gross

Rough Draft
Impressions
Environmental Club
Amnesty International
Key Club
NHS

"All this happened, more or less. The war parts, anyway, are pretty much true."
–Kurt Vonnegut

Leo

Leonid Guyshan

NHS
Football 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
Concert Band 9, 10, 11
Lyrics 11
Men's Chorus 9, 10

"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion!'"
–Muhammad Ali

"Through wisdom is a house built, and by understanding it is established; and by knowledge shall every room be filled with precious and pleasant riches."
–Proverbs 24:3-4

Devin Haddad

Douglas Haddad

Football 10, 11, 12
Lacrosse 9, 10, 11, 12
Men's Chorus 10, 11, 12
NHS 11, 12
Senior Class Play
Drama Club Pit Orchestra 11
MSPCA 10, 11

"Tell me what you eat and I'll tell you who you are."
–Brillat-Savarin

"I'm in a glass case of emotion."
–Ron Burgundy

"Experts say that 60% of the time, it works every time."
–Brian Fantana

Doug, D-Hizzle, Mr. TA

Longmeadow Symphony Orchestra 9, 10, 11, 12
Lyrics 9, 10, 11, 12
I Cantori 9, 10, 11, 12
Senior District 9, 10, 11, 12
Mass All State 11, 12
5 College 10, 11, 12
Senior Class Play 12

"Everyone has two faces, you could be looking at the one that woke up on the wrong side of the bed."

Hanifin

John Hanifin

Key Club 10, 11, 12
Impressions 10, 11, 12
NHS 11, 12
Track 9, 10, 11
Greece Trip '06

"May you build a ladder to the stars and climb on every rung. And may you stay forever young."
-Bob Dylan

"It's a magical world, Hobbes ol' buddy, let's go exploring."
-Calvin and Hobbes

Maggie, Mags

Margaret Hannay

Kareem Hardaway-Pollard

JCC Basketball 9, 10, 11, 12
Water Polo 12
Yearbook 12
ABC Program 9, 10, 11, 12
Outdoor Track and Field 10, 11, 12

"Everybody wants to go to heaven, but nobody wants to die. Wars come and go, but my soldiers are eternal." -2pac

"Trap or die."
–Jeezy The Snowman

Krazy Kareem

Mallory Harris

Soccer 9, 10
Basketball 9, 10, 11, 12
Softball 9, 11, 12
Delaney House 10, 11
Big Y 11, 12
TGI Fridays 12
Wmass Selects 9
Connecticut Shamrocks 10
AIS Hoopfest 9
Boars Head Festival 10, 11, 12
Powder Puff Game
Senior Class Play

"These are the day we will remember. Those are the times that wont come again. The highest of flames become an ember. You gotta live 'em while you can."
-Keith Urban
Mal, Mals, Molly, Mally, Sunny-D

Alex Hatzis

Lauren Hauser

Swimming 9, 10, 11 ,12
Yearbook
Powder Puff Game
Senior Class Play

"Your whole life is about to change in a way that will never be the same. You don't want to miss these moments, even the sad one's because you'll never get them back. So enjoy this time."
-Dawson's Creek

"So many faces in and out of my life. Some will last, some will just be now and then. Life is a series of hellos and goodbyes. I'm afraid its time for goodbye again."

"There are places I'll remember all my life though some have changed some forever not for better some have gone and some remain. All these places have their moments with lovers and friends."
-Lennon/McCarthy

Thelma

Carrie Hemmelgarn

Track and Field 9,10, 11, 12.
Soccer 9
Water Polo
Key Club
NHS

"A life spent making mistakes is not only more honorable but more useful that a life spent doing nothing."
-George Bernard Shaw

Johnny Malsh

Brandon Henneman

Ashley Hess

Field Hockey 9, 10, 11, 12
(Captain)
Lacrosse 9, 10
Basketball 9
Business Professionals of America 10, 11, 12
Jet Jotter 11, 12
Senior Class play
Teacher Assistant
Powder Puff Game
CCD teacher
Camp counselor

"Eventually all the pieces will fall into place. Until then laugh at the confusion, live for the moment, and remember everything happens for a reason."
-Unknown

Hess, Shlee, Ash, Hessadoodle

Brian Hirschberg

Matthew Hiser

Charles Hopkins

Soccer 9, 10, 11, 12
Lacrosse 9, 10, 11
Men's Chorus 9
Lyrics 10, 11, 12
Concert Band 9
I Cantori 12

"Humanity only has on true weapon, and that is laughter."
-Mark Twain

Cooch

Cheerleading 9
Key Club 10, 11, 12
Drama Club 11
Senior Class Play
Flute 9, 10, 11, 12
Romito's Deli 11

"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. Your're on your own. And you know what you know, And you are the guy who'll decide where to go."
-Dr. Seuss

T-hos, T-rizzle, Trace, Lynn, Teresa

Tracy Hosley

Football 9, 10, 11, 12
Track and Field 9, 11, 12
Wrestling 10
Powder Puff Coach
Men's Chorus

"Trying is the first step to failing."
-Homer Simpson

"Pain heals, Chicks dig scars, and glory lasts forever."
-The Replacements

"Can you tape Laguna for me?"
-Mike Wenc

Mo, Moho

Muhammed Hussain

Jonathan James

Football

"Those who dream by day are aware of many things which escape those who dream by night."
-Edgar Allen Poe

Jon-Jon, Fatback, Johnny Gunz

Scott Janes

Football 9, 10, 11, 12
Class Vice President 10, 11, 12
Lacrosse 9, 10, 11, 12
NHS 11, 12 (Fundraising Chair)
Debate Team 9, 10, 11, 12 (Co-Captain)
Science league 11, 12
Powder Puff Coach
Hand Bell Choir 9, 10, 11, 12
"Slow beat on the boats against the current, born back ceaselessly into the past."
-The Great Gatsby

"Hold the Rope"
-John Rauseo

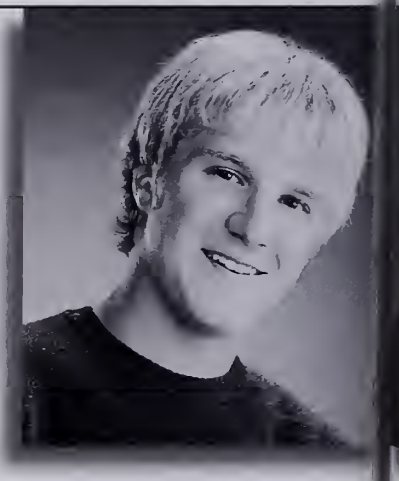
"These are days you'll remember."
-10,000 maniacs

Alan, Scotty

Soccer 9, 10, 11, 12
Lacrosse 9, 10, 11
Outing Club 9, 10, 11, 12
Drums
Mountain Biking
Surfing

"Let me be who I am, yea let me kick out the jams, yea I gotta kick 'em out."

Tidwell, Seagul Master



Tim Jangl

Hockey
NHS

"Sometimes the road less traveled is less traveled for a reason."
-Jerry Seinfield

"I have spread my dreams under your feet; tread softly, because you tread on my dreams."
-William Butles Yeats

Karamov

Greg Karamian

Adam Karas

Outdoor Track and Field 9, 10, 11, 12
Indoor Track and Field 10, 11
Lifeguarding 11, 12
Soccer 9

"Feeling is believing, and I am feeling fine."
-Raul Midon

Rel

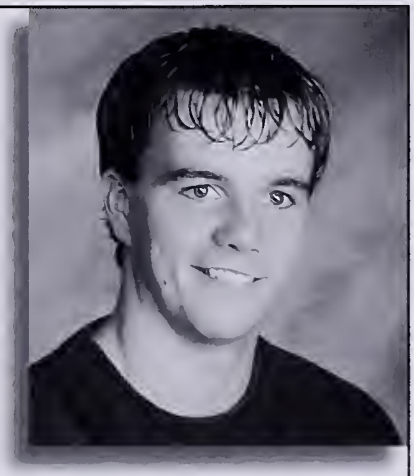
Ariel Karolinski

Lacrosse 9

Tim, TK, Keefer

Tim Keefe

Brennan Kenefick



Paul Kennedy

Cory Kenney

Track and Field 9
Longmeadow Big Y 11, 12
Peer Leadership 12

"Finish each day and be done with it. You have done what you could, Some blunders and absurdities have crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it serenely and with too high a spirit to be encumbered with your old nonsense."
-Emerson

Carl

Carly Koerner

Dance Team 9
Track and Field 11
Powder Puff

"The hardest battle you're ever going to fight is the battle just to be you."

" Cuz it's a bittersweet symphony this life, try to make ends meet tour a slave, to money then you die. I'll take you down the only road I've ever been down you now the that you to the places where all the veins meet. Yeah."
-The Verve

Yelz, Yellt, Lena

Yelena Kondel

Swimming 9, 10, 11, 12
Concert Band 9, 10, 11

"It's not just life, but living. It's the Journey the destination, and all the points in between."

Johannah Kos

Swimming 10, 11, 12
Water Polo 11, 12
Outdoor Track 11, 12
N.H.S 11, 12

"The edge ... there is no honest way to explain it because the only people who really know where it is are the ones who have gone over."
- Hunter S. Thompson

"I was cured, all right"
-Clockwork Orange

"If I wasn't from Jamaica then why would I be wearing this hat?"
- Half Baked

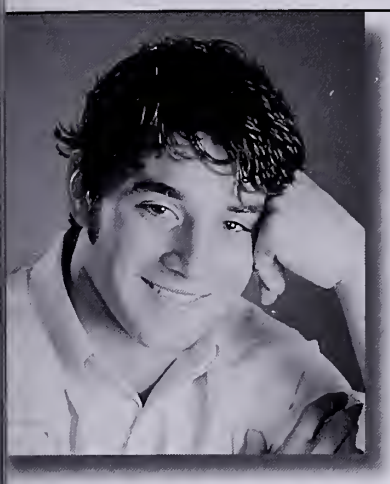
Daniel Kurbanov

Lacrosse 9, 10, 11, 12
Soccer 9, 10, 11, 12

"Life is one big road with lots of signs. So when you're riding through ruts, don't complicate your mind. Flee from hate, mischief and jealousy. Don't bury your thoughts; put your vision to reality. Wake up and live!"
- Bob Marley

Kuzz

Matthew Kusiak



Marc Labb

Hockey 9, 10, 11, 12
Baseball 9, 10, 11, 12
Extreme Sports

"When everything's coming your way, you're in the wrong lane."

"Our generation has had no great depression, no great war. Our war is spiritual our depression is our lives."
- Tyler, Fight Club

Labby, Marcus, Labber

Futbol
Surfing
Lyrics
Jammin'

"Without love we perish"

David Laflamme

Adam Lafrance

Jaqueline Lakritz

Danielle Laliberte

Cross Country 9, 10(Captain) 11, 12
Indoor Track 9, 10, 11, 12
Outdoor Track 9, 10, 11, 12
Tennis 9
"Hey lets drink from the cup, share some luck, go ahead and laugh 'cuz it doesn't cost much."
-Dispatch
"It is not our achievements, but our choices that determine who we truly are."
-Albus Dumbledore

"So close your eyes, kiss yourself goodbye, and think about the times and what they meant."
-Green Day

Dani, Dlalib

Outdoor track 9
Indoor Track 10, 11, 12
Softball 10, 11(Captain), 12
Powder Puff Game
Senior Class Play
La Capella 10, 11, 12
Women's Chorus 9

"Celebrate we will because life is short but sweet for certain."

B-Unit, Brit

Brittany Lantzakis

Jared Laptas

Football 9, 10, 11, 12
Basketball 9

"I wont dance unless I hear music, I wont scratch my head unless it itches , I will not be intimidated."
-Remember the Titans

Pedro, J.Lap, Bonz

Swimming

"Fly like an eagle into the future"

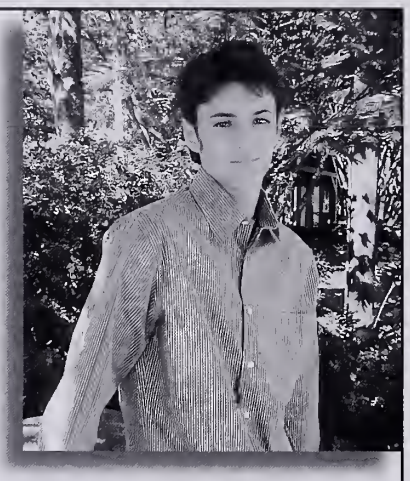
Tammi, Tee, T. Rose, Rah-rah Rose

Tamira Lasky

Springfield College 9, 10, 11
Office max 10, 11
Civil Air Patrol 10
Sears 12
Indoor track 12

"Patience killed the cat. Know why? It waited too long."

Andy



Andrew Leduc

Kellum Ledwith

Senior Class Play (Producer)
"Grease"
J.V Lacrosse 9
Track and Field 10
Drama Club 9, 10, 11, 12
Mock Trial 11
China Club 9, 10, 11, 12
Knitting Club 9, 10, 11, 12

"And that's the day I knew there was this entire life behind things...this incrediably benevolent force, that wanted me to know there was no reason to be afraid, ever... Sometimes there's so much beauty in the world I feel like I can't take it."
-Ricky Fitts

K, K-Dog

Alexandra Leichthammer

Tennis 9, 10, 11, 12 (Captain)
Cross Country 11, 12
Soccer 9, 10
Indoor Track 9, 10
N.H.S 11, 12
Interact 9, 10, 11
Powder Puff Game
Senior Class Play
S.A.D.D 9, 10, 11 (V.P) 12 (President)

"Together...Always"
"Don't ever say you're on your way down, when God gave you style and gave you grace and put a smile upon your face."
-Coldplay

Ali

Key club 9, 10, 11(Governor N.E district)
Key Club 12 (President Key Club International)
Red Robin 11, 12
B.P A 10, 11
Drama Club 9, 10
Lacrosse 9, 10
Knitting Club 9, 10
Golf 11

"Everyday begins with possibilities. It's up to us to fit it with things that move us toward progress and pleasure."

Joe

Joseph Lepper

Andrew Lewis

Lacrosse 9, 10 11, 12
Soccer 9
Indoor Track 9
Biking
Outing Club

"To be ill, is a state of mind."
-NA
"The brave and daring may live for a short time but the cautious will never live."

Lewis, Lew

J.C.C basketball 11, 12
Basketball 9, 10
Track 10, 11, 12

Gregory Lewis

Squash
Cross Country 11, 12
Track 10, 11, 12
French Club 10, 11, 12
Interact 11, 12 (Secretary)
Math Team 10, 11, 12
Powder Puff Game
N.H.S 12
Doctor for a day 11
Mercy Hospital Volunteer 12

"Love is the answer at least for most of the questions in my heart, why are we here and where do we go and how come its so hard, its not always easy and sometimes life can be deceiving, I'll tell you one thing, its always better when were together."
-Jack Johnson

Anna Licht

Alexandra Litvinov

Drama Club, President
G.S.A, President
Rough Draft Co-Editor
Lyrics
Amnesty International, Secretary
Senior Class Play- director
French Club
Interact Club
N.H.S

"I cheated on a metaphysics exam- I looked into the soul of the boy sitting next to me."
- Woody Allen

Alex, Lit-v, Sasha, A- Lit, Livy, Schlitz

James Liu

Varsity Swimming 9, 10, 11, 12
N.H.S 11, 12
Science League 11, 12
Water Polo 11, 12
Life guarding 10, 11, 12
Chinese School 9, 10, 11, 12
Orchestra 10, 11, 12
"If it wasn't for the last minute nothing would get done."

N.H.S 11, 12
Key Club Board 10, 11, 12
Frisbee 12
Indoor Track 10, 11, 12
Outdoor Track 11
Football 9, 10
Lacrosse 9, 10
Math Team 11, 12

"It's a dangerous business, going out your door. You step onto the road, and if you don't keep your feet there's no knowing where you might be swept off to."

Robert Login

Margaret Lonergan

As Schools Match Wits 9, 10, 11, 12
Math Team 9, 10, 11, 12
Mock Trail 9, 10, 11, 12
Field Hockey 9, 10, 11, 12(Captain)
Softball 9, 10, 11, 12
Amnesty International 9 10-12(President)
N.H.S 11, 12
D.L.T 9, 10,11, 12
Key Club 9, 10, 11,12
Political work 9, 10, 11, 12
International Club 10, 11, 12

"Life's a banquet and most poor suckers are starving to death."
- Auntie Mame

Maggie, Mags, Marge, Peggy

"This is my wish for you: comfort; on difficult days, smiles; when sadness intrudes; rainbow; follows the clouds, hugs; when spirits sag, sunset; to war your heart, laughter, to kiss your lips, beauty; for your eyes to see, friendships; to brighten your being, faith; so you can believe, confidence; to know yourself, and love; to complete your life"

"You have brains in your head; you have feet in your shoes. You can steer yourself in any direction you choose. On the places you'll go"
- Dr. Seuss

Steph

Stephanie Lussier

N.H.S 11, 12 (Community Service Chair)
Yearbook 11, 12
Track 9, 10, 11
Key Club 9, 10, 11
Spain Trip 10
Greece Trip 06'
Powder Puff Game

"The Future belongs to those who believe in the beauty of their dreams"
-Eleanor Roosevelt

M.K

Mary Kate Lynch

Andrew MacDonald

Varsity Lacrosse 9, 10, 11, 12(Captain)
Basketball 9, 10 (Captain)
BPA 10, 11, 12 (Officer 11, 12)
Paddle Tennis 12
J.C.C Basketball 11, 12
J.C.C 8th Grade Basketball Coach 12
Celtics Fan 9, 10, 11, 12

"Save the world"
- John Rauseo

A. Mac, Andy Mac

Sarah MacDonald

Field Hockey 9, 10
Cross Country 11
Track and Field 9
B. P. A 11, 12(Vice President)
S.A.D.D 11, 12
Senior Class Play
Powder Puff Game
Faith Formation Teacher 11
Field Hockey Manager 12
Basketball Manager 9

"And if you listen very hard the tune will come to you at last. When all are one and one is all, to be a rock and not to roll."
- Led Zeppelin

"Together… Always."

Sar, SMAC, smaccem

"Go Red Sox"

Cuso

Michael Mancuso

Soccer 9, 10
Softball 9, 10, 11, 12

"Don't cry because it's over. Smile because it happened."

Cassandra Mansfield

Basketball 9
Mobil 9, 10, 11
Touch of Garlic 10
Kiddly Winks 11
Powder Puff game

"I wanted a perfect ending. Now I've learned the hard way, that some poems don't rhyme, and some stories don't have a clean beginning, middle and end. Life is about not knowing, having to change, taking the moment, and making the best of it, without knowing what's going to happen next."

Ky

Kylee Mante

Track 9, 10, 11, 12
Lyrics 10, 11, 12
Orchestra 9, 10, 11, 12
Cantori 11, 12
Cross Country 9, 10, 11
Indoor Track 9, 10
Faith Club 10, 12

"If you don't like something change it. If you can't change it, change your attitude."

"the most powerful weapon on Earth is the human soul on fire."

Jen, Jenny, Jmanz, Manzi, Shmanz, Jenjen

Jennifer Manzi

Timothy Marinelli

Track 9, 10, 11, 12
Saxophone 9, 10, 11, 12
N.H.S 11, 12 (President)
Football 9, 10
Diving 9, 10, 11
Math League 11, 12
Science League 11, 12
Handbell Choir 9, 10, 11, 12

"How many legs does a dog have if you call the tail a leg? Four; calling a tail a leg doesn't make it a leg."
-Abraham Lincoln
"Try not to become a man of success but rather try to become a man of value."
- Albert Einstein

Timmy, Bo, Bongo Master, Flex, Timberley

Swimming 9, 10, 11
Crew 11, 12
Lifeguard 10, 11, 12
Knitting Club 10, 11, 12
Key Club 9, 10
Dance 10, 11

"Cuz these are the days were giving, these are the years were living these are the moments, these are the times, Lets make the best out of our lives."

"To the world you might be one person but to one person you might be the world."

Manda, Marsha

Amanda Marsh

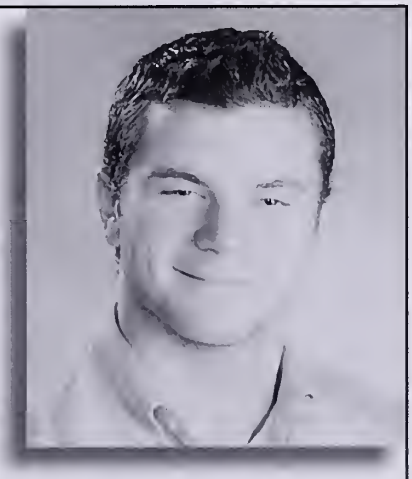
Football 9, 10, 11
Wrestling
Lacrosse 9, 10, 11, 12
U.S.M.C D.C Marathon
Boston Marathon

"Don't let your dreams be dreams, and this livin' ain't as hard as it seems."
-J.J

"Curiosity killed the cat, but for a while I was suspect."

"If you listen very hard, the tune will come to you at last. When all are one and one are all, to be a rock and not to roll.
-Led Zeppelin

Bernie



Bernard Marshall

Seana Mazzarino

Crew 11, 12
N.H.S 11, 12
Key Club 11, 1 2
Lacrosse 9, 10
Soccer 9, 10
Indoor Track 9

"Dream as if you'll live forever. Live as if you'll die today."
-James Dean

Mazz

Golf 11, 12
Hockey 9, 10
Eagle Scout

"Don't let them take you down you'll have a better world than you found."

"To be yourself is all you can do."

"What is the chemical formula for Orange juice."

Jack, Canada, Jack John, Eagle Scout

John McCarthy

"They say people in your life are seasons and anything that happens is for a reason."
- Kanye West

Kels

Kelsey McClure

Michael McColgan

Snowboarding 9, 10, 11, 1 2
Indoor Track 9, 10, 11, 12
Outdoor track 9, 10, 11, 12
Football 11
N.H.S 11, 12
Golf 11, 12

"The best way out is always through."
-Robert Frost

M n M's, Muzzy, Charlie Brown, Good son, Maholllcolgan

Caitlin McDonough

"Listen baby I got something to say I got no car and its breaking my heart, but I've found a driver and that's a start."

"Deep in the jungle where the mighty tiger lies..."

Ryan Mckee

Gregory McQuade

Baseball 9, 10
Football 9, 10, 12
Indoor track 9, 10, 11
Outdoor Track 11
C.V.S 11
CCD teacher 12

"God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."
-Reinhold Niebuhr

"Aren't we forgetting the true meaning of Christmas? You know the birth of Santa."

Greg, GmcQ

Hannah Micley

Drama 9, 10, 11 (Board Member)
S.A.D.D 11, 12 (Secretary)
N.H.S 11, 12
E.Q.U.U. S 9, 10, 11, 12
Senior Class Play
Horseback Riding 9, 10, 11, 12
Majestic Theater Internship 11
Interact 10, 11
Babysitting 9, 10, 11, 12
Tutor 9, 10, 11

"All words that rhyme mean the same thing."
-Bob Dylan

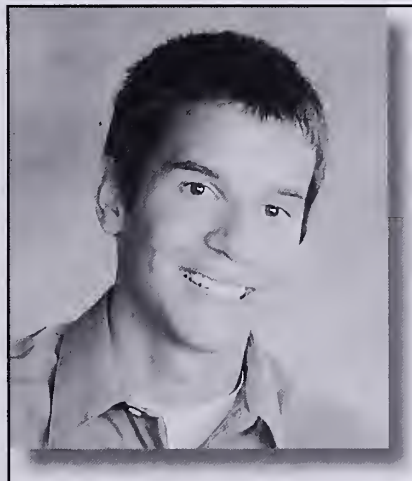
Hmics, Nanners

Connor Miehm

Baseball 9, 10, 11, 12
Symphony Orchestra 9, 10, 11, 12
CCD teacher 11, 12
Science League 12
Golf Caddie 9, 10
Football 9, 10
Water Polo 11, 12
Basketball 9
Alter Server 9, 10 11, 12
Indoor Track 12

"The wisest men follow their own direction."
-Euripides
"Many of life's failures are people who did not realize ıow close they were to success when they gave up."
- Thomas Edison

Miehmer, Mime



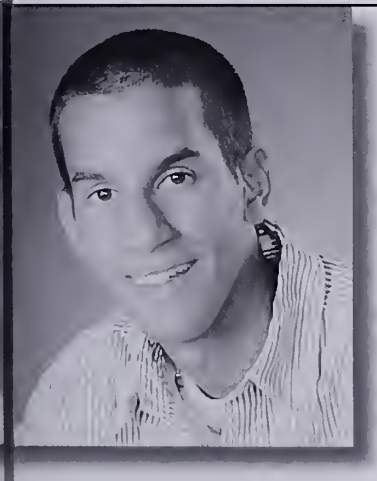
Hari Mylvaganam

Tennis 10, 11, 1 2
Concert Band 9, 10, 11
N.H.S 11, 1 2
Key Cub 10, 11, 12
Science League 11, 12

"The longer I live the more I see that I am never wrong about anything."
- George Bernard Shaw

"Failure is not an option it's a nagging possibility that helps me stay focused."

Mylvag, Hair



Ruben Mylvaganam

Tennis 10, 11, 12
N.H.S 11, 12
Key Club 10, 11, 12
Science League 11, 12
Pep Band 9, 10, 11

" I don't wan to achieve immortality through my work; I want to achieve immortality through not dying."
- Woody Allen

" First they ignore you; then they laugh at you, then they fight you, then you win."
- Mahatma Gandhi

Rube, Rubes, Mylvag

Ryan Nelson

Ultimate Frisbee 11, 12
(Captain)
N.H.S 12
Key Club 11, 12
(Board Member)
Indoor Track 10, 11, 12

" Long you live and high you fly and smiles you'll give and tears you'll cry and all you touch and all you see is all your life will ever be."
- Pink Floyd

Nelson, Nelly

Lyndsey Neville

Indoor track and Field 9, 10, 11, 12 (Captain)
Track and Field 9, 10, 11, 12
Orchestra 9, 10, 11, 12
Life Guarding 11, 12
Senior Class Play

"If you keep on believing the dream that you wish will come true."
-Cinderalla

Neville, LNev

Wind Ensemble 9, 10, 11, 12
Jet Jotter 10, 11, 12
Impressions 9, 10, 11, 12
N.H.S 11, 12
Drama Club 9, 10, 11, 12

" One can never creep when one feels an impulse to soar."
- Helen Keller

" I want to stand as close to the edge as I can without going over. Out on the edge you see all the kinds of things you can't see from the center."
- Kurt Vonnegut

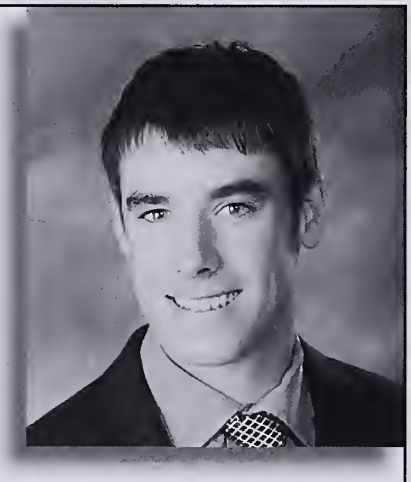
" Back up the rude train."

Emmer, Em, Emmafer

Emma Newcombe

Golf 9, 10, 11, 12 (Captain)
Hockey 9, 10
Key Club 10, 11, 12
Business Club 11,12

Shmickel



Ian Nicoll

John Niedzwiecki

C.V.S 11, 12
CCD teacher 12
Demolay 9, 10, 11, 12

" Take your time...don't live too fast, troubles will come and they will pass."
- Lynard Skynard

Goofy, Nedz, Niedzwiecki, Johnny

Christina Nilsson

Tennis 9, 10, 11, 12 (Captain)
Wind Ensemble 9, 10, 11, 12
Key Club 10, 11, 12
N.H.S 11, 12
Sr. Districts 10, 11, 12

"Finish each day and be done with it. You have done what you could; some blunders and absurdities have crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it serenely and with too high a spirit to be encumbered with your old nonsense."
- Ralph Waldo Emerson

Stina, Sti

Diving
Track and Field
Anime Club

" Prepare for the worst, hope for the best, and take what comes."

" Pick up what's left of your shattered mind, forget the pieces you left behind."
- Roxanne M.

OC, Dictator

Heather O'Connell

Cheerleading 9, 10, 11, 12 (Captain)
CCD 12
Esscentials 9, 10, 11,12
Yearbook 12
Senior Class Play

"A girl should be two things, Classy and Fabulous."
- Coco Chanel

O'Donnell, Liner, Megs, O'D

Meghan O'Donnell

Swimming 9, 10, 11, 12 (Captain)
Field Hockey 9, 10, 11, 12 (Captain)
Drama Club 9, 10, 11, 12
SCC Lifeguard 10, 11, 12
Women's Chorus/La Capella 9, 10, 11, 12
N.H.S 11, 12
CCD teacher 10, 11, 12

"Stay classy San Diego."
- Anchorman

"Together...Always"

Kell, Kells, Kelly-ellen

Kellen O'Gara

Water polo

"If it bleeds, then we can kill it." Arnold Schwarzenegger

Dumps

Gregory Omartian

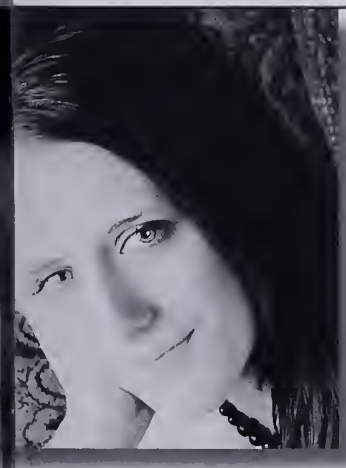
Lindsay Palazzi

Lyrics 10, 11, 12
La Capella 9
Concert Band 9, 10, 12 (Section Leader)
Varsity Cheerleading 9, 10, 11, 12 (Captain)
Spanish Club 10, 11
Yearbook 10, 11, 12
NHS 11, 12
Senior Class Play

"So much time and so little to do. Wait a minute. Strike that. Reverse it." – Willy Wonka

"Nothing is so impenetrable as laughter in a language you don't understand." – William Golding

Palaz, Linds



Women's Chorus 9
Lyrics 10, 11, 12
I Cantori 10, 11, 12
Senior District 12
All State 12
All State Jazz 12
Big Y 11, 12

"Hey mister tambourine man, play a song for me"
– Bob Dylan

"Ok...I gotta go now."
– The Ramones

Maddie, Meds

Madalyn Palmer

Horses 9, 10, 11, 12
Concert Band 9, 10, 11, 12
Senior Class Play

"Your horse is not disobedient, he is fresh."
– George Morrison

"Courage is not the absence of fear, but rather the judgment that something is more important than fear. The brave may not live forever, but the cautious do not live at all."
– The Princess Diaries

Papal

Sarah Papale

Scott Pascal

Ski team
Jet Jotter

"If you would be a real seeker of truth, it is necessary that at least once in your life you doubt, as far as possible of things."
– Rene Descartes

"I may not have gone where I intended to go, but I think I have ended up where I needed to be."
– Douglas Adams

Dana Banana, Day, Little D, Pequena D, Dona Gonzalez

Dana Peck

Football 9, 10, 11, 12
Ski Team 9, 10, 11, 12 (Captain)

"History is written by those who have hanged heroes."
- Braveheart

"You can take away our phones and you can take away our keys, but you can't take away our dreams." – "That's right, because we like sleeping through them."
- Night at the Roxbury

Pecker, Peckers, Peck

Geoffrey Peck

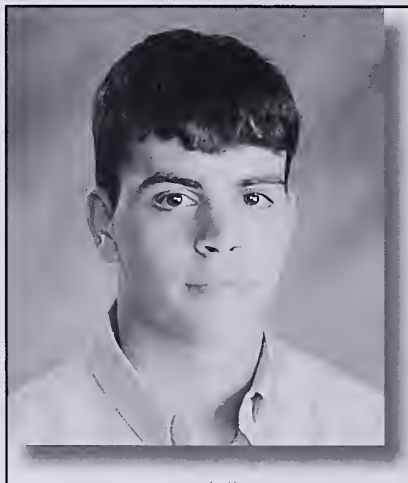
Dylan Petitt

Wrestling 9, 10, 11, 12
Baseball 9, 10, 11, 12
Soccer 10
Football 9
Tennis
Landscaping – Twin Hills, Nantucket Landscaping

"Ingenuity, plus courage, plus work, equals miracles."
– Bob Richards

"You don't get to choose how you're going to die, or when, you can only decide how you're going to live. Now!"
– Joan Baez

Petitt



Brian Phillips

Hockey 9, 10, 11, 12 (Assistant Captain)
Baseball 9, 11
Key Club
USA Hockey Official
Hockey Coach

"It's not the size of the dog in the fight, it's the size of the fight in the dog."

"Five Hole" Phil, Phil, B.Phil

Football 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
NHS 11, 12
BPA
Debate

Joe

Joseph Piccuirro

Robert Pohli

Football 9, 10, 11
Wrestling 10, 11
Track & Field 11, 12
Men's Chorus 9, 10, 11, 12
Senior Class Play

"To give anything less than your best is to sacrifice the gift." – Steve Prefontaine

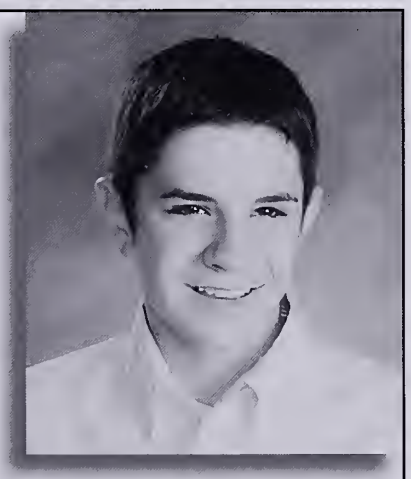
"Hey, let's drink from the cup and share some luck, go ahead and laugh cause it don't cost much." – Dispatch

Rob, Ropo, Pohli

"Life is too important to be taken seriously." – Oscar Wilde

Ben

Benjamin Porway



Bryan Premont

Rachel Rancourt

Senior Class Play
Powder Puff

"Wherever life takes you, big cities, small towns, you will inevitably come across small minds. People who think they are better than you are. People who think that material things or being pretty or popular makes you a worthwhile human being. But none of these things matter unless you have strength of character, integrity, and a sense of pride... So when you meet a person for the first time, please don't judge them by their station in life. Because, who knows, that person just might end up being your best friend." – Dawson's Creek

Vanessa Rea

Sophomore Class President
Foreign Exchange 11
B.P.A 11, 12 (Vice President)
Greece Trip
N.H.S
Lacrosse 9, 10
Cross Country 10, 11
Soccer 9
Indoor Track 10

"I'm glad I did it. Partly because it was well worth it, but chiefly because I shall never have to do it again."

Maddy, Mads, Reavo

Madeleine Reavey

Brett Reiter

Lacrosse 9, 10, 11, 12
Soccer 9, 10, 11
Wind Ensemble 10, 11, 12
Mock Trial 9, 10
B. P. A 10, 11, 12

"A wrong decision is better than indecision,"
- Tony Soprano

Brettsky, Reiter

Volleyball 9, 10, 11, 12(Captain)
Tennis 9, 10, 11, 12 (Captain)
Long. Park and Rec. Volleyball Clinic
Powder Puff
Senior Class Play
Yearbook

" I don't want to wake up and realize what I was dreaming was right in front of my shut eyes. I don't want to stop saying hello for fear of saying good-bye."

Ernmly, Dobby

Erin Reiter

"Bite my lip and close my eyes. Take me away to Paradise."
-Billie Joe Armstrong

John Reusch

Anthony Riley

Football 9, 10, 11, 12 (Captain)
Baseball 9, 10, 11, 12
Chorus 9, 10

"My friend asked me if I wanted a frozen banana, I sai no, but I wanted a regular banana later so I said ya."
-Mitch Hedberg

"I'm Brian Griggs"
- Brian Griggs

Tony, Oaf, T Rizzle

Meghan Riley

Lyrics 9, 10, 11, 12 (Section Leader 11, 12)
I Cantori 10, 11, 12
All State 10, 11, 12(Jazz 12)
N.H.S 11, 12
Volleyball 9, 10, 11, 12(Captain)
Mock Trial 9, 10, 11, 12
S.A.D.D 12 (Treasurer)

"Pop the cork, a champagne glass. Raise to the future, drink to the past. Thank the Lord for the friends he cast in the play he wrote for you."
-Ellis Paul

"Laugh its ok"
-JSL

Meg, Meggels, Riles

CCD teacher 9, 10, 11, 12
Yearbook 12
Young Republicans 12
Powder Puff game
Senior Class Play

"Remember, if you ever need a helping hand, it's at the end of your arm. As you get older, remember you have another hand. The first is to help yourself, the second is to help others."

Angelina Rinaldi

Andre Robitaille

Ice Hockey 9, 10, 11, 12
Bane's Attic Club 11, 12
Juan Pablo Montoya Fan Club 11, 12
Disgustang Racing
LSC

"The worst shot is the one you don't take."
-Wayne Gretzky

Dre, Dre-Funk, Red Light, G.S.

Women's Group 9
Women's Chorus 9
Dance Team 9, 10
La Capella 10, 11, 12
Powder Puff 12
Storrs Library 12
The Local Phone Company 12
"Yesterday is but a dream and tomorrow is only a vision. But today well lived, makes every yesterday a dream of happiness and every tomorrow a vision of hope."
-Sanskrit Proverb

"The hardest battle you're ever gonna fight is the battle to just be you."

Weenie, J-Weenie, J-Po

Justine Rosazza

Lyrics
Orchestra
Jazz Band
NHS
2005 Grammy Band

Don't measure the duration of your life in time, but rather in achievements and events."
-David Rosenthal

David Rosenthal

Nicholas Rufo

Marina Ruge

Powder Puff Game 12

"There is no end to the adventures that we can have if only we seek them with our eyes open."
-Nehru

Golf (Varsity) 10, 11, 12
Hockey (Varsity) 10, 11, 12

"The best is yet to come."

Jake

John Ryan

Soccer 9, 10 (Varsity)
Powder Puff 12
Lacrosse 9
Senior Class Play 12

"Together... Always"

Salvati, Lins, Salvats, Sal

Lindsay Salvati

Football 10
Track 11, 12
Indoor Track 12
Basketball Manager (Varsity) 10

"I am only one, but I am still one. I cannot do everything, but still I can do something. And because I cannot do everything, I will not refuse to do something that I can do."
- Edward Everett

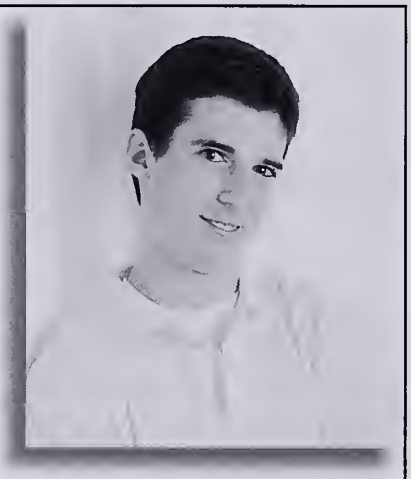
"The greater the difficulty, the more glory in surmounting it."
- Epictetus

Dubya, W, Maverick, Mav

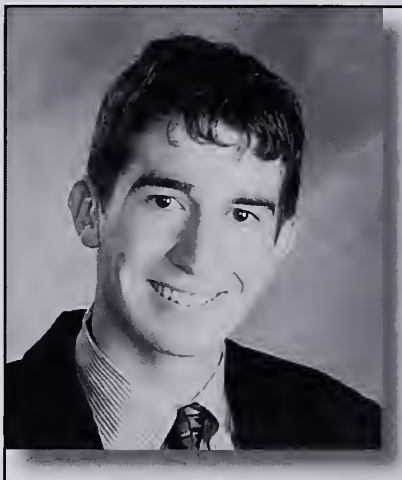
Warren Samuels

"Let the games begin." HIYO!!!

Scans, Scanny, Scan Man, Scanner, DScans, Dyl



Dylan Scanlon



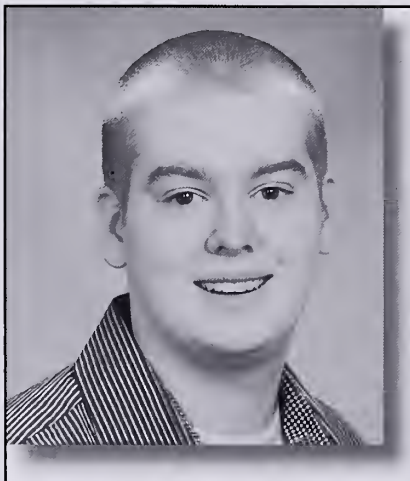
Outdoor Track 9, 10, 11, 12 (Captain)
Indoor Track 9, 10, 11, 12 (Captain)
NHS 11, 12
Key Club 11, 12
Jet Jotter 12

"There is nothing impossible to him who will try."
-Alexander

"Ladies and gentlemen, can I please have your attention. I've just been handed an urgent and horrifying news story. I need all of you to stop what you are doing and listen. Cannonball!"
- Ron Burgundy

Schilly, Schillman, Schillberg

Benjamin Schill



Programming Club 9, 10, 11, 12(President)
Science Club 9, 10, 11, 12
Bowling 10, 11, 12
Big Y 10, 11, 12
Boy Scout 9, 10, 11, 12

"A genuine leader is not a searcher for consensus, but a molder of consensus."

Schroydoy

Matthew Schroyer

Big Y 10, 11, 12
Bottle 9, 10

"Each small victory improves the odds that will triumph at the moment of truth."

Seanster

Sean Seaton

National Honor Society 11, 12

Steve-o

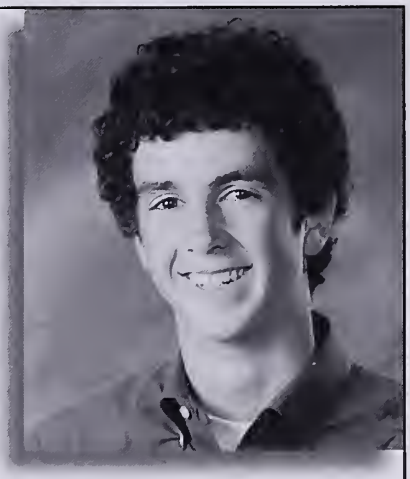
Steven Selden

Soccer 10, 11
China Club 10, 11, 12
Ultimate Frisbee 12

" Life is good"

"How happy is the blameless vestal's lot! The world forgetting by the world forgot. Eternal sunshine of the spotless mind!"

Shapiro



Ryan Shapiro

Unity Club 10, 11(Treasurer), 12(President)
Outdoor Track and Field 10, 11, 12
La Cappella 9, 10, 11, 12

" Wake-up in the morning, look at yourself in the mirror, and say 'I love me'. Even with all your flaws and all your downfalls, you're still the best because of who you are."

-Mary Mary

Shaw, Shawdizzle, Ashy, Ash

Ashley Shaw

Football 9, 10, 11, 12
JCC Basketball 11, 12
Lacrosse 9
Track 10
Men's Chorus 9
Lyrics 9, 10, 11
Young Republican Club 11
CVS 12

"We may lose or we may win, but we'll never be here again so open up I'm climbing in and take it easy"

-The Eagles

"We don't talk about it, we be about it"

-Willi Mcbinest

Mike, Mikey

Michael Shea

Golf 9, 10, 11, 12 (Captain)

" One thing kids like is to be tricked. For instance, I was going to take my little nephew to Disneyland, but instead I drove him to an old burn-out warehouse. 'Oh, no' I said. 'Disneyland burned down.' He cried, but I think that deep down, he thought it was a pretty good joke. I started to drive over to the real Disneyland, but it was getting pretty late." -Jack Handy

"Worrying is like a rocking chair. It gives you something to do, but it doesn't get you anywhere." -Van Wilder

Shicko, Shcoot

John Shicko

Soccer 9
Baseball 9, 10, 11
Wrestling 9, 10, 11, 12
Fish weaving Club 9, 10
Tree Climbing Team 10, 11

" It's very dangerous to wave to people you don't know because what if they don't have hands? They'll think you're cocky."

-Andrew Grassetti

Shotty

Brian Shotland

Megan Sikand

Cheerleading 10, 11
Subway 10, 11
Six Flags 11, 12
Target 12

"If I had to live my life again, I'd make the same mistakes, only sooner."
-Tallulah Bankhead

Cookie, Chris

Christine Simmons

Volunteer 9, 10, 11, 12
Cheerleading 9, 10, 11
Powder Puff 12

"Life might not be the party we hoped for, but while we're here we might as well dance."

Val

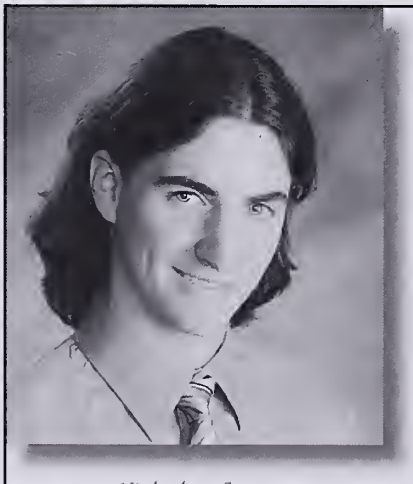
Valerie Skalinsky

Daniel Skehan

Programming Club 10, 11, 12 (Treasurer)
Wrestling 10, 11
Guitar 9, 10, 11, 12
Key Club 10, 11, 12
Armata's 10, 11, 12

"Our imagination is the only limit to what we can hope to have in the future."

Dan, DS, Mr. Dan



Nicholas Soar

Anime Club (Vice President)
Skiing

Nick

Key Club 9, 10, 11, 12
Drama Club 9, 10
Senior Class Play 12
Knitting Club 10, 11
Yearbook 12

"Dream as if you'll live forever, live as if you'll die today."

Michelle Squires

Sarah Squires

Key Club 10, 11, 12
USY 10, 11, 12
Drama Club 9, 10

"I don't believe that old cliché that good things come to those who wait. I think good things come to those who want something so bad they can't sit still."
-Ashton Kutcher

Sarbear, Squirrel, Squires

David St. George

Basketball 9, 10, 11, 12
Soccer 9

Stambo

Zachary Stambovsky

Alexander Stankiewicz

Basketball 11, 12 (Varsity)
Track and Field 10, 11, 12 (Varsity)
Water Polo Club 11, 12 (Founder)
Band 9, 10, 11, 12
Key Club 10, 11, 12

"Excellence is not a singular act, but a habit. You are what you repeatedly do."
-Shaq Daddy-The Big Aristotle

Stanks

Jameson Stark

Soccer 9, 10, 11, 12
Indoor Track 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
Track and Field 11, 12
Senior Class Play

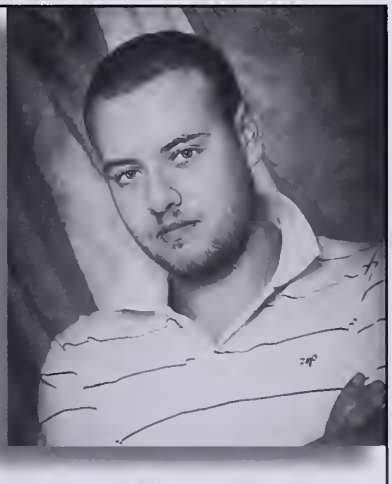
"We used to sit and wonder about the future. But now I'm thinking that today sounds fine to me."
-O.A.R.

Jamie

Water Polo Club (Founder and Captain)
Tennis (Captain)
Swim Team
NHS (Chairman)
Science League
Key Club

"History will be kind to me for I intend to write it."

Stein



Michael Stein

James Sullivan

Basketball (Varsity)
Football 9
Baseball
Basketball Coach

"It's not the size of the dog in the fight, it's the size of the fight in the dog."

"There's no such thing as a free meal."

Jimmy, J Sul

Senior Class Play
Powder Puff

"I always tell the girls, never take it seriously. If you never take it seriously, you never get hurt. If you never get hurt, you always have fun, and if you ever get lonely, you just go to the record store and visit your friends."
-Almost Famous

Kristyn Sullivan

Wind Ensemble 11, 12
Lyrics 12
Indoor Track 9, 10, 11
LCTV 12
Baseball 9
Concert Band 9, 10

"Take everything life has to offer, you only get to like it once."

Zack

Zachary Sweeney

Lee Taylor

The Disposables 9
The Alternatives 10, 11
Men's Chorus 10, 11, 12
Jet Jotter 10
Bottle Shop 9
Armata's 10
Senior Class Play

"When I throw away my past mistakes and complete my future, that's when I say .what the hey!"
-B.J.A

Marissa Teed

Soccer 9, 10, 11, 12
Basketball 9, 10, 11, 12
Softball 9, 10, 11, 12(Captain)
Athletic Internship 9, 10, 11, 12
Powder Puff
CCD 9, 10, 11, 12
"I've missed more than 9,000 shots in my career. I've lost almost 300 games, 26 times I've been trusted to take the game winning shot and missed. I've failed over and over, over again in my life. And that is why I succeed."

Teed, Maris, Teeder

Chilling
Relaxing
Chillaxing
Hanging out

"I'm out."
- W.J. Plaut, quoting Scareface from Half Baked

"The man a.k.a MC Skywalker a.k.a L.T Smash"

Luke Thomas

Liya Tochilnikova

Dance Team 9, 10
Storrs Library 9, 10
Dance 9, 10, 11, 12
Longmeadow Flowers 11
S.P.F.T.Y 11, 12
Senior Class Play

"When you judge another, you do not define them, you define yourself."
-Wayne Dyer

"Life is short, don't waste time worrying about what people think of you. Hold on to the ones that care, in the end they will be the only ones there."

Liyachka

Class treasurer 11, 12
Impressions 11
N.H.S 11, 12
Indoor Track 9, 11
Swimming 10
Powder Puff
Senior Class Play
Knitting Club 9, 10
"Were breaking and rebuilding, always growing, always guessing."
-Jack Johnson
"Saw the whole thing dude. First you were all like "whoa" and we were all like "whoa" and then you were like "whoa."
-Finding Nemo

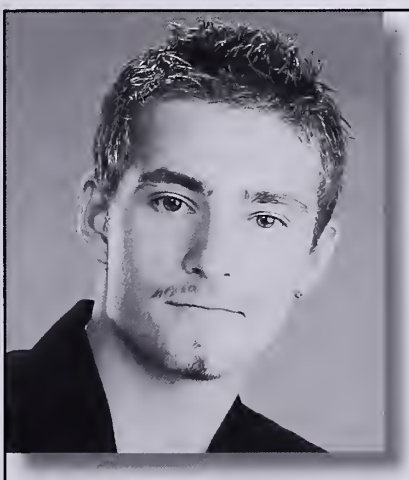
Jess, Jessie, J-Tops, Toppy

Jessica Topitzer

Concert band 9, 10, 11, 12
Pep Band 9, 10, 12
B.P.A 12
Football 11
Sears, Enfield 11, 12
"Hi, I'm Troy McClure, you may remember me from such educational films as, "Two Minus Three Equals Negative Fun" and "Firecrackers: The Silent Killers."
-Troy McClure

Tower of Power

David Tower



Kyle Tranghese

Michael Tranghese

Baseball 9, 10, 11, 12
Soccer 9, 10, 11, 12
Basketball 9, 10, 11
"I'm not here to judge."

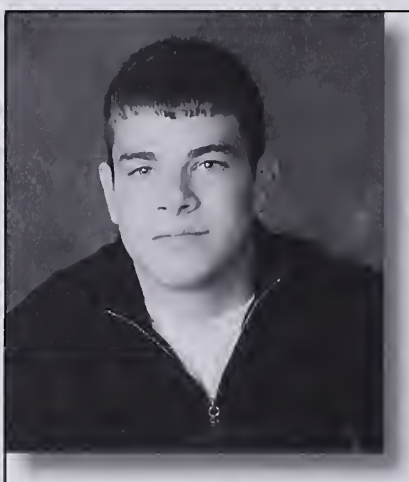
Ghese

Orchestra
Senior Class Play
Track
Cross Country
Ultimate Frisbee

"No, were never gonna survive unless we get a little crazy."
-Seal

Chris

Christopher Tredeau



Soccer 9, 10, 11, 12
Track 9, 10
"Enthusiasm is everything. It must be taught like a guitar string."

Tremble

Mark Tremble

Swimming 9, 10, 11, 12
Softball 9, 10, 11, 12
Impressions 10, 11, 12
Water Polo 11, 12
Senior Class Play
Powder puff
N.H.S 11. 12
Don't just Sit There 9, 10, 11, 12

"Shoot for the moon. Even if you miss, you will land amongst the stars."
-Lee Brown

Rona, Ray

Rayna Trietsch

Photographer at Ashley Photo

"The brave and the daring may live for a short time, but the cautious will never live."

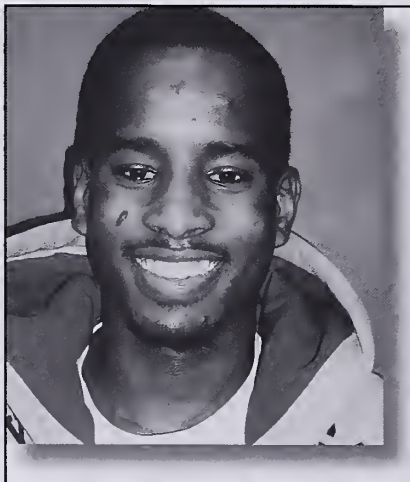
Ralph, Franco, Ralphie

Raffaele Truoiolo

"It's hard being fly buts it's something I have to do."

Young Anch

Vianchi Tulloch



Basketball

Lent Streetz, Ace Boogie

Vilenti Tulloch

B.P.A 10, 11, 12
Basketball 9, 10
Soccer 9
Senior class Play
CCD Teacher 10, 11, 12

"Memory is a way of holding onto the things you are, the things you love and the things you never want to loose."

"Together...always"

Er, E. Tuo, Tuohey, TuTu

Erin Tuohey

Key club 9, 10, 11, 12
Senior Class Play
Powder Puff Game
Yearbook
Sumner and Toner Insurance Agency 11, 12
N.H.S 11, 12

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you , too can be great."
- Mark Twain

J-Fer

Jennifer Turcotte

Yearbook 11, 12 (Editor)
Track and Field 9, 10, 11
Key Club 9, 10
Powder Puff
Drama Club 9
CCD Teacher 11, 12
N.H.S 11, 12
"I'll lean on you and you lean on me and we'll be okay."

"If you keep on believing, the dreams that you wish will come true."
-Cinderella
"There are places I'll remember, all my life though some have changed some forever not for better some have gone and some remain."
- The Beatles

T

Sara Turrini

La Cappella 9, 10, 11
Accidentals 11
Indoor Track 10
Yearbook 12
Senior Class Play
Powder Puff

"Life is far too important a thing ever to talk seriously about." –Oscar Wilde

Abbie, Bigail, Shabby

Abigail Twohig

Softball 9, 10, 11, 12
Field Hockey 9
Volleyball 10
Indoor Track 9, 0
La Capella 9, 10, 11, 12
"Work hard, play hard."
"Life goes on."
"Kit-Kat .hating us wont make you prettier."

Kate, KV, Vince Kit-Kat

Kaitlin Vincent

Track 9, 10, 11, 12

"Live like you're dying."

Squirrel, Wargzy

Stephanie Warga

Plaut Invitational 11, 12
Soccer 9, 10, 11, 12
Track and Field 11,12
Senior class Play
Leaf Eaters 10, 11,1 2
Basketball 9, 10
Ski Team 9, 10

"I made my life out of a stack of wood."
. -O.A.R

"Emancipate yourself from mental slavery, none but ourselves can free our minds."
- Bob Marley

Hot Fresh

Matthew Webber

Football 9, 10, 11, 12
Baseball 9, 10
J.C.C Basketball 11, 12
B.P.A 10, 11, 12
Youth basketball Coach 12

"Take care of your memories. For you can not relive them."
-Bob Dylan

J-Dub, Mr. Negative

Jesse Weiss

Wrestling 10, 11, 12
B.P.A 11, 12
Crew 11
Basketball 9
Volunteer at the Fire Dept. 9, 10, 11
The UPS Store

"Those who tried have achieved much more than those who never have."

Matt, M. Weiss

Matthew Weiss

Gymnastics 9, 10, 11, 12
N.H. S 11, 12
La Capella 10, 11, 12
Women's Chorus

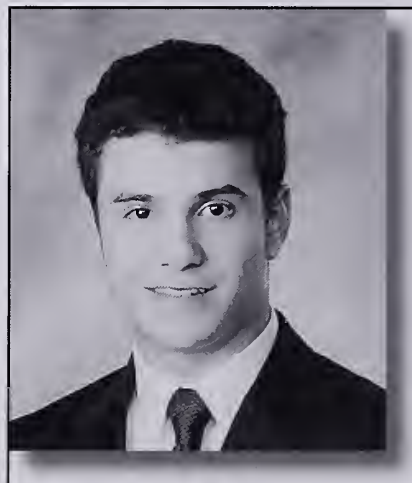
"As your Attoreny, I advise you to rent a very fast car with no top."
-Fear and Loathing in Las Vegas

Rachel Weiss

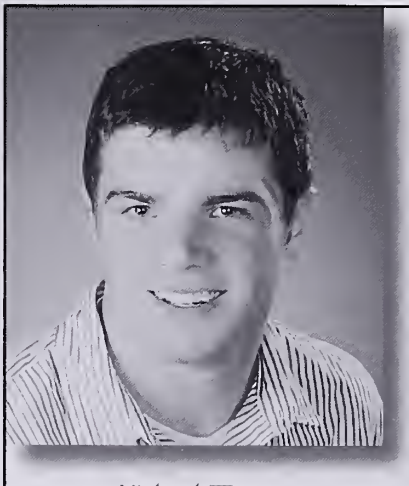
Hockey 9, 10, 11, 12 Captain
Lacrosse 9, 10, 11, 12
Yearbook Sports Editor 11, 12
Key club 9, 10
U.S.A Hockey official

"When you arrive at the fork i the road, take it."

Pauly, Weisser, P-Wise



Paul Weisser



Football 9, 10, 11, 12
Lacrosse 9, 10, 11

"Its better to burn out than to fade away."
-Neil Young

"Too much business."
-ME

Michael Wenc

Michael Wenning

Track Coach 9, 10, 11, 12
Men's chorus 9, 10, 11, 12
Lyrics 12
Senior District 11, 12
Senior Class Play 12
Ski Team 9, 10
CCD Teacher 12

"To teach is to learn twice."
-Isocrades

Zach

Zacharey Williams

Samuel Wise

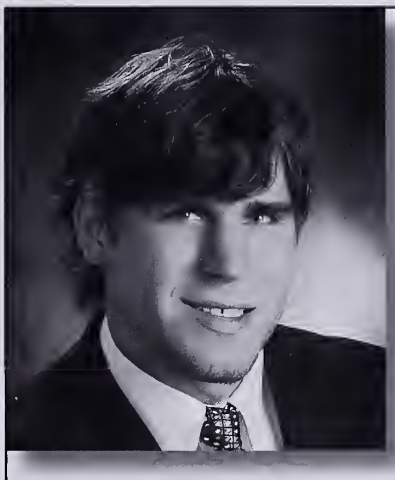
Soccer 9, 10, 11, 12 Captain
Lacrosse 9, 10
Powder Puff
Senior Class Play
Basketball 9, 10
Track and Field 11

Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."
-Dr. Seuss

"And you discover that the person you thought you were is no match to the one you really are."
-Unknown

Ky, Yams, Yammie

Kylee Yam



Football 9, 10, 11, 12
Lacrosse 9, 10, 11, 12 Captain
Swimming 9, 10, 11

"Dudes there's nothing."
- Jared Laptas

God

Todd Young

Ski Team 10, 11, 1 2 Captain
Lacrosse 10
Basketball 9
Senior Class Play
Intern with Pete 9
Bay State Games Lacrosse

"Be who you are and say how you feel because those who mind don't matter and those who matter don't mind."
- Dr. Seuss

Tan, Tany

Tanya Zilewicz

Soccer 9
U.S.Y 9, 10, 11, 12
C.I.S.V 9, 10, 11, 12
Interact 10, 11, 12
French Club 10, 11, 12
Yearbook 11, 12

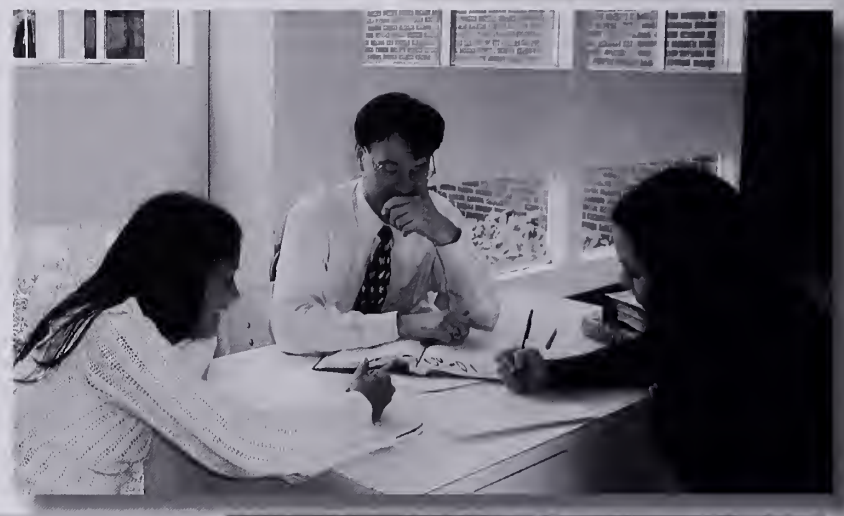
"To accomplish great things, we must not only act but dream, not only plan but believe."
-Anatole France

"This is the time when I can finally say that this has all been wonderful, but now I'm on my way."
-Phish

Elana Zygman

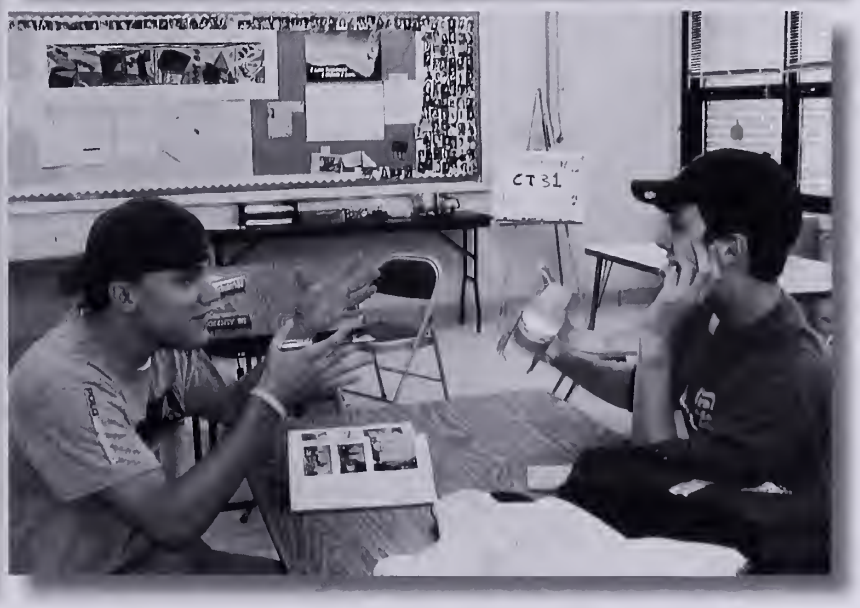
CONGRATULATIONS TO THE FOLLOWING SENIORS WHOSE PHOTOGRAPHS ARE UNAVILABLE:

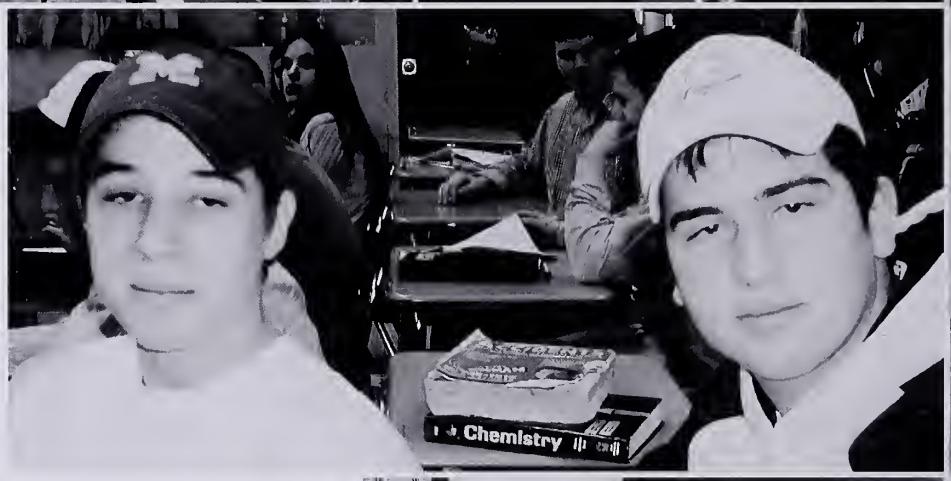
Jace Labonte
Andrea Marino
Matthew Ogden
David Reburn
Jonathan Fell
Thomas Gregorich
Margarita Sukonik
Patrick Adams
Yedidia Pollack
Jonathan Saffer
Jared Bertuzzi
Kevin Greenburg
Joseph Papurzynski
Alexandra Low

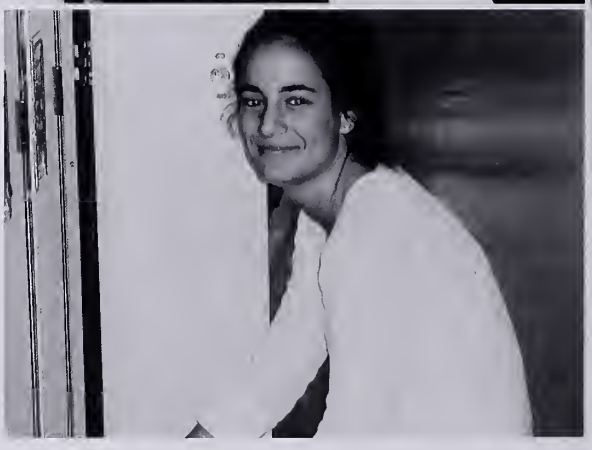


XI
LONGMEADOW
LACROSSE

PRIDE POISE


CT 31


Chemistry



2006

IT'S NEVER

just

Backpacks

&

Birkenstocks

juniors
up & coming

Junior Class Officers and Advisors

Casey Adams
Erica Albert
Matt Alexandru
Bryanna Alger
Steven Al-Husseini
Barry Almeida

Brendan Anderson
Haley Anderson
Jacquelyn Andrews
Katie Arrowsmith
David Art
Joshua Auerbach

Marisa Ayotte
Kathryn Bagley
Joseph Baker
Patrick Baker
Jeffrey Balaban
Jessica Ballis

Katherine Basile
Thomas Bearce
Autumn Beaulac
Stephanie Begg
Erika Belezarian
Patrick Bellenoit

Matthew Berg
Whitney Birtwell
Margot Bitzer
John Blain
Meghan Blakeman
Jeffrey Bloom

Vincent Branchini
Sean Brenker
Lauren Broderick
Shannon Brown
Andrew Burke
Eamonn Byrne

Neil Carroll
Jeemin Chang
Melody Chou
Richard Churchill
Michael Clark
Christopher Clough-Segall

John (Jack) Coady
Anna Cohn
Edward Comini
Kevin Conley
Jared Coughlin
Deborah Covey

Kara Croteau
Alexander Dalsey
Vincent D'Angelo
Kiara Daniels
Tyler Dawson
Nicholas Deluca

Nino Demarco
Robert Diamond
Sarah Dickstein
Melanie Dionisi
Meagan Dobson
Bridget Doherty

Christopher Donahue
Zachary Dragone
Nora Drapalski
Natalie Drucker
Linna Duan
Lindsey Dybdahl

Jeffrey Emanuel
Rebecca Engell
Bridget Fallon
Vanessa Fede
Cesare Federico
James Filomeno

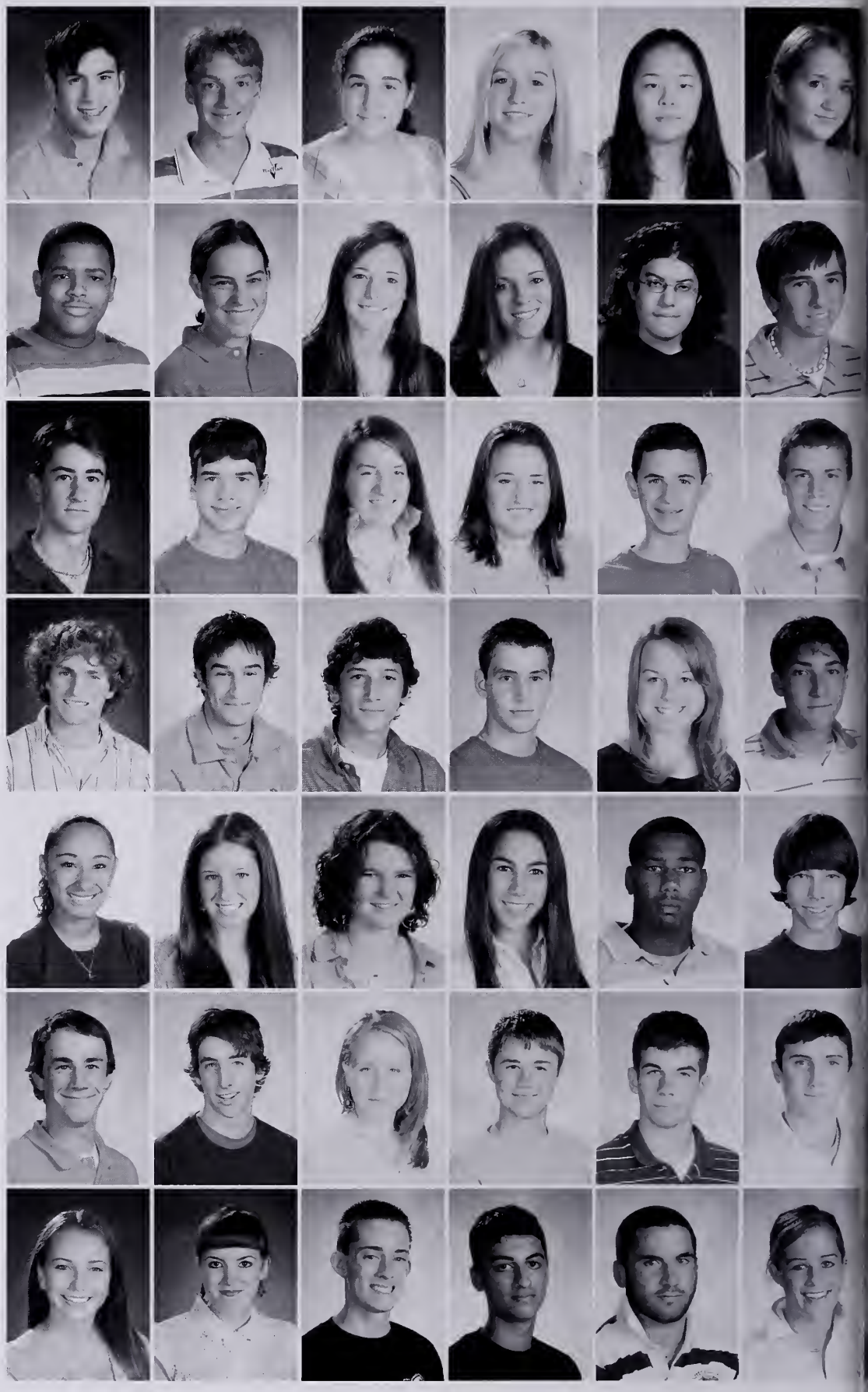
Nicholas Fioretti
Geoffrey Flemati
Meghan Foley
Kristine Fox
Benjamin Freedman
Stephen Fydenkevez

Nicholas Gang
Brandon Gauthier
Jonathan Gogel
Mike Green
Alyssa Grumoli
Alejandro Guardia

Luzed Guzman
Courtney Halista
Courtney Hall
Jessica Halpern
Ryan Harrison
Daniel Haryasz

Andrew Hayes
John Hayes
Molly Heffernan
Matthew Hibert
William Higgins
Nathan Hirsch

Caroline Hobert
Caitlin Humphrey
Thomas Hurley
Rehan Hussain
Nicolino (Nick) Iavicoli
Kristin Joyce



Scott Judson
Nicholas Kadushin
Alexander Kapinos
Daniella Kaye
Cameron Keady
Tyler Keane

Anne Kearing
Hillary Kellett
Samantha Kelly
Da-hae Kim
Thomas King
Alyssa Kipetz

Krista Koerner
Brittany Komack
Bryan Korman
Nathaniel Kornet
Timothy Kreinest
Courtney Kukla

Rachael Kusiak
Matthew Lachiusa
Lauren Lafountain
John Lake
Benjamin Lakritz
Jazlene Lasanta

Louis Lasko
Jonathan Lattell
James Laurenzano
Shayniqua Lawson
Bryant Le
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Elisabeth Lee
Megan Lee
Thea Libbos
Abbey Licht
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Christina Manzi
Jillian Manzi
Matthew Marotta

Jasmine Martinez
Jessica Mason
Clayton McGrath
Ryan McKenna
Christopher McMahon
Victor Melikian

Alexander Mendes
Dana Mengwasser
Jacqueline Meth
Chelsea Miller
David Miller
David Garrett Miller

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Anne Neil
Kayla Nelson
Arkady Norkin

Alexandra Novak
Meaghan O'Leary
Eric-paul Olsson
Andrea Ouellette
Bennett O`Brien
Neal Patel

Alexis Payne
Carly Payne
Andrew Pettersen
Crystal Phaneuf
Tiffany Phaneuf
Brittany Piccuirro

Daniel Poisson
Christopher Provenzano
Sean Quinn
Emily Race
Regina Raschi
Tyler Reilly-Evans

Sally Roberge
Laura Robinson
Sara Rome
Daniel Rossi
Amanda Routier
Adam Sampson

Andrew Samuels
Alexander Santaniello
Tyler Saremi
Tara Sarno
Zachary Sears
Christopher Seaton

Colin Shebar
Brendan Sheehan
Tariq Sheikh
Dana Shypula
Lisa Simmons
Sophie Skelton

Zachary Skole
Daniel Smith
Rita Sokolson
Thomas Sotiropoulos
Charles Spallino
Angela Stasiowski

Jack Steele
Jamie Sullivan
Katherine Sutherland
Richard Talbot
Maxwell Taylor
Ya-nais Thomas

Ya-nerra Thomas
David Tinervia
Jonathan Tobiasz
Mia Tosoni
Lianna Valdes
Dustin Van Schouwen

Mark Varteresian
Meaghan Veysey
Kasia Vincunas
Gina Warga
Dennis Wells
Stephanie Whitney

Anthony Willett
Nicholas Williamson
Carrie Wilson
Erin Wilson
Jessica Winer
Patricia Wytrwal

Dora Yang

Photos Not Available

Ginel Bascombe
Elizabeth Compton
Brenden Egan
Alexander Goodkowsky
Tyler Lawrence
Corey Marczark
James McGoldrick
Edward Mulhern
Myles Ochoa
Jillian O'Keefe
Alfredo Orejuela
David Packard
Charles Reilly
Tamara Sokolson

Juice
INIVEISITY
OF
RHODE

Class of 2008

sophomores
ladies & gentlemen

Sophmore Class Officers and Advisors

Jessica Abbott
Ernest Abrahamyan
Katerina Albano
Leonardo Alfarone
Brittany Alger
Richard Al-Husseini

Erika Anderson
Kara Anderson
Samuel Appleman
Christine Aye
Joshua Ayotte
Ashley Bailey

Francesco Barbuti
Jason Bardin
Michael Barnett
Scott Beaulac
Sara Beith
Rachael Bell

Vasiliy Belyy
Elizabeth Bennett
Elizabeth Benoit
Aviva Berezin
Alison Berg
David Berman

Ellen Berube
Michelle Blair
Anna Boborodea
Anna Bonfiglio
Daniel Bourdeau
Paul Brinnel

Derek Brown
Egypt Brown-Covington
Jad Bsat
Megan Burke
Kaitlyn Burns
Samantha Burton

Anthony Bussolari
Nicholas Cadirov
Claire Calderon
Bryanna Campbell
Marissa Chechette
Jackie Cheng

Theodore Chesbro
Lauria Chin
Kayla Clark
Michael Consedine
Victoria Cooper
Sara Covalli

Timothy Crimmins
Thomas Croteau
Alex Cuscovitch
Taylor Dakers
Alissa Danalis
Stefano Daniele

Brandon Daniels
Tara DeGiulio
Alecia D'Entremont
Shannon DiStefano
Anthony Donahue
Patrick Donnelly

Erik Douglas
John Doyle
Rebekah Ehrlich
Keelia Faber
Meghann Fahy
Anthony Famiglietti

Benjamin Fearn
Samantha Fields
Kimberly Flanders
Thomas Foley
Ryan Fortsch
Allison Fox

Matthew Gagne
Nicholas Gauthier
David Gentile
Elizabeth George
Dmitriy Gerasimchuk
Emily Gershen

Jacob Gofman
Elliott Gordon
Misha Graham
Caitlin Grant
Emma Gray
David Grayboff

Brittany Gyllenhammer
Meredith Hadley
Betsey Hanke
Margaret Hanmer
Kaitlin Hannigan
Phoebe Harris

Jasmine Harrison
Sammi Haskell
Nicholas Hatzis
Erin Healy
Taylor Hedges
Robert Henderson

John Henley
Christopher Hess
Megan Hibert
Michael Higham
Matthew Himmelsbach
Chase Hobert

Carolyn Hoff
Samuel Hopkins
Sarah Hopkins
Kenneth Howard
Arthur Hutchins II
Caitlin Izzo

Alexa Jacquemin
Chelsea Janes
Sarah Janes
Jason Jordan
Lauren Karas
Joseph Katz

Nathanael Kearse
Jeffrey Kelly
Peter Kenney
Sean Kenney
Sohee Kim
Gabrielle Krach

Ian Krach
Kelly Kreinest
Nikolas Kroisi
Benjamin Kronlund
Eliana Lakritz
Dominique Laliberte

Matthew Lantzakis
Alexander Latka
Matthew Lauro
Jennifer Levy
Kara Levy
Samuel Lewis

Tommy Li
Benjamin Liebel
Harrison Liebman
Peter Login
Michelle Loizzo
Frances Lonergan

Anna Lysik
Drew Mackenzie
Mollie Mackler
Eric Mallows
Jenna Mancuso
Alissa Mariano

Nicholas Marinelli
Casey Markenson
Madeleine Martin
Brendon Maryou
Siobhan Matty
Kaitlin McCabe

Andrew McCormack
Jessica McCoy
Sean McDermott
Thomas McDonald
Sean McDonough
Sam McGrath

Arthur McKeithen
Matthew McLean
Brian Mernoff
Gillian Mertens
Brett Methe
Christopher Michael

Julia Miehm
Madeline Miller
William Mooney
Devin Moreland
Robert Murphy
Alyssa Neville

Axel Nilsson
Zachary Nuzzo
Elizabeth Olney
Elizabeth Orr
Erin O`Brien
Michael Papale

James Pappas
Gavin Parker
Melanie Pascal
Rachel Patel
Jordyn Peck
Robert Petroff

Katerina Phillips
Erica Pierre-Pierre
Melinda Pinto
Donna Pohli
Margaret Poisson
Daniel Polaski

Rebecca Pratt
Courtney Preston
Rae Rasmussen
Harrison Rea
James Reardon
Sarah Reid

Patrick Reusch
Hannah Reuter
Kristy Riley
Jamie Rosenkrantz
Anna Russo
Bretta Ryan

Ryan Rzepka
Nina Santaniello
Kate Sapirstein
Marie Sato
Kimberly Schmidt
Collin Schmitt

Helen Schnaper
Katherine Schneider
Tyler Seabury
Nicholas Sergentanis
Kristyn Setterstrom
Jessica Shapiro

Daniel Shemesh
Matthew Sherman
Jessica Shvakhman
Gavin Sidman
Bruce Simmons
Alexandra Skole

Ethan Sobel
Emily Stankiewicz
Rachel Stein
Todd Stewart
Charlie Sullivan
Timothy Suzor

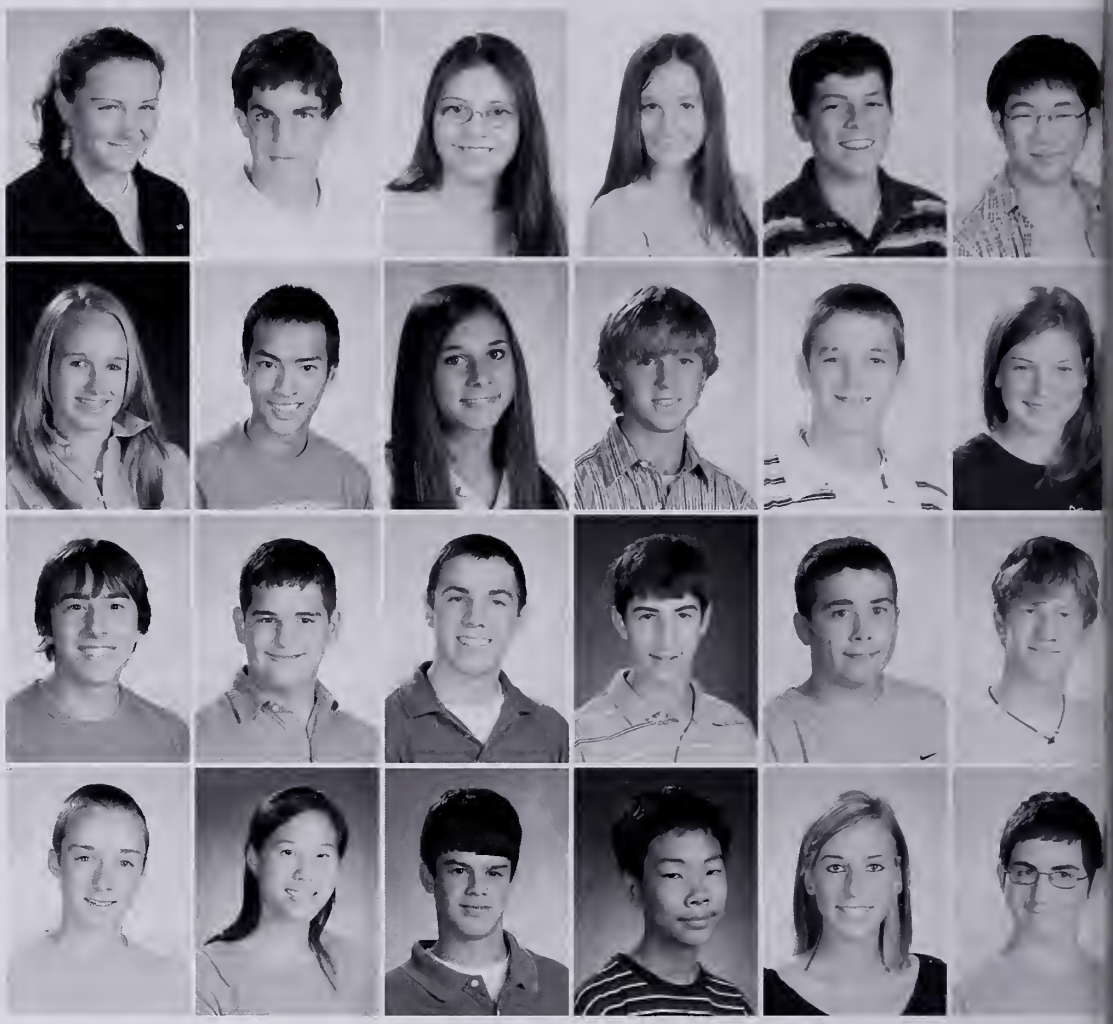
Joshua Taniwha
Miriam Thau
David Thor
Paige Tobin
Christopher Toebes
Nicholas Togneri

Monica Torpey
Alexander Tougias
Lauren Tower
Lauren Trank
Richard Travers
Jesse Tzeng

Corey Underwood
Steven Vien
Andrea Volk
Williams Walen
Brian Webber
Renate Weigand

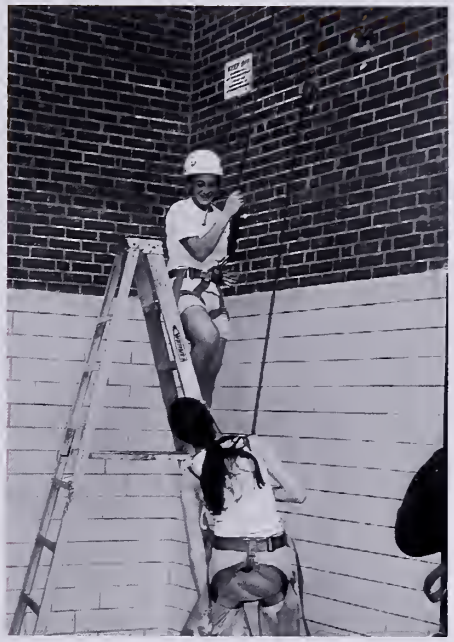
Benjamin Weiner
Matthew Weiss
Samuel Wenc
Daniel Wernick
Sampson Whitney
Franklin Williams

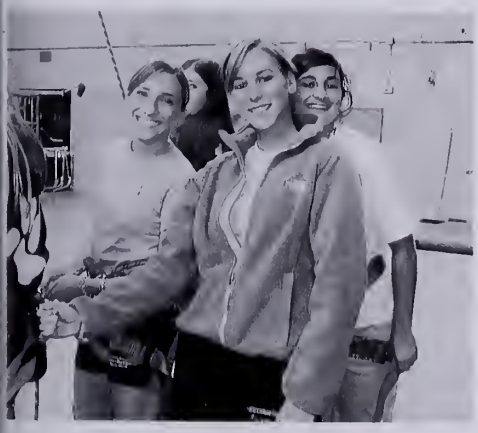
Matthew Wilson
Juliet Wu
John Yesu
Samuel Zhu
Jenna Zucker
Joshua Zygman



Photos Not Available

Lilly Baker, lauren Berrouard, Chelsea Cadirov, Michael Carlson, Iris Chatman, Andy Chou, Kevin Dillon, Benjamin Durfee, William Fitzgerald, Samuel Gerweck, Dana Knoll, Mark Kofman, Jonathan Kolb, Brian Magan, Simon Odentz, Ari Okun, David Parker, Nicholas Rabideau, Rachel Reuben, Joshua Stern, Timothy Suber



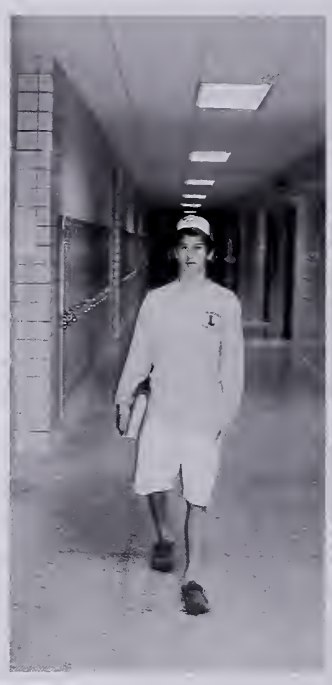


Class of 2009

freshmen

new & improved

Freshman Class Officers and Advisors



Leanne Aberdale
Anthony Adamski
Lyla Al-Husseini
Jessica Altro
Kyle Anderson
Sydney Andrews

Elise Balaban
Stephanie Ballis
Kate Baquis
Aaron Baru
Jamal Bascombe
Katherine Bensche

Polina Berdnikova
Andrew Berg
Maria Boborodea
Gennaro Bonfiglio
Eric Borowsky
Justin Brandstein

Emmet Brault
Julia Brenker
Matthew Breslau
Andrew Brown
Sarah Browne
Maria Caceres

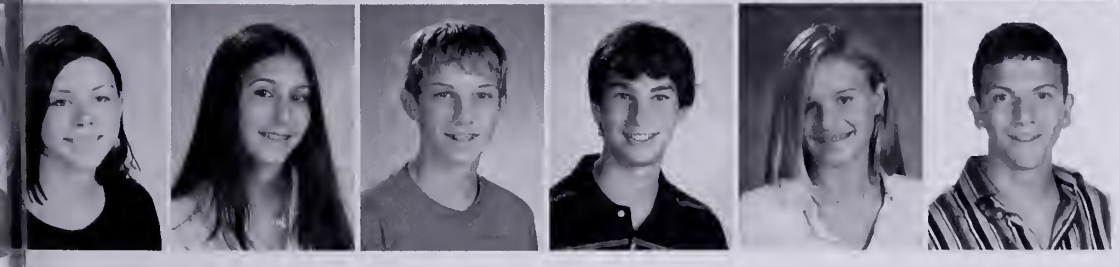
Lisa Caliento
Thomas Caliento
Jenna Carando
Cassidy Carlotto
Alexis Casaceli
Bryan Chamberlain

Alexa Ciciretti
Kyle Cieboter
Jared Ciejek
Jeffrey Cirillo
Dimitri Clarke
Alexandra Clayton

Mario Cocchi
Chelsea Comini
Taylor Coughlin
Courtney Craven
Daniel Cresci
Eliza Cress

Kennely Curran
Ethan Curtis
Michelle D'Angelo
Andrea Davis
Stephanie Degiulio
Michael Dejesus

Christopher Deluca
Matthew Demas
Connor Dendievel
Kristen Desmarais
Amie Dibbern
Nicholas Ditmar



Patricia Donnelly
Colleen Douglas
Evan Dowd
Christopher Dunn
Courtney Dunn
Tommaso D'Agostino

Saraya Edwards
Audrey Eisenmenger-Kaufman
John Emma
Nicholas Erwin
Melanie Famiglietti
James Farquhar

Deanna Fell
Lara Fereshetian
Francesco Ferrentino
David Feuling
Adrianna Fioretti
Amanda Fitzpatrick

James Fleming
Sydney Fluharty
Elisabeth Flynn
Marie Fortsch
Alessandra Frank
Neal Freyman

Oliver Friedberg
William Gagne-Maynard
Amanda Gagnon
Shari Gallucci
Brian Garreffi
Brendan Gavin

Victoria Gendreau
Thomas George
Jamie Gerlach
Jeffrey Greenbaum
Michael Greenberg
Michael Greim

Colin Griswold
Patrick Grow
Raquel Guardia
Jason Guo
Michael Halista
Lauren Halpern

An Harmanli
Emma Hauser
Corinne Heaton
Mallory Hinman
Talia Hirsch
Eric Holmes

Julie Horowitz
Joseph Hurley
Amber Hussain
Ashley Iancu
Leah Jackowitz
Zachary Jacobson

Justin Kakley
Benjamin Karim
David Karolinski
Akshay Kashikar
Abigail Katz
Kelly Keane

Madelaine Kearing
Lynsey Keator
Matthew Keefe
Ryan Kelleher
Olivia Kellett
Shanea Kelly-Jackson

Anne Kietzman
Jihoon Kim
Polyna Kim
Carly Kimball
Jillian Kirastoulis
Emma Klein

Joseph Koltz
Adam Krach
Daniel Krahala
Max Krevalin
Smily Kumar
Christine Kuphal

Kristen Lafountain
Sarah Lake
Danielle Lakritz
Brendan Landry
Markus Lauria
Tanner Ledwith

Jonathan Lepper
Shelby Leshine
Dana Lewis
James Liu
Kevin Lombard
Andrew Losee

Matthew MacKenzie
Richard MacLelland
Ethan Maier
Samantha Maniaci
Morgan Maxey
Jonathan Mazer

Maria Mazzarino
Caroline McCarthy
William McClure
Daniel McColgan
Brendan McCoy
Kyle McDermott

Stephen McKenna
Thomas McMahon
John McNamara
Mark Melikian
Matthew Mendes
Christina Mentor

Erin Mernoff
Brittany Merrill
Charles Merrill
Blake Metropoulos
Ariel Miller
Rickey Moore

Chandler Morehardt
Michael Morehardt
Stephen Mucci
Michael Muratore
Nikita Nayyar
Jane Nicholson

Adam Novak
Maksymilian Nowak
Tracy O'Connor
Robert O'Reilly
Bryant Ostrander
Nicole Owen

Ari Parzivand
Stephen Payne
Jessica Peet
Samuel Peters
Lauren Pettersen
Patrick Pettit

Zacharias Prescott
Hilary Purrington
Patrick Quirk
Megan Randall
Casey Reardon
Shelby Regan

Brandon Reilly-Evans
Fatma Rizvan
Avery Robinson
Leo Robitaille
Marissa Rodriguez
Emily Rome

William Rosen
Carlene Rossi
Collin Rowe
Vincent Rubinaccio
Stephen Russell
Angelina Sampson Mancuso

Gina Santaniello
Collin Santos
Tyler Scanlon
Rose Schack
Matthew Schweiger
William Scott

Alexander Scyocurka
Joshua Seidell
Michael Sergentanis
Jessica Setterstrom
Dana Shaker
Katherine Shallbetter

Jessica Shao
Emily Shotland
Nikolas Sierra
Michael Simmons
Jacob Skole
Derek Smith

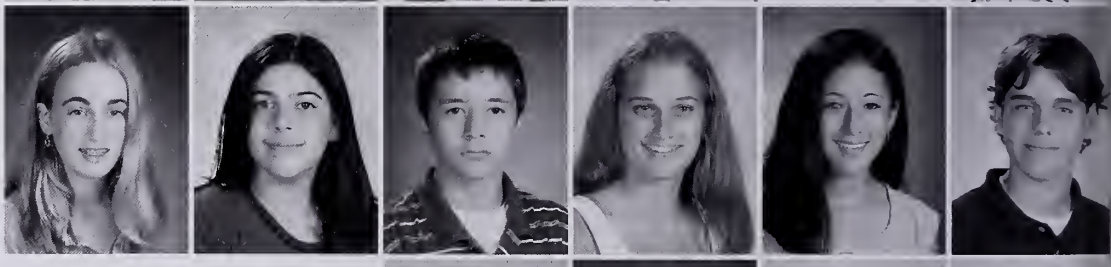
Hayden Smith
Kyle Smith
Amber Soucy
Joshua Stambovsky
Hannah Steele
William Sterritt

Ronald Struziak
Mark Sukonik
Brian Sullivan
Katie Sweet
Jaime Tamsin
Zachary Taylor

Lily Thomas
Ellen Topitzer
Brian Tracy
Sara Tufts
Alec Upperton
Amanda Varteresian

Madeleine Vivian
Griffin Wagner
Lisa Wawrzeniak
Patrice Webb
Ryan Webler
Michael Weiss

Kristen Wenning
Felicia White
Robert Wiles
Anna Woodward
Kelsey Yam
Thomas Young



Vincent Yu
Dina Zeller
Simon Zhang
Natalie Zucker

Photos Not Available

Edward Baker
Dante Hill

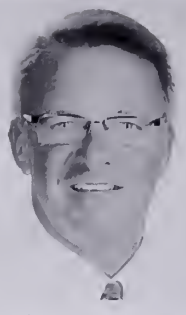
2006

IT'S NEVER *just*

Classes & Passes

FACULTY & STAFF

Scott AndersEn
Superintendent



Lawrence Berte
Principal

Tom Landers
Vice Principal

Vesta Brown
Dean of Students

Linda Ackley
Support Staff

Lisa Alves
Foreign Language

Ruthann August
Support Staff

Mary Ellen Barker
English

Sue Bayley
Science

Irene Bazos
Office Staff

Linda Berard
Support Staff

Amy Blackburn
Science

Amy Brazee
Social Studies

Barbara Burke
Support Staff

Maureen Cadieux
Office Staff

Deb Callahan
Art

Maggie Camp
Support Staff

Russell Campbell
Math

George Carellas
Foriegn Language

Cheryl Cassanova
Support Staff

Beth Chapdelaine
Art

Molly Colgan
Foriegn Language

Anne Marie Connor
Guidance

Chris Conz
Social Studies

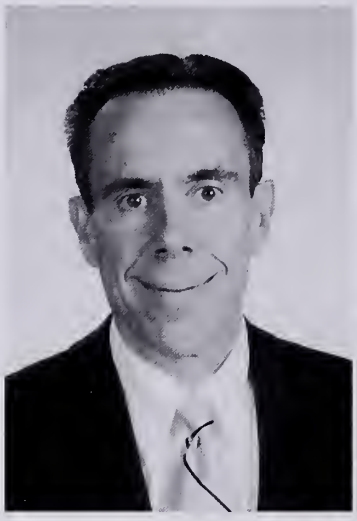
Mark Cormier
English

Janet Coyne
Science

Karen Cuthbert
Science

Linda Dagradi
Guidance

Mike Deary
Administration



John Devine
Guidance

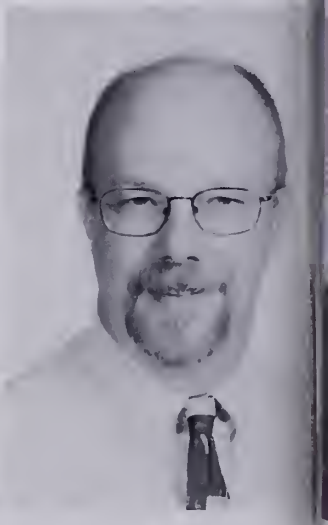
Jamie Dibbern
Science

Mary Ellen Dillon
Social Studies

Deana DiRico
Support Staff

Karla Drake
English

Nancy Duffy
World Language



Paul Dunkerly
Math

Patty Dussault
Support

Katleen Epaul
World Language

Gideon Fisher
Social Studies

Matt Flanagan
Business

Julia Fournier
Science

Carol Garvey
Office Staff

Jennifer Givens
English

Hillary Godin
Art

Laura Goldstein
English

Maria Golkar
Guidance

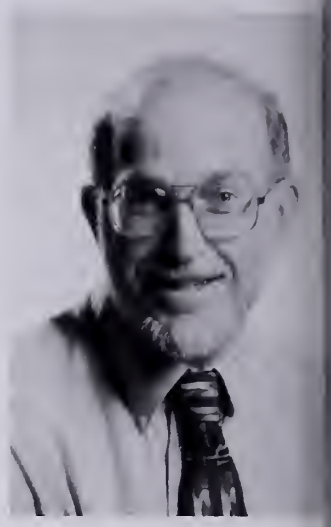
Jeff Goodwin
Science

Scott Layman
Staff

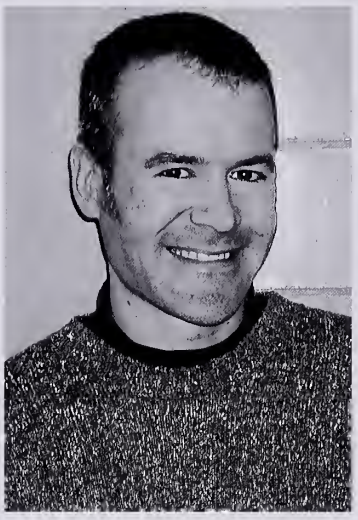
Ginny Guistina
Math

Rita Hawker
Gym

Lorie Healy
Foreign Language



Ron Hirsch
Science



Eric Howard
Science

Faith Hyland
Support Staff

Pauline Jacek
Math

Christine Kervain
Business

Heather Kosiorek
Social Studies

Tony Landers
Support Staff

Alene Lang
Library Staff

Meredith Laughlin
Math

Sue Lawson
Guidance

Scott Little
Math

Karen Locke
Support Staff

Donna Lyons
Guidance

Sandy Macdonald
M.E.T.C.O

Patrick Macgowan
Foriegn Language

Rita McGoldrick
Support Staff

Linda McPartlan
Guidance

Linda McShane
English

Keith Metzger
Math

Ann Moore
Support Staff

Jessica Moore
English

Holly Moren
English

Joan Morey
Student Office

Vivian Morse
Business

Mike Mucci
Music

Jane Murphy
English

Judy Neilson
Art

Tiffany Newton
Science

Rob O'Connell
Math

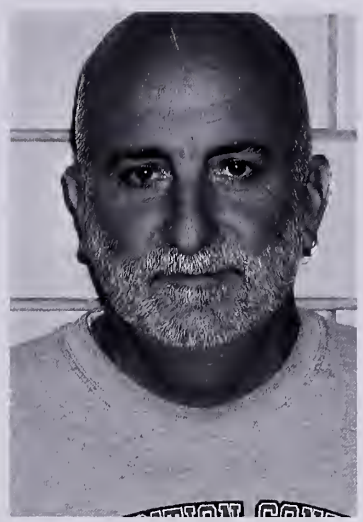
Cindy O' Malley
Support Staff

Karen Omartian
Office

John Pantuosco
Business

Stacy Palozie
Social Studies

Sue Peters
Math



Adrain Phaneuf
Maintenance Supervision

Pam Pion
English

Robert Pisani
Student Support

Janice Pontacoloni
English

Joseph Porter
Science

Carol Rhodes
Foreign Language

Kate Rhodes
PAC room

Lori Robbins
Library Staff

Mike Rosemond
Guidance

Jennifer Rousseau
Support Staff

Alex Rotsko
PE

Bethanie Sawyer
World Languages

Megan Schwartz
Social Studies

Judy Scott
Support Staff

Karen Shea
Math

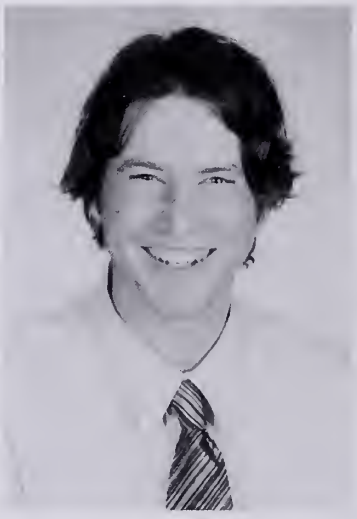
Joanne Sleigh
Science

Lori Snyder
Social Studies

Mark Staples
English

Charlotte Steele
Nurse

Nick St. George
PE



Geoff St. Pierre
Math

Joe Sweeney
Social Studies

Peter Thomsen
Music

Susan Turcotte
Office

Lorraine Vassilopoulos
PAC Room

Stuart Walker
Social Studies

Robert Weir
Science

Kathy Wells
Math

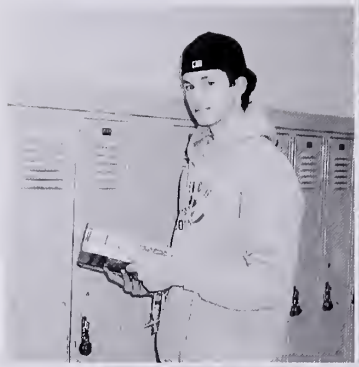
Kayla Werlin
Music

John Williams
English

Kate Wiseman
Spanish

The LHS Janitorial Staff are dedicated and work long hours to make sure that LHS is a clean and happy place.

The LHS cafeteria staff are a dedicated bunch of ladies, who are always up to the task of serving the LHS students and faculty with nutritious meals.



2006

IT'S NEVER *just*

Work & Play

Working Hard & Hardly Working...

All work and no play...It seems students at .H.S are able to accomplish both!

Above seniors, Salamone Baquis, Leo Guyshan and Ryan Nelson enjoy a moments break during another long lab block.
Above right, junior, Jimmy McGoldrick organizes his scattered papers during another hectic afternoon.

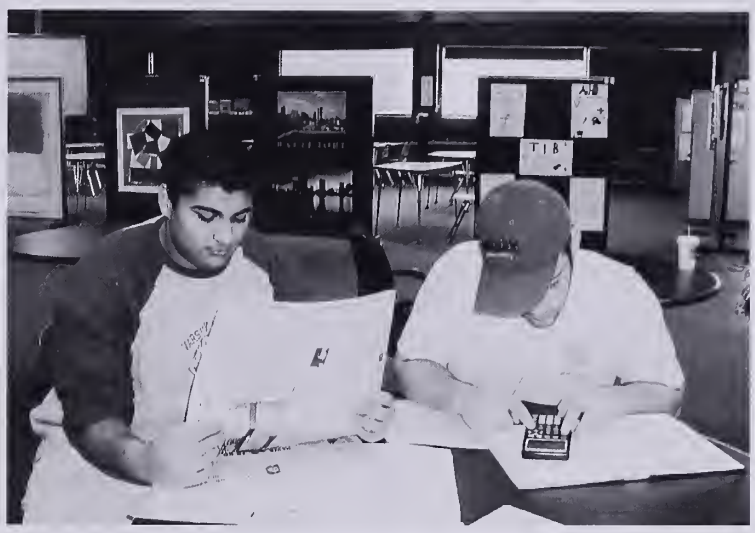
To the right, two freshman intently listen during a biology lecture, while art students team up to accomplish another succesful project.

Sophmores, Chris Hess and Keelia Faber stop and chat while working to complete their wood sculpture projects.

Seniors, Zach Williams and Dave Laflamme take a break from class for some camera time.

Ibelle Calderon stops at her locker to grab her books, just as the bell rgs and school lets out for the day.

Below , seniors Muhammed Hussain and Jesse Weiss show that studies can be used to catch up on both sports and statisitc homework.



Above, two dilligent students work through lunch to finish an important assignment.

To the left, junior Emily Race concentrates on perfecting her photos before the impending deadline.

Out & About

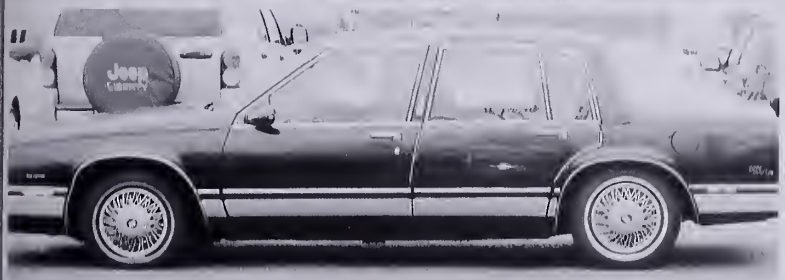
After a long day of school the bell can never come soon enough ...

2:15...

Whether it's rushing to sports, a job or just home students always seem to make it out the door just as the bell rings!

2:16...

NISSAN
22DE31

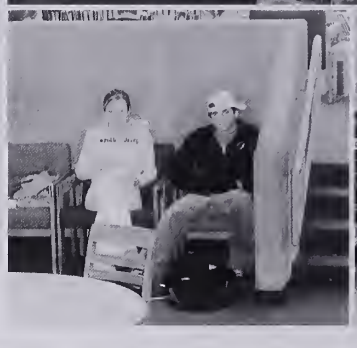

Jeep

Fun & Games

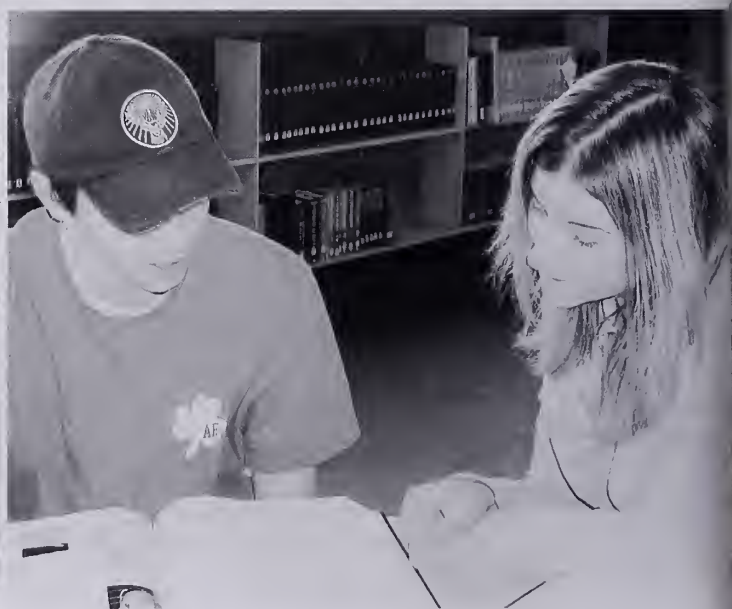
Above, sophmore Harry Rhea puts his feet up while preping for an upcomming test, showing that work and play can go hand and hand. Above right, seniors Lauren Hauser, Meghan Griswald and Erin Reiter take a break in the hall to smile for the camera.

To the far right, seniors Ali Leitchammer and Greg McQuade catch up in the library and junior, Ryan Harrison waits for a ride after a long school day.

Schools not all about tests and homework... socializing with friends, catching up with teachers and having fun is very much a part of everyday life.



Football players, Geoff Peck and Jared Laptas review a video clip to prepare for an upcoming game.



Studing partners, Brenden Dean and Ashley Brown spend a study in the library reviewing for a test.

water break makes classes go by a little quicker.

What would a day be without chatting with friends? Below, seniors Alex Coutu and Tayna Zilewicz do just that!

Above, friends Zev Cosin and Chris Tredeau get caught wandering the halls without a pass.

To the left, Anne Marie Kearing, Zach Williams, and Zach Sweeney enjoy lunch time conversation.

Below, juniors Chrissy Fox and Krista Koerner swap notes in the hall.

T.Birds & Pink Ladies

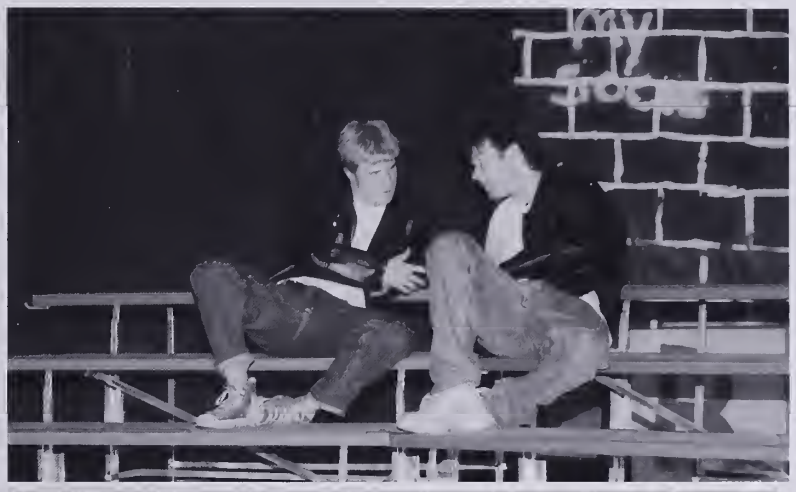
The hardwork and long nights poured into the senior classplay culminated in an enjoyable evening spent at "Rydell High."

Below, the "T.Birds" act out an amazig rendition of "Grease Lighting."

Directors, Isabelle Calderon and Alex Litvinov look on during another long rehersal. Below, "Pink Ladies" Kellen O'Gara, Ashley Brown and Sarah Collins look on with skeptism at Sandy and Danny.

The Pit Orchestra

Above, the "T.Birds" and "Pink Ladies" get together to belt out another musical number.



Grease is the Word!!!

Cowgirls & Indians

The 2006 Senior Class defied convention by proving that girls really can play football.

Cowgirl victory!!!!

Dates & Dancing...

Algebra 2

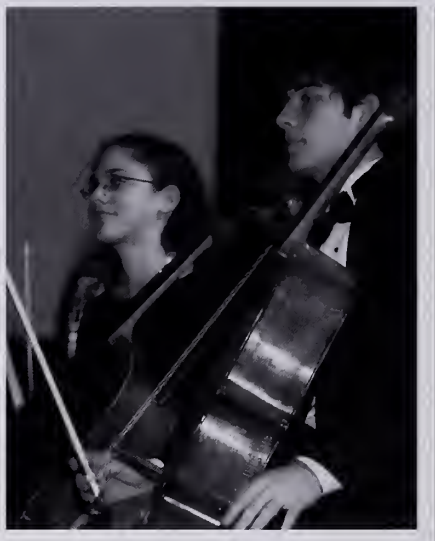
2006

IT'S NEVER *just* WORDS & MUSIC

Orchestra & Wind Ensemble

Orchestra

Far Right: Neal Freyman looks for Mr. Mucci's cue to begin playing their first piece for the Winter Concert, Fingal's Cave Overture.
Right: Section leader John Hanifan glances at his music one last time before playing Nimrod by Edward Elgar.



Left: Juliet Wu cracks a smile while listening to Conductor Mr. Mucci introduce the symphony orchestra to the audience.

Right: Vincent Yu and Melody Chou play with eclat and vigor.

Far Right: Bassist David Miller gets ready for his entrance in Nimrod.

Bottom Right: In this year's Winter Concert, Jillian Aberdale played a piano concerto by Camille Saint-Saens.

Symphony Orchestra, 2005-2006
Violin I: E. George, M. Barnett, V. Yu, M. Chou, J. Wu, A. Fox, M. Nowak, A. McCormick, A. Chou, J. Meth, T. Li, E. Anderson. Violin II: D.Yang, S. Zhang, T. George, J. Guo, E. Healy, S. Janes, M. Pinto, J. Liu, M. Chechette, C. Miehm, E. Hauser, T. Bearce, S. Zhu, B. Ryan, A. Latka, J. Miehm, S. Crimmins, J. Nicholson, T. Crimmins, B. Reilly- Evans, D. Krahala. Viola: C. Tredeau, L. Dale, E. Mernoff, L. Neville, L. Broderick, A. Eisenmenger, B. Kronlund, M. Randall, S. Chipkin, E. Auerbach, L. Keator, A. Anderson, K. Sullivan, C. Santos, D. Knoll, D. Clarke. Cello: J. Hanifin, A. Ciciretti, R. Ciciretti, Z. Sears, E.Sobel, J. Tzeng, N. Freyman, R. Rancourt, R. Rzepka, A. Burton, N. Marinelli, D. Poisson, C. McDonough, T. Baker. Bass: D.H. Miller, D. Rosenthal, J. Manzi, C. Morehardt, C. Clough- Segall, A. Robinson.

Wind Ensemble

Left: Senior Salomone Baquis gives a warming performance in Chant Funeraire by Gabriel Faure.
Bottom: Skillfully and confidentaly, Lindsay Coughlin plays Symphonic Dance Number Three by Clifton Williams, a piece depicting Latin American celebrations.

Middle Right: Wind Ensemble in high spirits, accepts the applause after their performance in the Winter concert.

Bottom: Freshman Julie Horwitz begins play the Second Suite in F by Gustav Holst.

Wind Ensemble 2005-2006
Flute: J.Aberdale, A.Ciciretti, S. Baquis, E. Mernoff. Oboe: L. Coughlin. Clarinet: E. Newcombe, C.Nilsson, R. Ciciretti, E. Barney, C. Payne, R. Patel, C. Keady, J. Horowitz. Bass Clarinet: B. Mernoff. Bassoon: S. Hopkins. Cello: Z. Sears. Alto Sax: M. Berg, D. Peck, G. Cropsey, J. Ballis. Tenor Sax: T. Marinelli, P. Brinnel. Baritone Sax: N. Gang French Horn: E. Berger, J. Bsat, T. Hdeges, M. Papale. Timpani: Z. Sweeney. Euphonium: R. Henderson. Double Bass: D. Miller. Trumpet: M. Hibert, M. Halista, J. Coughlin, E. Lee, S. Mucci, A. Mendes. Trombone: A. Lee, D. Tinervia Bass Trombone: A. Kearing. Tuba: B. Reiter Percussion: L. Aberdale, N. Cadirov, A. Fioretti, T. Jangl, S. Pascal

Accidentals & La Cappella

Accidentals

Right: Sarah Dukeshire and Rachel Patel look out into the crowd before they begin to perform their first piece, "Evening Hymn" by Orlando di Lasso.

Far right: Ellen Berube, Erin Wilson, and Audrey Eisenmenger look for Mrs. Werlin's cue to begin their performance in the Winter Concert.

Left: Haley Anderson looks for a familiar face in the crowd in between pieces.

Middle: Audrey Eisenmenger and Rachael Bell accept the applause after their stunning performance.

Far right: Eliza Cress catches the photographer and manages to smile for the picture before performing another song.

Bottom Right: The members of Accidentals gladly accept the enthusiastic response after singing "O Sapo," a Brazillian Folk Song.

2005-2006 Accidentals

E. Anderson, H. Anderson, E. Auerbach, R. Bell, E. Berube, C. Calderon, E. Cress, L. Dale, S. Dukeshire, A. Eisenmenger-Kaufman, M. Foley, C. Gross, M. Hadley, E. Hauser, E. Klein, L. LaFountain, S. Leshine, J. Manna, A. Miller, A. Novak, R. Patel, M. Torpey, E. Wilson.

La Cappella

Left: Junior Ya-Nerra Thomas performs a solo during the group's perfomance in the Fall Concert.
Bottom: Alexandra Mansfield looks over at her fellow singers during a break between performing.

Middle Right: La Cappella accepts the applause after their stunning performance as the finale of the Fall Concert.

Bottom: Meghan Foley and Vanessa Rea sing sing "Der Wassermann" by Robert Shumann.

2005-2006 La Cappella
K.Albano, B. Alger, L. Anthony, E. Auerbach, K. Bagley, A. Bailey, L. Barney, R. Bell, E. Berube, M. Blakeman, A. Bolduc, A. Brown, C. Calderon, M. Carvalho, J. Cash, K. Clark, E. Compton, N. Conti, V. Cooper, S. Covalli, L. Davidow, B. Doherty, M. Fahy, M. Foley, C. Garreffi, E. Gershen, J. Greim, C. Gross, P. Harris, S. Haskell, T. Hedges, M. Heffernan, L. LaFountain, B. Lantzakis, J. Levy, A. Lysik, A. Mansfield, C. Manzi, H. Micley, J. Moss, A. Neil, K. Nelson, A. Novack, K. O'Gara, E. Olney, R. Patel, C. Phaneuf, T. Phaneuf, E. Pierre-Pierre, D. Pohli, R. Rasmussen, V. Rea, J. Rosazza, N. Santaniello, K. Sapirstein, A. Shaw, L. Simmons, A. Skole, Y. Thomas, P. Tobin, M. Torpey, M. Veysey, K. Vincent, R. Weiss, E. Wilson.

I Cantori and Lyrics

I Cantori

Far Right: Sophomore Paul Brinnel concentrates before singing "Hark All Ye Lovely Saints Above" intent on not missing a single note.

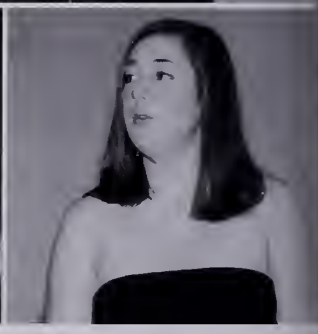
Right: Conductor Mr. Thomsen proudly directs the applause to I Cantori after their dazzling recital.

Left: Geoffrey Peck waits to sing "So Danco Samba."

Right: Juniors David Tinervia and Shannon Brown share a laugh in between their performance.

Far Right: Rebecca Ernst hums the first note of "Dieu Qu'il la fait Bon Regarder" along with the rest of I Cantori as Mr. Thomson gives the note on the piano.

Bottom Right: Jennifer Manzi and Tyler Dawson sing in harmony while closely watching Mr. Thomsen as he conducts the group.



2005-2006 I Cantori
E. Belezarian, P. Brinnel, S. Brown, T. Dawson, S. Dukeshire, R. Ernst, T. Frank, T. George, S. Gerweck, J. Hanifin, C. Hopkins, J. Manzi, M. Palmer, G. Peck, M. Riley, D. Tinervia.

Left: Alex McKeithen is ready to begin the group's performance in the Winter Concert.
Bottom: Mada

Lyrics

Middle Right: Members of the select group Lyrics sing "Sure on this Shining Night."

Bottom: Ann Hopkins smiles as conductor, Mr. Thomsen introduces the group. Last year, Lyrics went on tour to Italy to perform throughout the country.

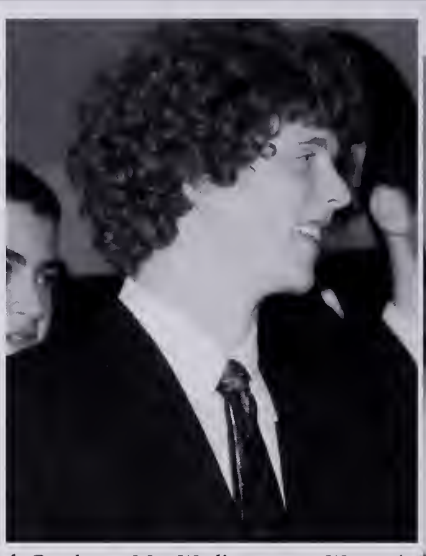
2005-2006 Lyrics
H. Anderson, E. Belezarian, P. Brinnel, S. Brown, A. Chou, T. Dawson, S. Dukeshire, B. Durfee, R. Engell, T. Frank, A. Gentile, E. George, T. George, S. Gerweck, M. Hadley, J. Hanifin, C. Hopkins, S. Hopkins, A. Hopkins, A Karolinski, C. Keady, C. Kenney, D. Laflamme, A. Litinov, B. Mangan, J. Manna, J. Manzi, A. McKeithen, D.G. Miller, D. H. Miller, M. Palmer, G. Peck, M. Riley, S. Roberge, D. Rosenthal, K. Sutherland, Z. Sweeney, D. Tinervia, L. Valdes, Z. Williams.

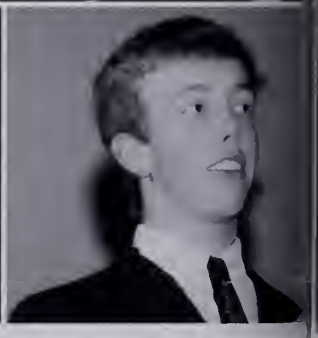
Men's/Women's & Swedish Fish

Men's & Women's Chorus

Far Right: Ready and waiting, women's chorus is the first group to perform in the Fall Concert.

Right: Junior Rory Diamond cracks a joke to a fellow friend before singing "My Girl."





Left: Conductor Mrs. Werlin presents Women's Chorus and gives the audience a short introduction of their accomplishments.
Middle: Talia Hirsch smiles out into the crowd. Has she found a familiar face ?
Far Right: Freshman Sean Kenney applauds for his fellow singers.

2005-2006 Men's Chorus

J. Baker, T. Baker, M. Barnett, E. Borowsky, T. Caliento, D. Chase, M. Collins, V. D'Angello, S. Daniele, R. Diamond, Z. Dragone, E. Holmes, A. Goodkowsky, D. Green, D. Haddad, M. Himmelsbach, A.J. H. Z. WIlliams, Z. Jacobson, N. Kadushin, A. Kapinos, D. Karolinski, C. Kenney, S. Kenney, J. Kim, T. Kreinest, M. Krevalin, M. Lachiusa, M. Lauso, K. Ledwith, K. Lombard, S. McKenna, M. Morehardt, M. Muratore, M. Nowak, J. Pappas, R Petroff, R. Pohli, B. Reilley, J. Reusch, P. Reusch, R. Rzepka, T. Saremi, M. Simmons, J. Stark, T. Stewart, L. Taylor, D. Thor, A. Tougias, B. Wiles, J. Zygman

2005-2006 Women's Chorus

L. Al-Husseini, J. Altro, S. Andrews, E. Balaban, L. Caliento, C. Carlotto, A. Clayton, E. Cress, M. D'Angelo, A. Dibbern, C. Dunn, A. Eisenmenger, L. Fereshetian, E. Flynn, M. Fortsch, A. Gagnon, S. Gallucci, V. Gendreau, J. Gerlach, A. Harmanli, E. Hauser, M. Hinman, T. Hirsch, A. Iancu, A. Kietzman, P. Kim, J. Kirastoulis, E. Klein, C. Kuphal, K. LaFountain, S. Leshine, M. Maxey, B. Merrill, A. Miller, H. Purrington, C. Reardon, M. Rodriguez, E. Rome, G. Santaniello, A. Sampson, K. Shallbetter, J. Shao, A. Soucy, J. Tamsin, L. Thomas, S. Tufts, M. Vivian, P. Webb, K. Wenning, F. White, A. Woodward, D. Zeller

Swedish Fish

Left: Junior Rebecca Engell smiles proudly after giving a spectacular performance of "And So it Goes." Bottom: Meredith Hadely glows from satisfaction. Swedish Fish is a new group formed this year and has gone very far.

Middle Right: Rebecca Ernst, Ariel Karolinski and Annie Hopkins tune from the piano.

Bottom: Senior Lindsay Palazzi watches while the rest of Swedish Fish assembles as they come out onto the stage.

2005-2006 Swedish Fish
H. Anderson, S. Brown, S. Dukeshire, R. Engell, R. Ernst, T. Frank, M. Hadley, A. Hopkins, A. Karolinski, A. Litvinov, J. Manzi, L. Palazzi, M. Palmer, M. Riley, S. Roberge.

Concert Band & Jazz Band

Concert Band

Far Right: Mr. Mucci presents the group after their performance in the Fall Concert.

Right: Freshman James Liu playes the baritone sax in "The Washington Post March."

Left: Floutist Lauren Petterson stands up to accept the appluase after Concert Band's performance.

Middle: Donna Pohli manages to smile for the camera.

Far Right: A Concert Band member acknowledges the loud and optimistic applause from the audience.

Bottom: Juniors Linna Duan and Julia Manna warm up before their conductor, Mr. Mucci comes out onto the stage.

2005-2006 Concert Band

Flute: L. Duan, J. Manna, L. Valdes, E. Wilson, J. Shvakhman, S. Papale, T. Hosley, L. Palazzi, M. Thau, D. Pohli, P. Kim, L. Pettersen, S. Ballis, T. Coughlin. Bass Clarinet: P. Grow. Baritone Sax: S. Dukeshire. Clarinet: R. Ernst, E. Lakritz, K. Croteau, T. Suzor, I. Calderon, T. Hirsch, E. Benoit, A. Bailey, C. Mentor, C. Gross, M. Kearing, N. Nayyar, K. Bensche, K. Curran, J. Liu. Alto Sax: M. Pascal, C. Hoff, N. Togneri, A. Pettersen, B. Freedman, M. Weiss, E. Gray, C. Aye. Tenor Sax: C. Capurso, C. Janes, A. Kashikar, A. Robitaille, A. Stankiewicz, A. Casaceli. French Horn: D. Rossi. Euphonium: J. Cirillo. Trumpet: D. Tower, J. Auerbach, S. Lewis, D. Grayboff, B. Gavin. Trombone: R. Diamond, M. Greenberg, J. Katz, A. Frank, S. Brenker. Bass: D.H. Miller. Timpani: M. Alexandru. Percussion: A. Cramer, M. DeJesus, M. Gagne, D. Laflamme, C. McCarthy, D. VanSchouwen, R. Weigand

Jazz Band

Left: Sophmore Andy Chou gives the camera a quick smile during his impressive and stunning drum solo.

Bottom: Junior David H. Miller gets down and funky playing "Smoke and Mirrors" during the Pops Concert.

Middle: The Sax players of Jazz Band, Chris Capurso, Garrett Cropsy, Matthew Berg, Paul Brinnel and Nick Gang stand up to acknowledge the applause.

Bottom: David Rosenthal and David Laflamme get into the groove while playing "Straight No Chaser."

2005-2006 Jazz Band
Alto Sax: M. Berg, G. Cropsey. Tenor Sax: C. Capurso, P. Brinnel. Baritone Sax: N. Gang. Bass: D.H. Miller. Guitar: D. Rosenthal. Piano: B. Freedman, T. George. Drums: A. Chou, T. Jangl, D. Laflamme. Trumpet: M. Hibert, J. Coughlin, M. Halista, S. Lewis, S. Mucci. Trombone: A. Lee, D. Tinervia, R. Henderson, A. Kearing.

22
13

2006

IT'S NEVER *just* WINS & LOSSES

First & Ten

Division 1 Champions!

The 2005 Longmeadow Football team, with nine of the eleven starters returning from the 2004 team, knew that achieveing perfection was within their reach. Head coach Alex Rotsko, and Captains Tony Riley and Mike Wenc, realized the difference between good and flawless. Hoping to repeat the record of the 2003 season, the Lancers went 12-0, winning the Division 1 League Championship. In the Western Mass/ Central Mass Division 1 Superbowl, the Lancers defeated a tough Leominster team 21-20, ending a perfect season.

	Us	Them
Westfield	42	0
Noho	49	6
S. Hadley	34	0
Holyoke	42	13
Commerce	34	0
Central	35	0
Amherst	37	7
Agawam	49	10
Chaug	35	6
Comp	51	0
East Long	14	6
Division 1 Super Bowl		
Leominster	21	20

Jumps & Stunts

2005-2006 Cheerleading

2005 Longmeadow Fall Cheerleading Squad

2005 Longmeadow Winter Cheerleading Squad

Distance & Speed

2005 Longmeadow Cross Country

The 2005 boy's Longmeadow Cross Country team, led by captains, Owen Fenton and Andrew Lee, had a solid season in the very competitive A division of the PVIAC Valley League. A tiebreaker win at Turner Park over rival East Longmeadow and a close one point loss at Westfield highlights the dual meet season. The boy's ran their best race of the year taking 5th place at the PVIAC Championships, followed with 7th place at WMass. Junior Andrew Lee capped his season with being named to the PVIAC Valley League All-Star team.

The 2005 girl's Longmeadow Cross Country team, led by Senior Captains Emily Bourdeau, Danielle Laliberte, and Vanessa Rea, went 3-2 in the challenging Valley League A Division. Finishing 2nd at the PVIAC Championship meet, and 3rd at WMass continued the girl's run of qualifying for the State Championship meet for four straight years. Senior Emily Bourdeau was named PVIAC Individual Champion and WMass Division Champion. Emily along with juniors Whitney Birtwell, Rebecca Engell, and Jamie Sullivan were named to the PVIAC Valley League All-Star team.

2005 Longmeadow Girl's Cross Country Captains

2005 Longmeadow Boy's Cross Country Captains

2005 Longmeadow Boys Cross Country Team ended the season with a 5-4 record.

2005 Longmeadow Girls Cross Country Team ended the season with a 7-2 record.

2005 Longmeadow Varsity Seniors

2005 Longmeadow Freshman Soccer

Attack & Defend

2005 Longmeadow Boy's Soccer

Led by new Coach Brad Miller and Captains Alex Bistran, Matt Kusiak and Mike Tranghese, the 2005 Longmeadow Varsity Soccer Team played hard this fall. Although the boys did not deliver a notably stellar record, the team's performance definitely improved from previous years. This season will undoubtedly be a stepping stone for more successful seasons in the years to come.

Senior Captains Alex Bistran, Mike Tranghese, and Matt Kusiak

2005 Longmeadow Varsity Soccer

	Us	Them
Westside	1	1
Holyoke	0	1
Agawam	2	2
Chicopee	0	1
Amherst	0	4
Westfield	2	1
Central	0	3
Minnechaug	0	3
Ludlow	0	4
Cathedral	0	1
Chicopee	1	2
Southwick	1	0
Westfield	0	1
Agawam	4	2
Central	0	0
East Long	1	2
Holyoke	0	2
Westside	1	4

Kicks & Cleats

2005 Girl's Soccer

After winning the Western Mass championship in 2004, the 2005 girl's soccer season did not live up to the player's expectations. The girls soon realized that defending their title would be harder than they thought. Though their record did not live up to their expectations, they fought hard every game, resulting in a closer team bond. The greatest highlight of the season was tying West Springfield 0-0, ending the season on a high note.

Captains Kylee Yam, Annie Neil, and Lizzie Lee

	Us	Them
Minnechuag	1	4
Belchertown	0	1
Westfield	1	4
Ludlow	0	3
Agawam	0	1
Westside	2	3
St. Peter	1	1
Ludlow	2	3
East Long	1	2
Amherst	0	0
Sabis Charter	4	0
Cathedral	1	2
Westside	0	0
Westfield	0	1
East Long	2	1
Agawam	1	2
Belchertown	1	5

2005 Longmeadow Girl's Varsity Soccer

Seniors Marissa Teed and Kylee Yam

2005 Longmeadow JV Field Hockey Team

Skirts & Sticks

2005 Longmeadow Field Hockey

Continuing a long line of success, Longmeadow field hockey upheld its reputation in 2005. After losing nine seniors, the underclassmen stepped up their game to fill the gaps left by the graduated starters. Captains Amanda Bolduc, Taylor Carr, Ashley Hess, Maggie Lonergan and Kellen O'Gara led the team, in addition to coaches Ann Simons and Cliff Hedges. Despite two losses early in the season, the team quickly bounced back to sustain a record of 15:2, largely due to team bonding and determination. Varsity field hockey ended the season as League Champions and runner-up for the Western Massachusetts Championshop title.

2005 Longmeadow Varsity Field Hockey Seniors

2005 Longmeadow Varsity Field Hockey Team

	Us	Them
Athol	2	3
Frontier	0	2
Greenfield	3	1
East Long	3	1
Smith Acad.	0	0
Mohawk	6	1
Westside	6	0
Smith Acad.	1	1
Southwick	7	0
Minnechaug	2	1
Northampton	4	1
Amherst	2	0
Killingly	4	0
Westside	3	0
Southwick	4	1
Amherst	2	0
Cathedral	1	0
Northampton	2	0
Playoffs		
Cathedral	2	0
Western Mass Championship		
Minnechaug	2	3

Set & Spike

2005 Longmeadow Volleyball

This year's volleyball season started off very strong. With only four returning players and an unusually young team, the team started their winning streak by beating rival West Side in an easy two game match. Although they had several young players, the team demonstrated the most heart and chemistry that had been seen in years. Led by coach Anna Stowell, the season ended with a 9-11 record, and several important wins including the game that forced last year's Western Mass. Champs, Agawam, out of the tournament. This year's co-captains Erin Reiter, Cait Donnelly and Meghan Riley wish next year's team the best of luck and hope they use their experience and talent to make it a great season.

Senior Captains Meg Riley, Cait Donnelly, Erin Reiter

	Us	Them
Sci Tech	3	1
Ludlow	3	2
East Long	2	3
Comp	3	1
Westside	3	0
Minnechaug	0	3
Agawam	1	3
Amherst	1	3
Westfield	0	3
Sci Tech	3	0
Ludlow	3	0
East Long	1	3
Frontier	0	3
S. Hadley	3	0
Westside	2	3
Minnechaug	0	3
Agawam	3	2
S. Hadley	3	0
Amherst	0	3
Westfield	2	3

2005 Longmeadow Girls Varsity Volleyball Team

2005 Longmeadow Girls JV Volleyball Team

2005 Longmeadow Golf Team

Pitch & Putt

2005 Longmeadow Golf

The 2005 Golf Team had a very enjoyable and exciting season. Although the team lost many key players from the 2004 seaon, they stepped up their games and gave it their all. Coach Stu Thompsen made great strides in his first experience on the Longmeadow Golf Team. The Lancers, led by John Shicko and Ian Nicoll, came in 4th place at Western Mass. and 10th in the State Championship. Even though their record did not live up to the 2004 team, the players still had fun on and off of the field.

Senior Captains Ian Nicoll and John Shicko

2005 Longmeadow Golf Team Seniors

	Us	Them
Agawam	242	232
Cathedral	232	237
S. Hadley	243	268
Southwick	238	256
Minnechaug	243	246
East Long	233	236
Westside	235	255
Sci- Tech	247	321
Agawam	231	239
Chicopee	243	304
Palmer	247	297
Cathedral	253	248
S. Hadley	243	250
Minnechaug	256	254
Noho	230	266
Westfield	244	243
East Long	237	225

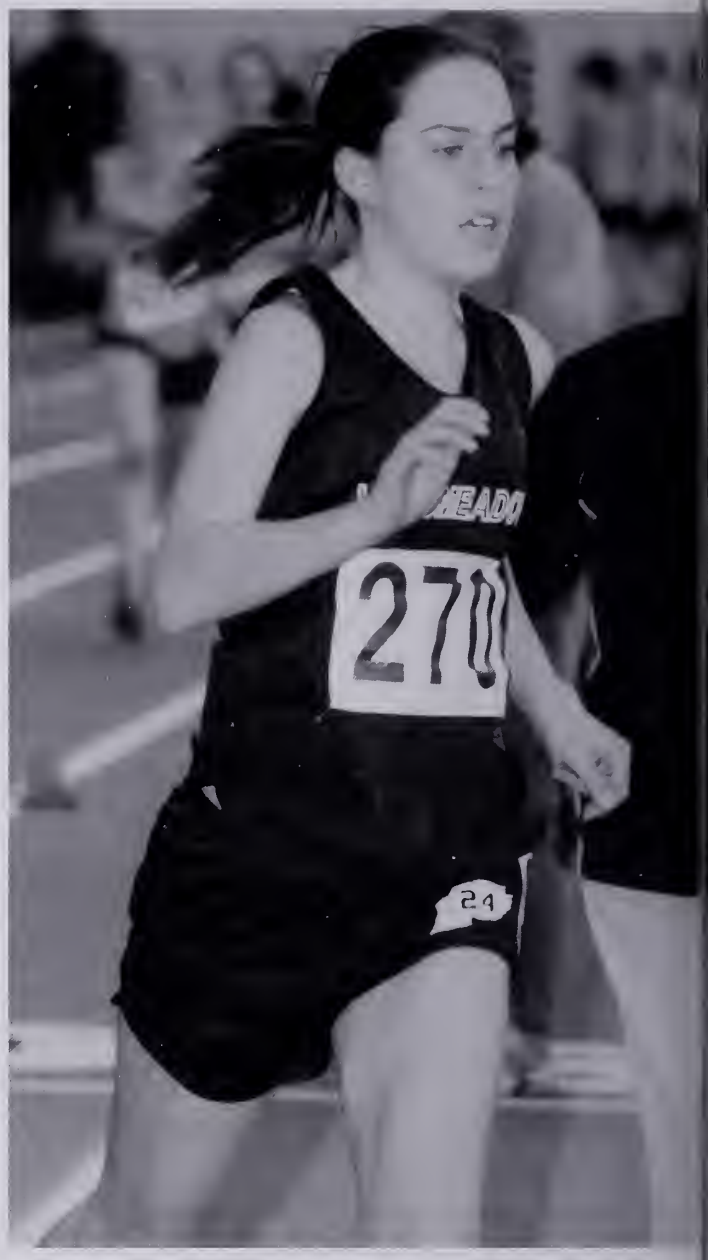
Wmass- 4th, 321
States- T- 10th

Hurdles & High Jump

2005-2006 Longmeadow Indoor Track

The Indoor Track Team enjoyed their finest season in their brief five year history. The ladies finished as undefeated League Champs and placed 2nd in Western Mass. The men were also undefeated League Champs and placed 3rd in Western Mass. Emily Bourdeau, Ya-Nas Thomas, Andrew Lee, Tim Marinelli and Ben Schill were named to the Western Mass First Team.

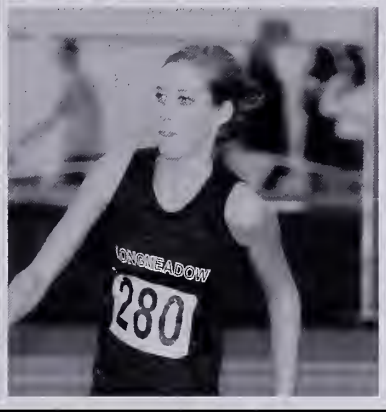
2005-2006 Longmeadow Indoor Track Captains



BOY'S	Us	Them
Cathedral	72	23
Mohawk	68	27
East Long	61	34
Pioneer	81	10
Athol	73	22
Holy Cath	81	14
No Ho	49	46

Western Mass - 3rd
7-0 League Champs

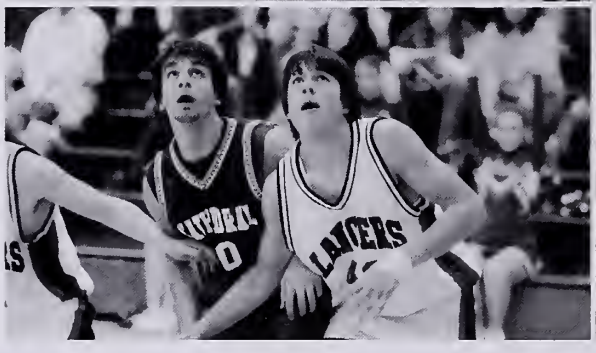
2005-2006 Longmeadow Indoor Track Team



2005-2006 Longmeadow Indoor Track Seniors

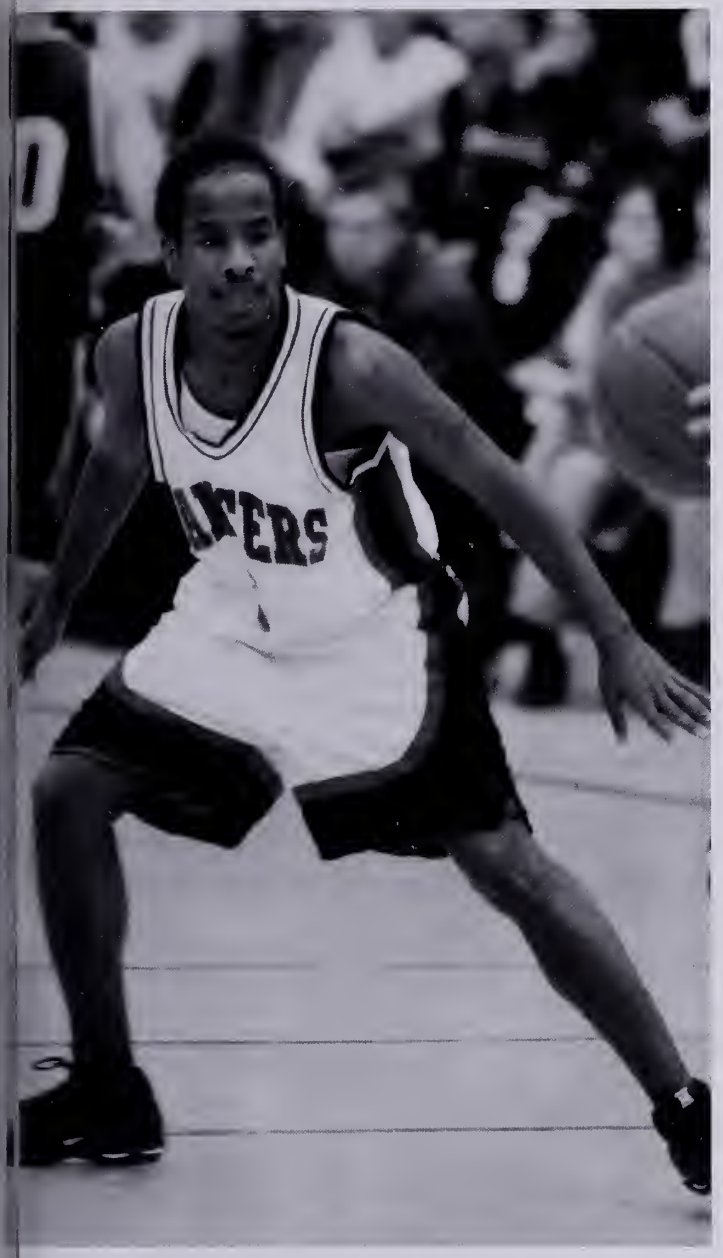
GIRL'S	Us	Them
Cathedral	56	39
Mohawk	85	10
East Long	59	36
Pioneer	73	22
Athol	83	12
Holy Cath	69	26
No Ho	77	18

Western Mass - 2nd
7-0 League Champs



2005-2006 Longmeadow Boy's Freshman Basketball

2005-2006 Longmeadow Boy's JV Basketball



Shoots & Scores

2005-2006 Longmeadow Boy's Basketball

The 2005-2006 Boy's Basketball Team far supassed the critic's predictions. Longmeadow was placed in a new division this year, the Valley Wheel league. Through marathon practices, dedication, and the drive to succeed, the year was a success. After a slow start to the season, Longmeadow began playing like a team, finishing the regular season with a 13-7 record. In the final game of the season, Longmeadow ousted Chicopee to claim the Valley League Title. After their success in the league, the boys played a tough Amherst team at home. Overcoming a nine point deficit in the second half, Longmeadow advanced to the semi-finals to play Cathedral. The game, held at Central, was a hard fought battle but Cathedral advanced. Longmeadow won their first league title since 2002.

2005-2006 Longmeadow Boy's Varsity Captains

2005-2006 Longmeadow Boy's Varsity Basketball

	Us	Them
Cathdral	39	51
Commerce	59	65
East Long	65	55
Amherst	51	59
Central	47	31
Agawam	70	47
Ludlow	52	43
Holyoke	63	69
Northhamp.	61	60
Minnechaug	57	49
Westside	53	46
Putnam	69	47
Westfield	52	59
Chicopee Comp	56	57
Minnechaug	74	61
Chicopee	65	61
Putnam	64	40
Westfield	52	54
Chicopee Comp	64	57
Chicopee	57	54
Amherst	58	52
Cathedral	53	60

Dribble & Dunk

2005-2006 Longmeadow Girl's Basketball

This year's girl's basketball season was one the team will never forget. Although the girl's lost their final game to Cathedral, a game that would have qualified them for the playoffs, they were motivated to make the playoffs next year. This year the Longmeadow Girl's Basketball team demonstrated that they could compete with any other team in Western Mass. They proved this by defeating Agawam, a semi-finalist in the WesternMass Tournament, in overtime. The girls also defeated West Springfield, another semi-finalist. Although their record of nine wins and eleven losses does not attest to the team's competitive nature, almost all of their games were very close. The Girl's Basketball team played with hustle, perseverance, and an incredible desire to win.

2005-2006 Longmeadow Girl's Basketball Captains

2005-2006 Basketball Seniors

	Us	Them
Lee	48	49
Amherst	48	16
East Long	58	53
Chicopee	46	54
Northhampton	45	58
Westside	42	36
Chicopee Comp	48	46
Hampshire	49	52
Manchester	33	47
Westfield	53	30
Holyoke	54	49
Central	52	76
Minnechaug	34	53
Agawam	47	54
Cathedral	35	26
East Long	48	36
Central	56	76
Minnechaug	31	56
Agawam	49	47
Cathedral	49	51

2005-2006 Girl's Varsity Basketball Team

2005-2006 Girl's JV Basketball Team

2005-2006 Girl's Freshman Basketball Team

2005-2006 Longmeadow Girl's Ski Team

Boots & Shoots

2005-2006 Longmeadow Ski Team

The 2005-2006 Longmeadow Ski Team had a lot to live up to after a very successful 2004-2005 season. Although the team lost many strong racers, they gained extraordinary freshman talent on both the boy's and girl's teams. The girls finished well in Western Mass and tied Westfield overall, to go to states. The boys team came in second place in Western Mass for their first year in the A Division and also excelled to states. The team also took on three new coaches this year. Almost all varisty racers made states as individuals. Head coach Glen Olson, previously coached the Agawam ski team, but quickly adjusted to being a Lancer. Overall, the team had a very successful season and will keep growing in talent over the years.

2005-2006 Longmeadow Ski Team

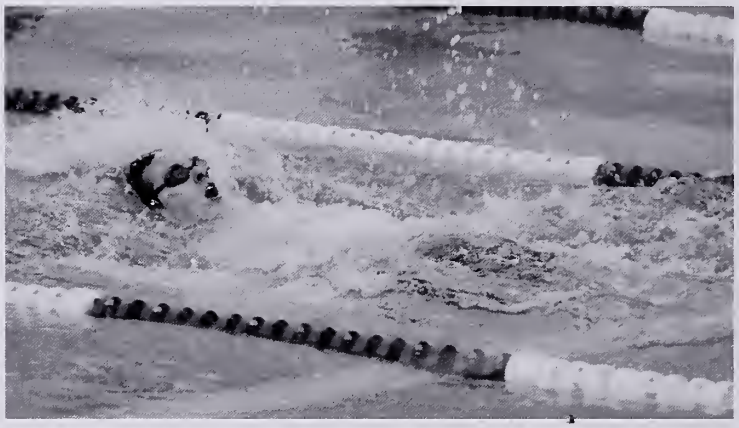
2005-2006 Longmeadow Boy's Ski Team

2005-2006 Longmeadow Ski Team Captains

Splish & Splash

2005-2006 Longmeadow Boy's Swim Team

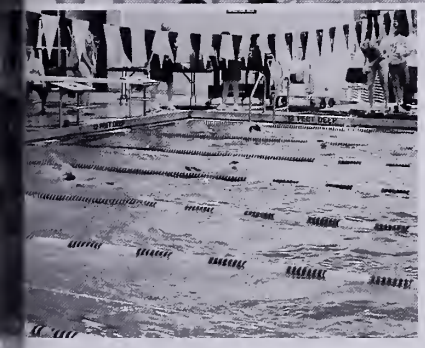
With Coach Andrew leading the way, the Men's Swim Team had a great year with many memorable performances. Captains James Liu and Jon Galuska carried the team throughout the season, helped by strong performances from seniors Michael Stein, Dan Kurbanov and Brennan Kenefick. This year the underclassmen, which included Tommy Lee, James F. Liu and Alex Latka, really stepped up and aided the team in placing 4th in Western Mass and 8th in States.

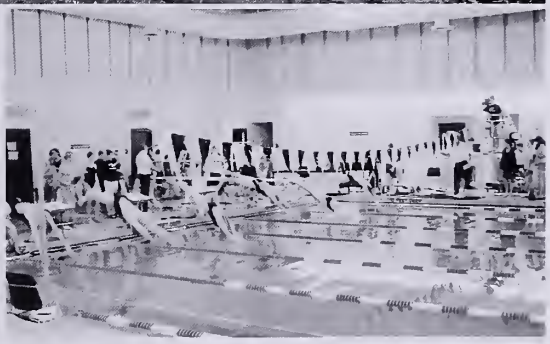


	Us	Them
Minnechaug	53	49
Central	95	91
Monson	98	86
No Ho	80	106
Westfield	93	92
East Long	110	75
Minnechaug	75	101
Central	101	85
Monson	108	80
No Ho	82	104
Westfield	91	95
East Long	56	46

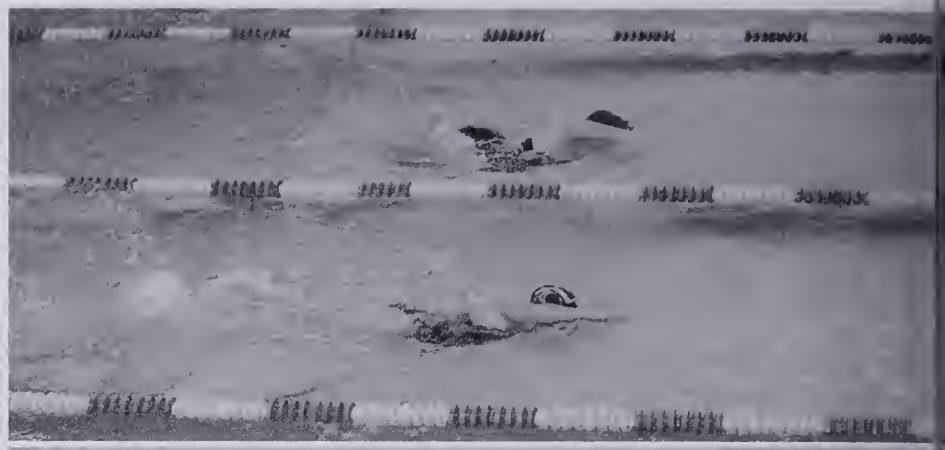
Western Mass - 4th
States - 8th

2005-2006 Longmeadow Boy's Swim Team





2005-2006 Boy's Swim Team Seniors



2005-2006 Girl's Swim Team Seniors

Caps & Goggles

2005-2006 Longmeadow Girl's Swim Team

The 2005-2006 Women's Swimming and Diving team had a very memorable season. Andrew Schmidt immediately took charge as the new head coach, assisted by Bridgette McCormick. Team captains included seniors Kellen O'Gara, Lauren Hauser, Rayna Trietsch and Ashley Brown, as well as divers Caitlin Gareffi and Heather O'Connell. The leadership of these girls and the enthusiasm of the underclassmen made for a very closely united team. Although changes in meet scheduling made for a very competitive season, the ladies held their own, often only points away from outscoring their opponents. Their hard work and determination paid off as the Lady Lancers cruised to a third place finish at sectionals. The girls also went on to place in the top eight at the Division I State Championship.

2005-2006 Longmeadow Girl's Swim Team

	Us	Them
Minnechaug	55	47
Central	120	65
Monson	118	68
No Ho	91	94
Westfield	89	96
East Long	88	98
Minnechaug	85	101
Central	117	66
Monson	129	57
No Ho	90	96
Westfield	91.5	94.5
East Long	40	62

Western Mass - 3rd
States - 8th

Pinning & Winning

2005-2006 Longmeadow Wrestling

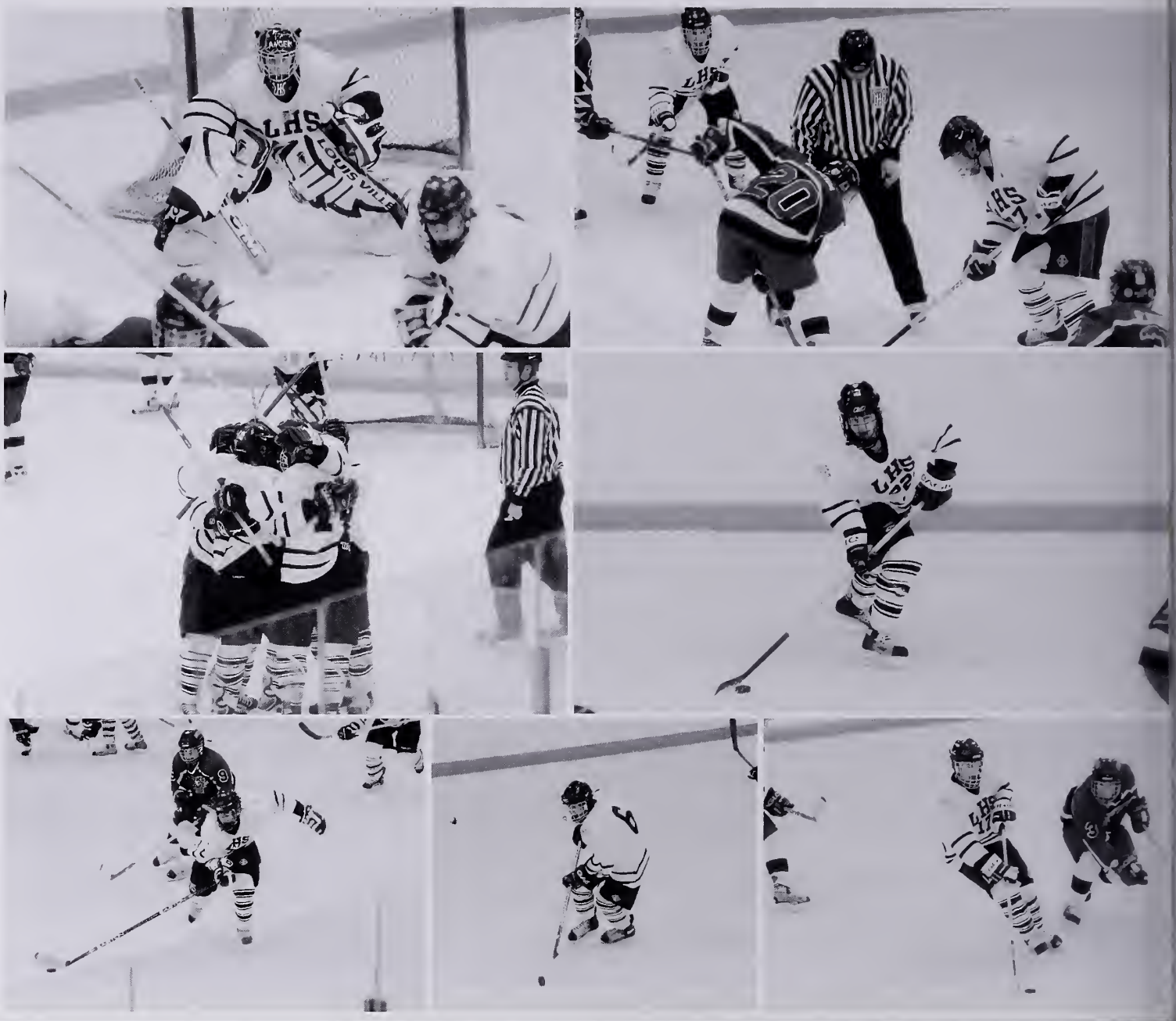
The 2005-2006 wrestling season was another illustration of Longmeadow High School's exceptional athletic ability. Coach Alex Efstratios' hard work and commitment paid off, winning tournament after tournament. The Lancers landed nine wrestlers in the WMass finals, and generated three champions: Brian Altman, Dylan Petit, and Clayton McGrath. Brian Shotland and Brett Madnick placed in the sectional tournament as well. Brett bested the Champion at his weight class (130) earlier in the season, and Brian Shotland held his own against all the toughest wrestlers in the toughest weight class in the state. David Deluca was Longmeadow's only state finalist and Brian Griggs placed third in the state at what was one of the most difficult weight classes (152). Brian Altman and Clayton McGrath took a respectable fifth place in the state tournment. Brian Altman continued his season long push, never giving up and truely showing why hard work and commitment pays off at the All States (5th) and New England (6th) tournaments.

2005-2006 Longmeadow Wrestling Captains

	Us	Them
Minnechaug	55	15
Early Bird Tourn. - 1st		
Agawam	41	27
Framingham Tourn. - 2nd		
Ludlow	45	15
Haverhill Tourn. - 1st		
Cathedral	70	6
Woburn Tourn. - 4th		
Westside	62	13
Central	26	36
Central Duals		
Putnam	68	6
Farmington	38	31
Balston Spa	18	48
Nishunyuna	15	55
Westfield	61	12
Western Mass		
Amherst	62	9
State Tourn.	26	36
Central	18	39

2005-2006 Longmeadow Wrestling Team

2005-2006 Longmeadow Senior Wrestlers



2005-2006 Longmeadow Hockey Seniors

2005-2006 Longmeadow JV Hockey

Shoot & Pass

2005-2006 Longmeadow Hockey

The 2005-2006 Longmeadow Hockey Team came into the season as defending Western Mass Champions. They finished the season with an astonishing 20-3-2 record. During the course of the season the boys took home The Challenge Cup, The Spartan Cup, a Western Mass Championship, and a State Championship. The Lancers were led by seniors Paul Weisser, Marc Labb, Brian Phillips, Matt Hiser, Andre Robitaille, Sam Fortsch, and Jake Ryan. The team began their playoff run with a thrilling come from behind victory against East Longmeadow. They faced Westfield in the Western Mass Finals for the fourth straight year. Longmeadow took the rival Bombers in a 4-0 victory at the Mass Mutual Center. The Lancer's kept rolling, winning their state semi-final game, 3-0 over North Middlesex at the DCU Center. Finally, for the first time since 1981, the Longmeadow Hockey team made it to the state finals at the Boston Garden. The Lancers held nothing back in an incredible 11-4 win and they achieved their ultimate dream, Massachusetts State Champions!

2005-2006 Longmeadow Hockey Captains
Paul Weisser, Brian Phillips, Marc Labb

2005-2006 Longmeadow Varsity Hockey

	Us	Them
Minnechaug	3	3
Westside	7	0
Ludlow	7	3
Westfield	2	3
Agawam	6	3
Leominster	7	5
East Longmeadow	7	2
WTM Final vs. Chaug	4	0
Westfield	5	5
Cathedral	4	2
Ludlow	7	5
Minnechaug	4	0
Amherst	5	0
Amherst	5	2
Billerica	4	5
Agawam	2	3
East Longmeadow	7	0
Dennis-Yarmouth	5	4
Bishop Stang	8	1
Westside	8	4
Playoffs		
St. Joseph-Central	7	3
East Longmeadow	6	3
Westfield	4	0
North Middlesex	3	0
Savio Prep	11	4

2006

IT'S NEVER *just*

Bake Sales & Fundraisers

After School & After Hours

National Honor Society

Key Club

Jet Jotter

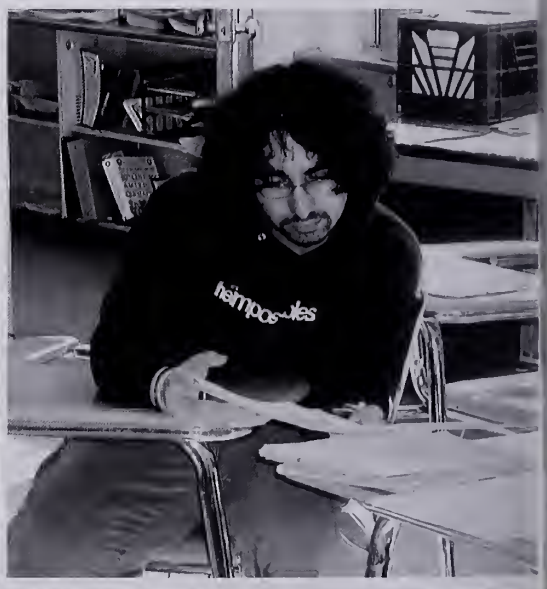
A.F.S

S.A.D.D

Buisness Professions of America

Science League

Impressions



Interact Club

Art Club

Programming Club

Frisbee Team

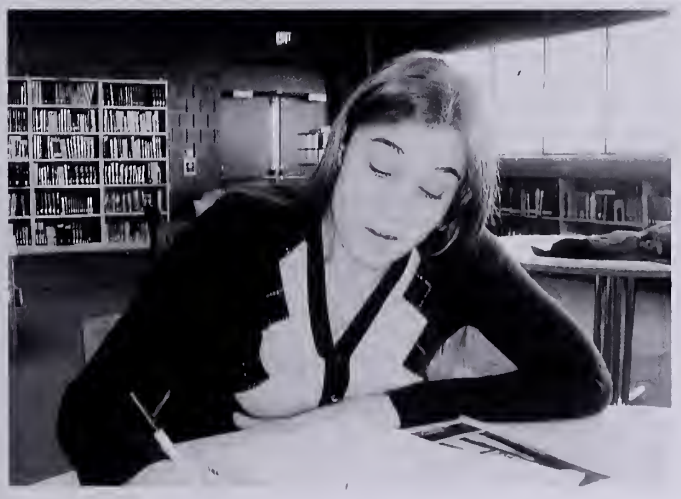
Waterpolo Team

Drama Club

Yearbook

Unity Club

Mock Trial



China Club

Spain Trip

LANCERS
LANCERS

2006

IT'S NEVER

just

Goodbye

&

Good Luck

Congratulations Stina!
We are so proud of you.

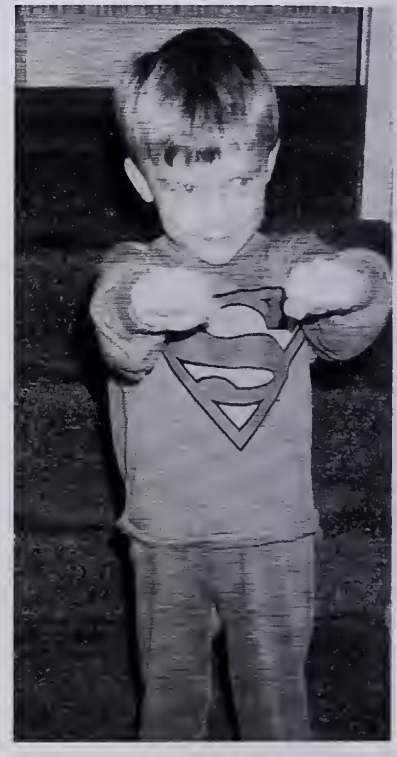
With Love,
Mom Dad, Axel and Tom

Congratulations Gregory!
"Another Turning Point, A fork in the road... It's something unpredictable, but in the end it's right. I hope you had the time of your life."

As you continue along your road, we'll be there, right behind.
Love Dad, Mom, Caitie, Jason

Congratulations Rob!

You'll always be "SUPER" in our eyes!



Love,
Mom, Dad, Donna & Janet

Congratulations

To Doug the best son and brother
a family could have!
Love,
Dad, Mom, Sara and Jamie

Congratulations!

Caitlin Donnelly
We Love You!
Mom, Dad, Trisha & Ali

Lee, (Johny Casino)
We are so proud of you
and your accomplishments.

Love,
Mom, Dad
&
Adam

Congratulations

You're the Best!

We love you,
The Piccuirro Family, The Fortsch Family
and The Dowd Family

Angelina & Kelsey

Then & Now...

"It's something unpredictable but in the end it's right, I hope you had the time of your life."

Congratulations!
Love,
The Rinaldi's
and The McClure's

Kellen & Taylor

Congratulations to you both and the the Class of 2006! Live well, love much, laugh often...
The O'Gara's and The Carr's

We'll be friends forever,
just you wait and see....
Pooh Bear

Congratulations
Sarah!
Wishing you the best!
Love, Mom, Dad, Chris
& Jack

Congratulations
Sara!

We're so proud of all your
achievements!
Love, Dad, Mom & Chrissy

Good Luck Collins & T!

Lots of Love From
The Collins, Reilly and Turrini Families

Good Luck and
Lots of Love.
Your Adoring Families

To Geoff and John
Congratulations!
You're off to
Great Places!

Natasha Conti
Congratulations

We are so proud of you. You have worked so hard and accomplished so much. Stay Focused on your goal and may all your dreams come true.

We Love you so much,
Dad, Mom, Gina, Frankie
& Chewy

Congratulations Jennifer

Make all your dreams come true!

Love, Mom & Dad

Congratulations Scott!

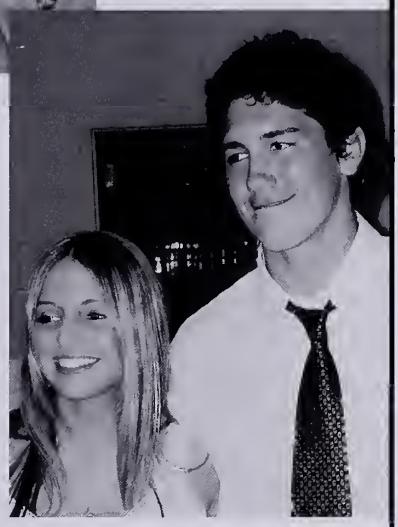
We Love You!

Mom, Dad, Melanie, Alex and Tobey

"Only those who risk going too far can possibly find out how far one can go..."

T.S. Eliot

Angelina
&
Joey



Friends come and go... but some are meant to last a lifetime!
We Love You Both!
The Piccuirro's
& The Rinaldi's

Catherine Adams

Congratulations Catherine!
We're Proud of you!

Love, Mom & Pop, Caroline, Tommy, Maima & Pappa

"You meet your once in a lifetime friend, once in a lifetime."

Congratulations Ashley and Erin!
Love,
The Hess's and The Tuohey's

Paul,
You'll Always Be Our
ALL-STAR

Love, Mom, Dad, Linz & Jodi

Congratulations Meghan!

We are so proud of
our Irish Princess!
Love Always,
Mom, Dad, Kevin & Sean

Tanya Zilewicz
When the road looks rough
ahead And you're miles and miles
From your nice warm bed you just
remember what your old pal said
you've got a friend in me.
Remember, the greatest gift is found
in the heart of true friends.

Love ,
Mom, Dad & Jay

Congratulations Ali!
We are so proud of you.

Love, Mom and Dad

Our Dearest Johannah,

It's been one heck of a ride. Not even the superman ride at Six Flag can compare to you we wouldn't have it any other way.
We love you . Mom and Dad

Congratulations Sarah,

We're so proud of you!
Love
Dad, Mom Matt('99)

Congratulations
TOM CRESCI!

You're our
Superstar!

We love you
Mom, Dad
Dan & Jack

May your future be blessed with laughter, great ahievements, friendship & happiness.

The world is yours, Make a difference! With pride & love,
The Zygmans & The Browns

Keep on digging Greg!

Thanks for all " the smiles and laughter" you bring into our lives!
We are so proud of you!
Love, Mom, Dad, Mike &Jen

Tradition Doesn't Graduate...

Congratulations on an Undefeated Season & Another Super Bowl Win!

Building for the Future

Congratulations on an amazing Season!

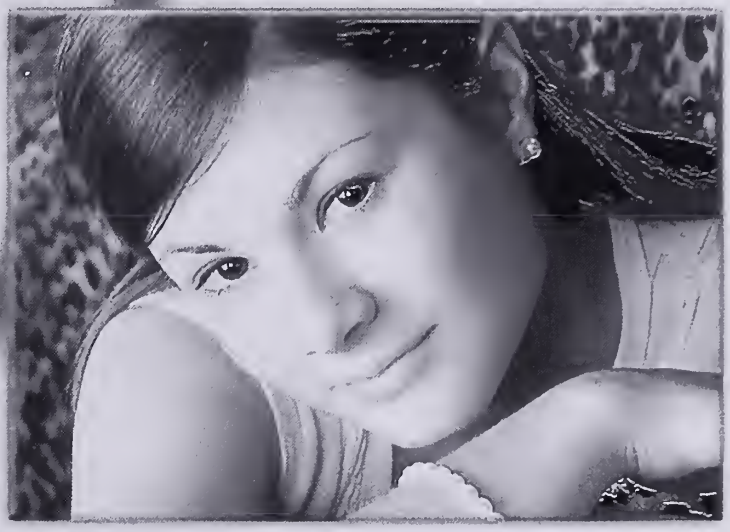
the GRENIERS PHOTOGRAPHY

Where Seniors Go!

IMAGINE

ACHIEVE

DREAM



BELIEVE

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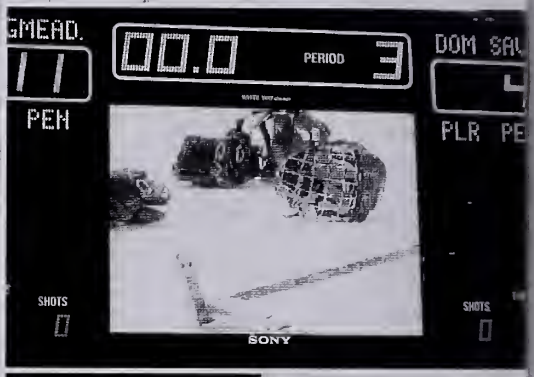
CINTAS
CINTAS
BUDLIGHT


GMEAD.
00.0
PERIOD
3
DOM SAL
PEN
PLR PE
SHOTS
SHOTS
SONY

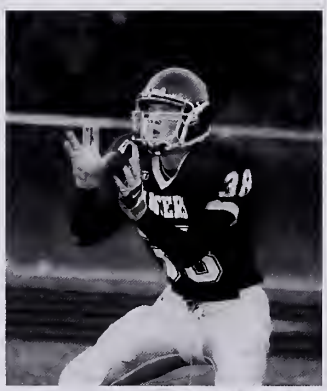
Congratulations

STATE CHAMPS!!!

It's Never Just Over & Done With

It's Never Just Smiles & Poses

It's Never Just Offsides & Overtime



It's Never Just Kicking & Throwing

It's Never Just You & Me

It's Never Just Giggles & Grins

It's Never just Danny & Sandy

Once again, congratulations to all of those who participated in, and gave their all to the production of "Grease." It would not have been possible without each and everyone of you.

The Class of 2006 will *always* have an amazing senior class play to look back on! Grease is definitely the word.

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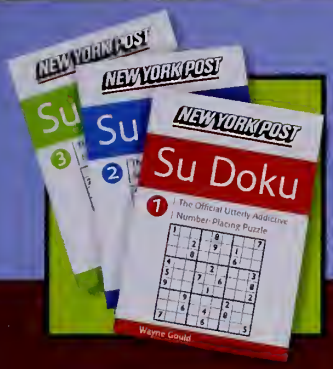


05-06 World Beat®

Front Page Headlines - Global - Science and Nature - Human Interest - Fashion

Lifestyle - Movies - Television - Music - Entertainment - Sports - Faces

HURRICANES HIT HOME

Eric Gay/AP/Wide World Photos

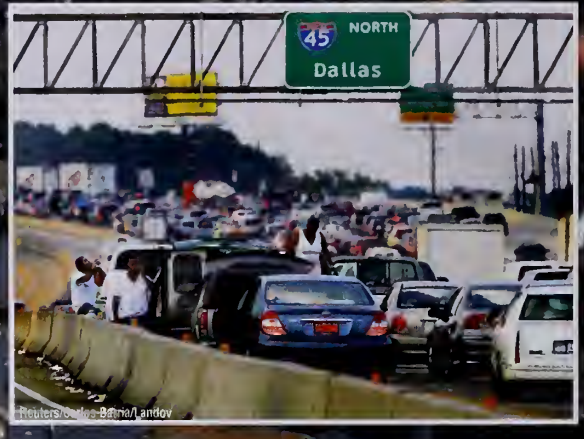
Thomas Dworzak/Magnum Photos

Mario Tama/Getty Images

KATRINA
August 29, 2005

Dave Martin/AP/Wide World Photos

Smiley N. Pool/Dallas [illegible] Corbis

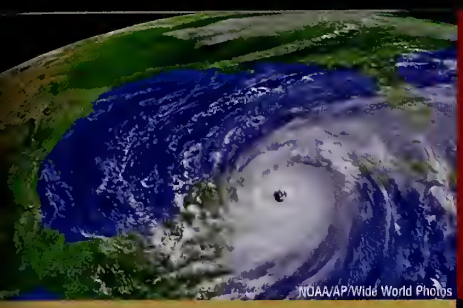


Reuters/Corbis-Bettina/Landov

RITA
September 22, 2005

WILMA
October 24, 2005

Marc Serota/Reuters/Landov



NOAA/AP/Wide World Photos

Hurricanes ravage the Gulf Coast region in the fall of 2005, posing an unprecedented test of the United States federal emergency response efforts. Hundreds of lives are lost and thousands are left homeless in the wake of Category 4 Hurricane Katrina, followed by Rita and Wilma. The tragedy spurs contributions of money, talents, homes, food and more in an attempt to raise spirits and rebuild the area.

RISING FROM THE STORMS

August

25 Hurricane Katrina strikes Florida.

28 Mandatory evacuation of both New Orleans and Mississippi is ordered as Katrina becomes a Category 5 storm in the Gulf of Mexico.

29 Downgraded to a Category 4 storm, Katrina hits land. 1.3 million homes and businesses lose electricity in Louisiana, Mississippi and Alabama. 30 levees are breeched, flooding New Orleans and leaving 100,000 people stranded. After slow government response, civil unrest and looting begins.

31 President Bush surveys the damage.

September

1 30,000 National Guard troops are deployed. Gas prices spike to as high as $5 per gallon.

2 President Bush visits Louisiana and signs a $10.5 billion relief bill. Nearly 154,000 evacuees arrive in Texas.

4 The New Orleans Superdome is evacuated.

6 President Bush and Congress pledge to investigate the flawed disaster response.

9 Government-issued debit cards are distributed to evacuees. The program fails and is ended days later.

12 Michael Brown, head of the Federal Emergency Management Agency, resigns. Flooding is down to 50 percent in New Orleans.

14 New Orleans Mayor Ray Nagin announces a phased repopulation plan.

15 New Orleans begins to reopen. Katrina is named the most destructive hurricane in U.S. history.

20 Louisiana Governor Kathleen Blanco declares a state of emergency as Hurricane Rita strengthens off the coast.

22 Rita hits the Louisiana coast and heads for Texas.

23 Thousands evacuate eastern Texas and the 9th Ward of New Orleans floods once again after levees are overrun.

October

24 Hurricane Wilma hits southwest Florida.

EPA/Shawn T[illegible]n/Landov

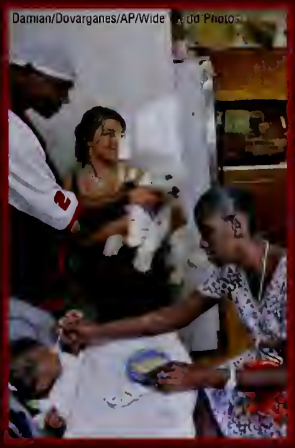
▼ Thousands of Louisiana evacuees receive shelter and medical care in the Astrodome in Houston, Texas.

Andrea Booher/AP/Wide World Photos

◀ Louisiana Governor Kathleen Blanco, President Bush and New Orleans Mayor Ray Nagin survey the damage in New Orleans.

[illegible] DeMocker/Newhouse News Service/Landov

▲ Many animals left behind during evacuation are rescued and given shelter or reunited with their owners.

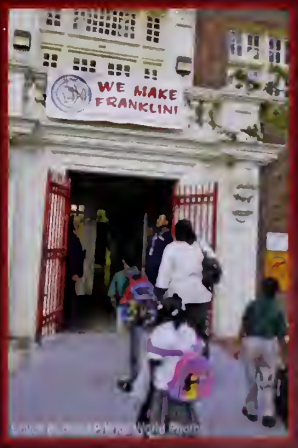


Damian/Dovarganes/AP/Wide [illegible]d Photos

▲ Homes across the country are opened to families left homeless in the wake of Hurricane Katrina.

Gregg Pusk[illegible]sko/Habitat for Humanity

▲ Thousands of volunteers help Habitat for Humanity rebuild homes in Louisiana, Mississippi and Alabama.



[illegible] AP/Wide World Photos

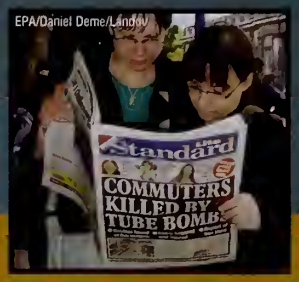
▲ Three months after Katrina strikes, the first New Orleans public school reopens on November 28.

05-06 Front Page Headlines

▼ On October 15, Iraqi voters ratify a U.S.-supported draft constitution that establishes a federal state. A second election, in December, creates the new government's first parliament.

Reuters/Eric Miller/Landov

▲ Several airlines declare bankruptcy due to huge fuel, labor and security costs. Passengers see fees for pillows, aisle seats and more as carriers seek new revenue sources.

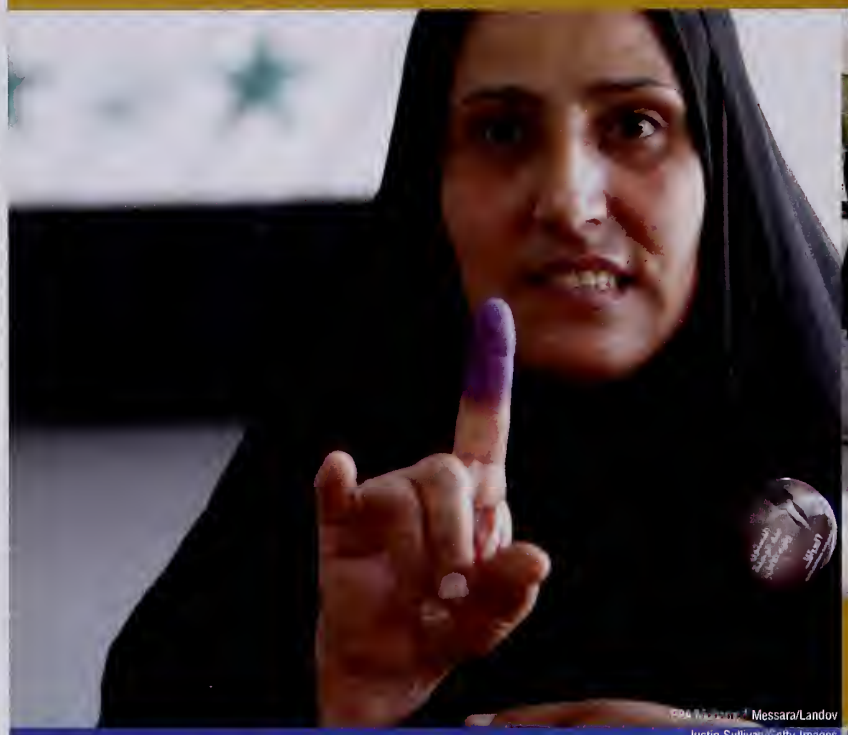


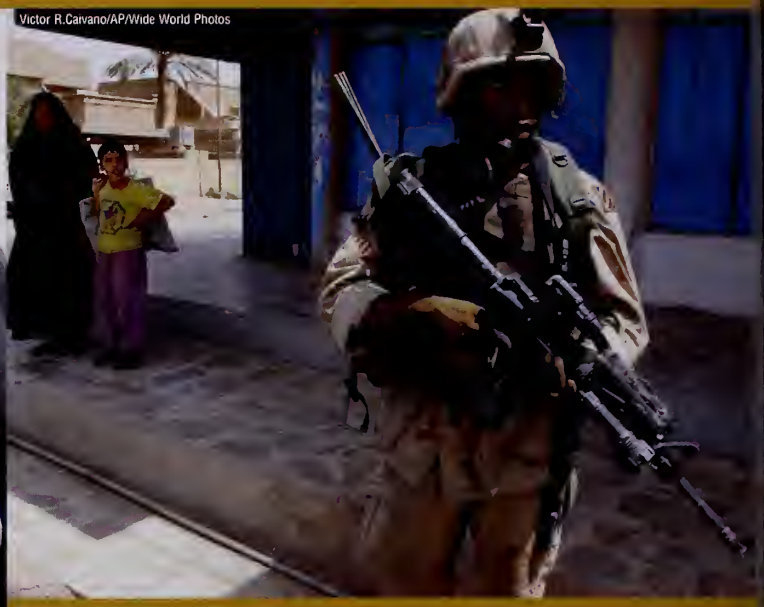
EPA/Daniel Deme/Landov

▲ During rush hour on July 7, London is hit by terrorist attacks. Bombs strike one bus as well as the city's underground trains, leaving 56 people dead and 700 injured.

Susan Walsh/AP/Wide World Photos

▲ John G. Roberts Jr. becomes the 17th Chief Justice of the United States Supreme Court following the death of William Rehnquist.


EPA/Mohammed Messara/Landov


Victor R.Caivano/AP/Wide World Photos

▲ Violence in Iraq continues to cost lives. Since the war began in March 2003, over 27,700 Iraqi civilians and 2,300 coalition troops have died.

Justin Sullivan/Getty Images

▲ Gasoline prices surge in September before falling back to pre-hurricane levels. Major oil companies face federal questioning after revealing profits of over $35 billion during this period.

David Guttenfelder/AP/Wide World Photos

▶ A devastating 7.6-magnitude earthquake hits the Kashmir region of Pakistan in October, killing 87,000 and leaving 3.5 million homeless.

Jason Reed/Reuters/Landov

▲ In January 2006, Ellen Johnson-Sirleaf is sworn in as Liberia's president, making her Africa's first elected female leader.

Joe Marquette/AP/Wide World Photos

▲ Vice President Dick Cheney's top aide I. Lewis "Scooter" Libby resigns after being indicted in October on criminal charges relating to the leaking of a CIA officer's identity.

Handout/Savetopix.org/Corbis

▲ Despite his years of anti-gang advocacy while in prison, on December 13, former Crips gang leader Stanley "Tookie" Williams is executed by lethal injection for four 1979 murders.

Faces of Meth™/Courtesy Multnomah County Sheriff's Office

▲ Methamphetamine use becomes a national crisis as meth-related crimes skyrocket on the West Coast and in the Midwest. Pharmacies remove pseudophedrine products from shelves in an effort to control meth production.

DAILY NEWS
IRACLE IN WEST VIRGINIA
ALIVE!
12 miners rescued after almos
2 days trapped undergrou
- one fou
dead
DAILY NEWS
New team shines on 'World News Tonight'
TOWN OF LOST HOPE
Years as first body of trapped miner is recovered
DAILY NE
HEARTBREAK IN WEST VIR
SHOCK
They were told 12 trapped miners were alive but they were lied to
. . . ONLY ONE SURVIVED

▲ On January 2, 2006, an explosion at the Sago Mine in Tallmansville, West Virginia, traps 13 miners 260 feet below the surface. Sadly, only one of the miners is pulled out alive.

Landov

Bob Strong, Pool/AP/Wide World Photos

▶ In October, former Iraqi dictator Saddam Hussein goes on trial in Baghdad, pleading innocent to the murder and torture charges against him.

Jim Hollander/EPA/Landov

◀ Hoping to restart the peace process with the Palestinians, Israel evacuates the Gaza Strip, an area it has occupied since the 1967 Six-Day War.

Thierry Bordas/EPA/Landov

▲ Civil unrest rocks France as more than 300 towns and suburbs explode with riots and arson. High unemployment, racial discrimination and rage are blamed for the outbreaks.

05-06

Science and Nature

▼ A global pandemic is feared as the avian flu claims 73 lives in Asia by the end of December and threatens to spread across the world.

Bloomberg News/Landov

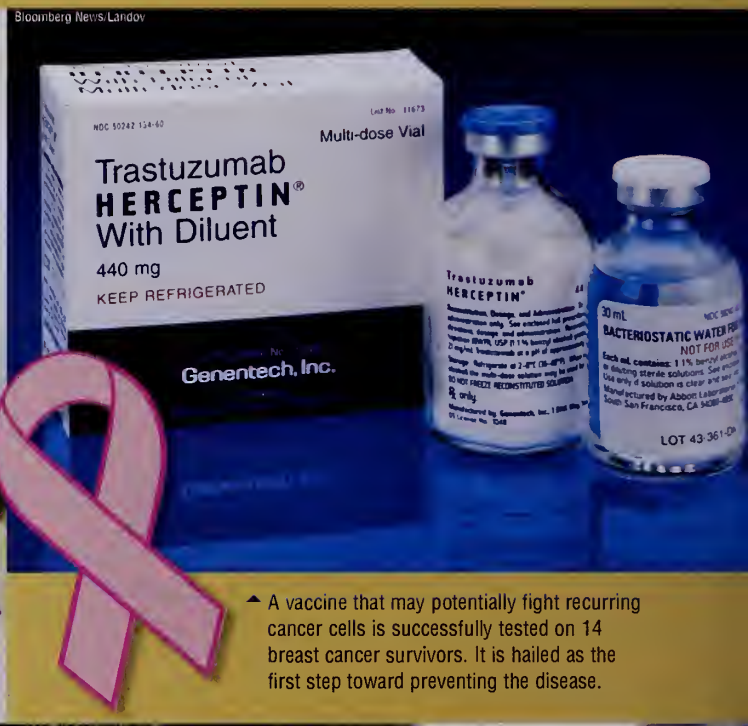
▲ After seven years and 2.88 billion miles, NASA's Stardust capsule returns to earth carrying dust particles from the tail of the comet Wild 2. Scientists believe the samples hold clues to the formation of the Solar System.

▲ The American Dental Association cites bottled water and its lack of fluoride as a major contributing factor in the rise of tooth decay in children.

Kathy Willens/AP/Wide World Photos

▲ According to recent research, chocolate can be a healthy treat thanks to its high content of flavonoids, which help maintain good circulation and reduce blood clotting.

Bogdan Cristel/Reuters/Corbis



Bloomberg News/Landov

▲ A vaccine that may potentially fight recurring cancer cells is successfully tested on 14 breast cancer survivors. It is hailed as the first step toward preventing the disease.

Jessie Cohen, National Zoo/AP/Wide World Photos

▲ The Sichuan Wolong Panda Protection and Breed Center in China deals with a baby boom — 16 pandas, including five sets of twins, are born between July and November 2005.

NASA TV/AP/Wide World Photos

▶ In August, U.S. astronaut Stephen Robinson successfully completes an unprecedented emergency repair of the space shuttle Discovery while in orbit.

Human Interest

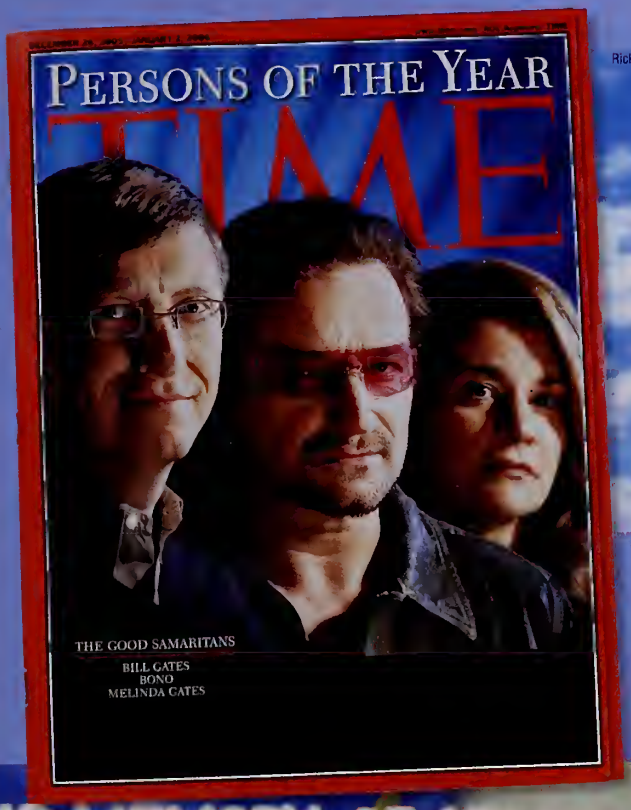
▲ Hikers scaling Mount Mendel Glacier in California discover the remains of Leo Mustonen, a World War II airman whose plane crashed in 1942.

Ivan Sekretarev/AP/Wide World Photos

▲ U.S. scientist Gregory Olsen pays $20 million for a trip to the International Space Station aboard the Russian Soyuz spacecraft.

▲ The ruins of what may be the oldest Christian church, built in the third or fourth century A.D., are discovered on the grounds of Megiddo Prison in northern Israel in November.

▼ Anticipating the G8 summit in July, Bob Geldof organizes musicians for a series of concerts around the world to highlight the problem of global poverty.



Rick Diamond/WireImage.com

◀ Bill Gates, Bono and Melinda Gates are named *TIME*'s Persons of the Year for their efforts to battle poverty, AIDS and malaria in Africa.

Holloway Family Photo/AP/Wide World Photos

◀ Natalee Holloway, an 18-year-old from Birmingham, Alabama, becomes the lead story for every major news outlet after her disappearance while vacationing in Aruba.

Jeff Mitchell/Reuters/Landov

◀ In August, American anti-Iraq War activist Cindy Sheehan, whose son Casey was killed in action in 2003, holds an extended demonstration at a peace camp outside President George W. Bush's Texas ranch.

05-06 Fashion

◀ Everywhere you look this year sparkle is in with teen girls.

Steve Granitz/Wireimage.com

▲ From preppy to vintage looks, vests make a bold statement in the fall of 2005.

▲ Cowboy boots see a rise in popularity, and not just for line dancers and country music fans.

▲ The "hoodie" is a staple in most teens' wardrobes.

▶ Blazers with a retro fit make a big splash on the fashion scene.

▲ Style gets a dose of fun over formal with these unique fashion alternatives.

▼ Flip-flops are considered a fashion necessity, not just casual footwear.

Lifestyle

Chris Gardner/AP/Wide World Photos

▲ Shops that help you prepare meals to freeze, take home and cook offer a fun, quick and easy mealtime solution for busy moms.

Tim Boyle/Getty Images

▲ Pets receive the royal treatment with gourmet pet foods, available in upscale pet food shops, pet food bakeries and even ice cream parlors.

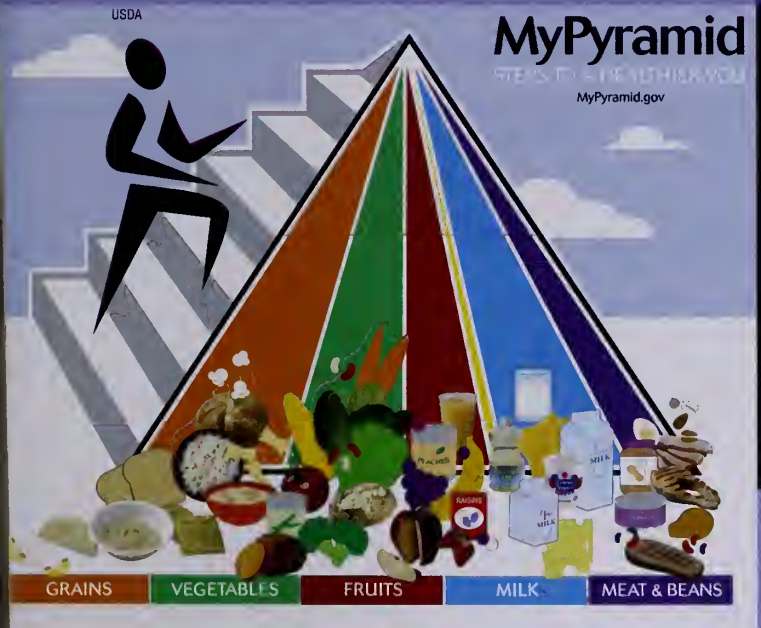
David Cooper/Toronto Star/ZUMA/Corbis

▲ Due to high gas prices, consumers opt for smaller cars with better gas mileage rather than gas-guzzling SUVs.

▼ The popularity of poker on television results in one of the biggest fads of the year — home Texas Hold 'Em tournaments.

Rob Kim/Landov

▲ Podcasts, free broadcast-format audio files published to the Internet and downloaded to iPods by subscription, are a hip way to keep up-to-date.



◀ The new food pyramid recommends that kids eat more fruits, vegetables and whole grains than in the past, and exercise 30 to 60 minutes each day.

Rob Kim/Landov

▲ Blogs become the biggest Web craze since the inception of the Internet thanks to sites like Blogger.com and MySpace.com.

05-06 Movies

▲ Golden Globe Best Actress nominee Keira Knightley shines in the hit movie *Pride and Prejudice*, based on the 1813 Jane Austen novel.

© Warner Bros./Courtesy Everett Collection

▲ Moviegoers rush to see *March of the Penguins*, a surprise hit documentary that follows a year in the life of a flock of Emperor penguins.

▲ "The boy who lived" returns for more adventure in the fourth movie installment of the Harry Potter series, *Harry Potter and the Goblet of Fire*.

▼ Praised by critics and audiences alike, Peter Jackson's remake of the 1933 classic *King Kong* becomes a giant box-office success.

▲ The life of the late Johnny Cash is the basis of the Golden Globe-winning *Walk the Line*, starring Best Actor winner Joaquin Phoenix as Cash.

▲ Box-office profits are down in 2005, due in part to the trend of movie fans opting for the quick release of hit movies on DVD.

▶ The beloved C S Lewis series comes to life on the big screen in Walt Disney's *The Chronicles of Narnia: The Lion, the Witch and the Wardrobe.*

Best Picture Academy Award Nominations

- *Brokeback Mountain*
- *Capote*
- *Crash*
- *Good Night, and Good Luck*
- *Munich*

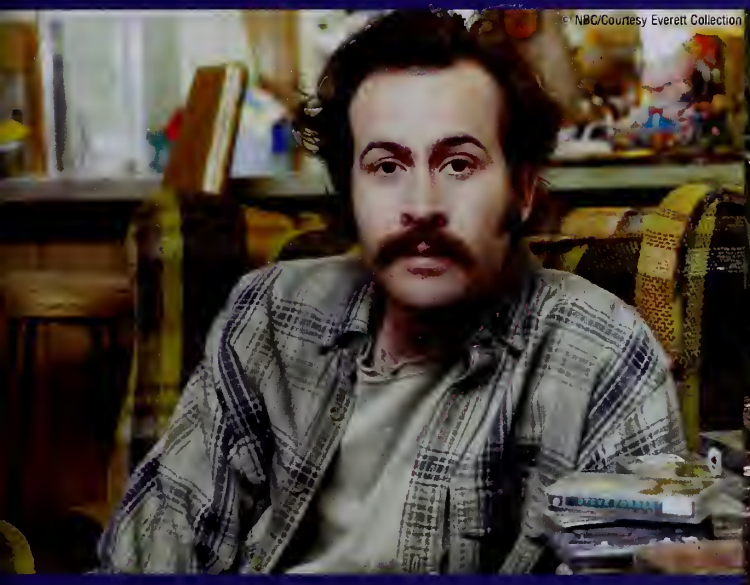
05-06 Television

▲ Geena Davis receives popular approval as television's first female President of the United States in one of the year's best new shows, ABC's "Commander in Chief."

▲ Based on the childhood of comedian Chris Rock, UPN's "Everybody Hates Chris" is a hit.

▲ Doctor "McDreamy," also known as Dr. Sheperd, and the rest of the staff at Seattle Grace Hospital achieve healthy ratings in ABC's "Grey's Anatomy."

▼ Viewers can't get enough of ABC's "Lost." The show earns a Golden Globe for Best TV Series Drama and spawns countless fan speculation sites.



▲ NBC finds a new hit comedy with the quirky story of a man in search of redemption, "My Name is Earl."

◀ Surprisingly high DVD sales influence FOX to bring back the formerly canceled cult favorite "Family Guy."

◀ America's No. 1 rated show for 2005 is the CBS crime drama "CSI: Crime Scene Investigation."

2006 People's Choice Nominations for Favorite Reality Show Competition

- "American Idol" (FOX)
- "Fear Factor" (NBC)
- "Survivor" (CBS)

Music

▲ With *Late Registration*, Kanye West maintains his status as hip-hop's top dog, landing on top of *Rolling Stone*'s Top 50 Albums of 2005.

▲ Reggaeton, which blends influences of hip-hop, Jamaican reggae and dancehall with Latin American bomba and plena, reaches its height in popularity in 2005.

▲ Seattle indie favorites Death Cab for Cutie break into the mainstream with the album *Plans* and "Directions," a series of 12 short films.

▼ Green Day tops off a career year with seven MTV Video Music Awards, including Best Video of the Year for "Boulevard of Broken Dreams."

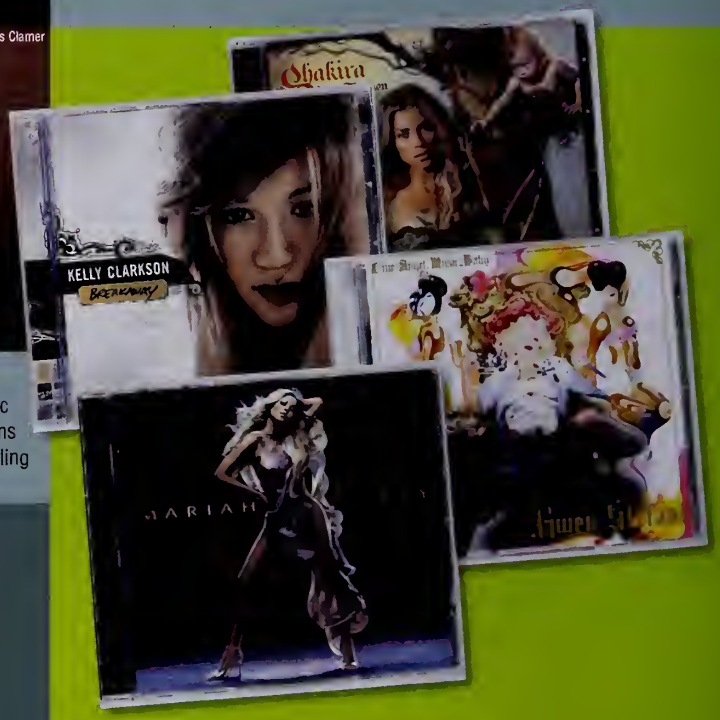
Mario Anzuoni/Reuters/Corbis

CBS/Landov

▲ Eight years after the death of former lead singer Michael Hutchence, Australian rock band INXS selects new frontman J.D. Fortune on the CBS show "Rock Star: INXS."

USA Network/Mattias Clamer

▶ University of Texas grad Cowboy Troy bursts onto the country scene with a new music genre, "hick-hop," which he proudly displays on his class ring.



▶ Strong releases by Kelly Clarkson, Shakira, Mariah Carey and Gwen Stefani rule the music scene. Carey's *The Emancipation of Mimi* earns eight Grammy nominations and is the top-selling album of 2005.

2006 Best New Artist Grammy Nominations

- Ciara
- Fall Out Boy
- Keane
- John Legend
- Sugarland

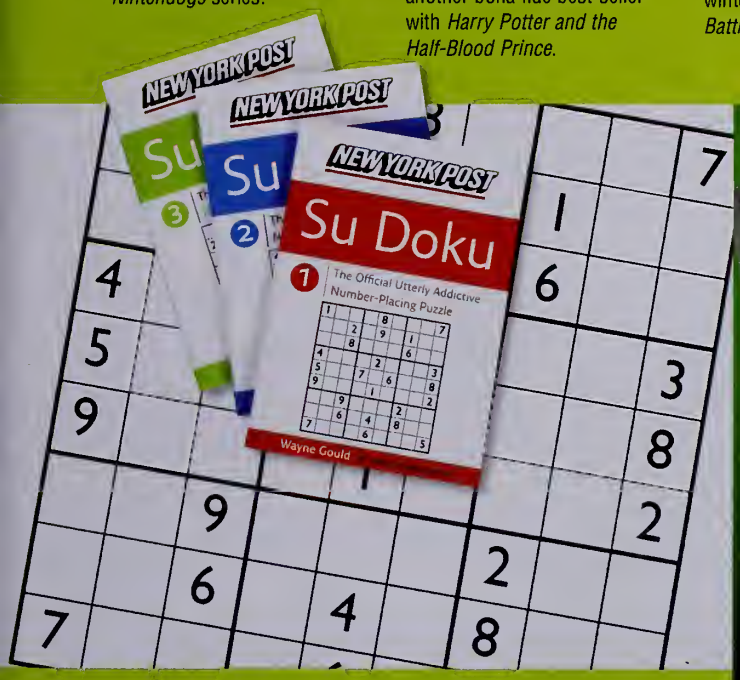
05-06 Entertainment

▲ Nintendo DS owners can now be virtual dog owners as well, thanks to the wildly popular *Nintendogs* series.

▲ J.K. Rowling releases yet another bona fide best-seller with *Harry Potter and the Half-Blood Prince*.

▲ The Star Wars franchise remains a juggernaut in the videogame industry with the winter release of *Star Wars: Battlefront II*.

▼ Gamers wait in line for hours to get their hands on the year's hottest holiday video game console, Microsoft's Xbox 360.



▲ The addictive numbers logic puzzle, Su Doku, captures the attention of crazed puzzlers across the nation.

Krista Kennell/ZUMA/Corbis

▲ Music videos and TV shows are accessible on the go with the newest must-have item from Apple, the iPod with video.

◀ The classic game of 20 Questions gets a makeover for 2005 with the artificial intelligence powered 20Q, one of this year's hottest toys.

05-06 Sports

▲ In February 2006, figure skater Sasha Cohen leads the U.S. Olympic Team into the XX Olympic Winter Games in Torino, Italy.

▲ Danica Patrick, 23-year-old race driver, wins Rookie of the Year honors in both the Indy Racing League's IndyCar Series and at the Indianapolis 500, where she finishes fourth.

▲ Citing conduct unbecoming to the team, the Philadelphia Eagles suspend wide receiver Terrell Owens for four games and deactivate him for the remainder of the NFL season.

▼ In June, the San Antonio Spurs win the 2005 NBA Championship over the Detroit Pistons in a thrilling seven-game Finals series. Spurs forward Tim Duncan wins MVP honors.

▲ The Pittsburgh Steelers hold off the Seattle Seahawks for a 21-10 victory in Super Bowl XL. Future Hall of Famer Jerome "The Bus" Bettis retires after the game.

▲ NHL hockey returns in fall 2005 after losing the entire '04-'05 season to a labor dispute. Fans flock to see players in new uniforms and exciting innovations like tie-breaking shootouts.

▶ Hawaiian golf phenom Michelle Wie turns professional on her 16th birthday and signs endorsements worth $10 million, making her one of the highest paid female athletes in the world.

05-06

Peter Kramer/Getty Images

▲ In November, WWE superstar Eddie Guerrero dies of heart failure. In 2004, Guerrero was only the second wrestler of Hispanic heritage to win the WWE championship.

Alex Trovati/AP/Wide World Photos

▲ American Lance Armstrong wins his unprecedented seventh Tour de France in July. Armstrong then retires from competitive cycling.

▲ BMX superstar Dave Mirra wins the gold medal in the BMX Park Finals of X Games XI.

▼ Longhorns quarterback Vince Young leads Texas to a national championship with a dramatic 41-38 comeback victory over USC in the 2006 Rose Bowl.

Amy Sancetta/AP/Wide World Photos

▲ After an 88-year wait, the Chicago White Sox win the 2005 World Series, sweeping the Houston Astros in four games. White Sox right fielder Jermaine Dye is named Series MVP.

Mike Blake/Reuters/Landov

Michael Bush/UPI/Landov

◀ Two-time champion Tony Stewart wins NASCAR's Nextel Cup Series and a record $13.6 million in winnings in 2005. Stewart's career Cup earnings now total over $48 million.

John Sommers/Reuters/Corbis

▲ Swiss tennis superstar Roger Federer wins two Grand Slam titles, at Wimbledon and the U.S. Open, along with all four ATP Masters Series events.

05-06 Faces

▲ Beloved "Gilligan's Island" funnyman Bob Denver dies of cancer at 70. Although only 98 episodes of the popular sitcom were made, Denver was typecast as the nutty Gilligan his entire career.

▲ Kristin Cavallari, featured on the MTV reality show "Laguna Beach," becomes one of Hollywood's hottest young personalities.

▲ Chinese actress Ziyi Zhang shines in the lead role of Sayuri in the film adaptation of the acclaimed Arthur Golden novel *Memoirs of a Geisha.*

▼ Civil rights pioneer Rosa Parks dies at 92 in Detroit. Parks' refusal in 1955 to give up her seat on an Alabama bus eventually led to laws desegregating public transportation nationally.

▲ Actor Tom Cruise, 43, makes headlines all year with his controversial views on psychiatry, his new love, actress Katie Holmes, and his couch gymnastics on CBS's "The Oprah Winfrey Show" and NBC's "Tonight Show with Jay Leno."

▶ Actor-comedian Richard Pryor dies at 65 in December. Pryor's concerts and movies in the '70s and '80s inspired performers like Eddie Murphy, Arsenio Hall and Robin Williams.

▲ Peter Jennings, anchor of ABC's "World News Tonight," dies of lung cancer in August. The popular TV journalist held the anchor position for 22 years.

▲ Coretta Scott King, legendary civil rights advocate and widow of the Rev. Martin Luther King Jr., dies in January 2006. She was 78.

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